

Holy Trinity  
Headington Quarry

A Journey  through Lent

The First Sunday of Lent

6<sup>th</sup> March 2022

*Music group introit. Words of welcome.*

## **Hymn 128**

*During the opening hymn, children are welcome to join the forest Sunday school taking