

HOLY TRINITY  
HEADINGTON QUARRY



*Fourth Sunday after Trinity*

*5<sup>th</sup> July 2020*

# The Gathering

*Words of welcome*

## Hymn

Dear Lord and Father of mankind,  
forgive our foolish ways;  
reclothe us in our rightful mind,  
in purer lives thy service find,  
in deeper reverence, praise.

In simple trust like theirs who heard  
beside the Syrian sea  
the gracious calling of the Lord,  
let us, like them, without a word  
rise up and follow thee.

O Sabbath rest by Galilee,  
O calm of hills above,  
where Jesus knelt to share with thee  
the silence of eternity,  
interpreted by love!

Drop thy still dews of quietness,  
till all our strivings cease;  
take from our souls the strain and stress,  
and let our ordered lives confess  
the beauty of thy peace.

Breathe through the heats of our desire  
thy coolness and thy balm;

let sense be dumb, let flesh retire;  
speak through the earthquake, wind, and fire,  
O still, small voice of calm!

John Greenleaf Whittier (1807-1892)

## Greeting

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**Amen.**

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ be with you  
**and also with you.**

## Prayers of Penitence

God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins,  
to be our advocate in heaven,  
and to bring us to eternal life.

Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

*Silence is kept*

**Most merciful God,  
Father of our Lord Jesus Christ,**

**we confess that we have sinned  
in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy  
forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly,  
love mercy,  
and walk humbly with you, our God.  
Amen.**

Almighty God,  
who in Jesus Christ has given us  
a kingdom that cannot be destroyed,  
forgive you your sins,  
open your eyes to God's truth,  
strengthen you to do God's will  
and give you the joy of God's kingdom,  
through Jesus Christ our Lord.  
**Amen**

### **Gloria in Excelsis**

**Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,**

**Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

## **The Collect**

Let us pray:

*Silence is kept*

O God, the protector of all who trust in you,  
without whom nothing is strong, nothing is holy:  
increase and multiply upon us your mercy;  
that with you as our ruler and guide  
we may so pass through things temporal  
that we lose not our hold on things eternal;  
grant this, heavenly Father,  
for our Lord Jesus Christ's sake,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
**Amen.**

## **The Liturgy of the Word**

**First reading:** Zechariah 9.9-12

Rejoice greatly, O daughter Zion!  
Shout aloud, O daughter Jerusalem!  
Lo, your king comes to you;  
triumphant and victorious is he,  
humble and riding on a donkey,  
on a colt, the foal of a donkey.  
He will cut off the chariot from Ephraim  
and the war-horse from Jerusalem;  
and the battle bow shall be cut off,  
and he shall command peace to the nations;  
his dominion shall be from sea to sea,  
and from the River to the ends of the earth.  
As for you also, because of the blood of my covenant with you,  
I will set your prisoners free from the waterless pit.  
Return to your stronghold, O prisoners of hope;  
today I declare that I will restore to you double.

This is the word of the Lord.

**Thanks be to God.**

**Gospel Reading:** Matthew 11.16-19, 25-end

Alleluia, alleluia. Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. **Alleluia.**

Hear the Gospel of our Lord Jesus Christ according to Matthew. **Glory to you, O Lord.**

But to what will I compare this generation? It is like children sitting in the marketplaces and calling to one another,

‘We played the flute for you, and you did not dance;  
we wailed, and you did not mourn.’

For John came neither eating nor drinking, and they say, ‘He has a demon’; the Son of Man came eating and drinking, and they say, ‘Look, a glutton and a drunkard, a friend of tax collectors and sinners!’ Yet wisdom is vindicated by her deeds.”

At that time Jesus said, “I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

“Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

This is the Gospel of the Lord.

**Praise to you, O Christ.**

## **Sermon**

Revd Prof Rob Gilbert

## **Affirmation of Faith**

Let us declare our faith in God.

**We believe and trust in God the Father Almighty.**

**We believe and trust in Jesus Christ His Son.**

**We believe and trust in the Holy Spirit.**

**We believe and trust in the Three in One**

## **Prayers of Intercession**

*These responses may be used*

Lord in your mercy  
**Receive our prayer.**

*or*

Lord, hear us.  
**Lord, graciously hear us.**

*And at the end*

**Merciful Father,  
accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ. Amen.**

## **The Liturgy of the Sacrament**

### **The Peace**

We are all one in Christ Jesus.  
We belong to him through faith,  
heirs of the promise of the Spirit of peace.

The peace of the Lord be always with you  
**and also with you.**

### **Taking of the bread and wine**



*As bread and wine are raised:*

Blessed be God,  
by whose grace creation is renewed,  
by whose love heaven is opened,  
by whose mercy we offer our sacrifice of praise.  
**Blessed be God for ever.**

### **The Eucharistic Prayer**

The Lord be with you  
**and also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

It is right to praise you, Father, Lord of all creation;  
in your love you made us for yourself.  
When we turned away  
you did not reject us,  
but came to meet us in your Son.  
**You embraced us as your children  
and welcomed us to sit and eat with you.**

In Christ you shared our life  
that we might live in him and he in us.  
**He opened his arms of love upon the cross  
and made for all the perfect sacrifice for sin.**

On the night he was betrayed,  
at supper with his friends  
he took bread, and gave you thanks;  
he broke it and gave it to them, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

**Father, we do this in remembrance of him:  
his body is the bread of life.**

At the end of supper, taking the cup of wine,  
he gave you thanks, and said:  
Drink this, all of you; this is my blood of the new covenant,  
which is shed for you for the forgiveness of sins;  
do this in remembrance of me.

**Father, we do this in remembrance of him:  
his blood is shed for all.**

As we proclaim his death and celebrate his rising in glory,  
send your Holy Spirit that this bread and this wine  
may be to us the body and blood of your dear Son.

**As we eat and drink these holy gifts  
make us one in Christ, our risen Lord.**

With your whole Church throughout the world  
we offer you this sacrifice of praise  
and lift our voice to join the eternal song of heaven:

**Holy, holy, holy Lord,  
God of power and might,  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

## **The Lord's Prayer**

As our Saviour taught us, so we pray:

**Our Father in heaven,  
hallowed be your name,  
your kingdom come, your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power  
and the glory are yours,  
now and for ever. Amen.**

## **Breaking of the Bread**

We break this bread  
to share in the body of Christ.  
**Though we are many, we are one body,  
because we all share in one bread.**

*We say*

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
grant us peace.**

### **Invitation to Communion**

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to His supper.  
**Lord I am not worthy to receive you,  
But only say the word, and I shall be healed.**

*Or:*

God's holy gifts  
for God's holy people.  
**Jesus Christ is holy,  
Jesus Christ is Lord,  
to the Glory of God the Father.**

### **Prayer for Spiritual Communion**

*To be said by those unable to receive communion –  
or you may wish to say a personal prayer of your own.*

Lord Jesus, I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

## **Anthem**

'He shall feed his flock', from Handel's Messiah (HWV 56, 1741)

## **Prayers after Communion**

Eternal God,  
comfort of the afflicted and healer of the broken,  
you have fed us at the table of life and hope:  
teach us the ways of gentleness and peace,  
that all the world may acknowledge  
the kingdom of your Son Jesus Christ our Lord. **Amen.**

**Father of all,  
we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord.  
Amen.**

## **Hymn**

All creatures of our God and King,  
lift up your voice and with us sing  
alleluia, alleluia!

Thou burning sun with golden beam,  
thou silver moon with softer gleam,  
O praise him, O praise him,  
alleluia, alleluia, alleluia!

Thou rushing wind that art so strong,  
ye clouds that sail in heav'n along,  
O praise him, alleluia!  
Thou rising morn, in praise rejoice,  
ye lights of evening, find a voice,  
O praise him, O praise him,  
alleluia, alleluia, alleluia!

And all ye men of tender heart,  
forgiving others, take your part,  
O sing ye, alleluia!  
Ye who long pain and sorrow bear,  
praise God and on him cast your care,  
O praise him, O praise him,  
alleluia, alleluia, alleluia!

Let all things their Creator bless,  
and worship him in humbleness,  
O praise him, alleluia!  
Praise, praise the Father, praise the Son,  
and praise the Spirit, three in one,  
O praise him, O praise him,  
alleluia, alleluia, alleluia!

William Henry Draper (1855-1933), based on St Francis of Assisi (1182-1226)

## **The Blessing**

The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always. **Amen**

## **The Dismissal**

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen**

## **Closing music**

Sonatina in D Major, Clementi (Op.36, No.6)  
*Recorded by Rosie Tweddle*

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## **Holy Trinity Headington Quarry**

*An open door between heaven and earth,  
showing God's love to all.*



### **Contact us**

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### **Sunday and midweek services**



Please check our website or contact the parish office for details.

## **Notices**

### **Resuming Sunday Worship**

We are looking forward very much to reopening our building for public worship! To ensure that we can put all the necessary measures in place to keep people safe, we are planning to begin public worship on Sunday 12<sup>th</sup> July. There will be two services, at 9.30am and 10.45am, and we ask you please to sign up in advance if you coming. Sign up details will be on our website and in Laura's weekly email. There is also a phone booking system for those who are not online.

### **Virtual Summer Fete: Saturday July 18<sup>th</sup>**

This year, our summer fete has gone online! For £10, you can buy a bundle which includes a raffle ticket (with some fantastic prizes), a fete cake recipe collection, and the chance to enter some exciting competitions. Please see our website or email [fete@hthq.uk](mailto:fete@hthq.uk) for more information, and please do support the fete if you can.

### **Soul Space**

The latest Soul Space broadcast is now on our parish website, and will also be broadcast on Radio Cherwell at 7.30am on Sunday, 8pm on Tuesday and 1pm on Friday. The theme is 'Compassion'.

## **Flowers this week**

The flowers in church today are in memory of Phoebe Stockford who passed away on Sunday 5<sup>th</sup> July 2015. They are given with much love from her Mum and Dad and brothers Dan and Jack.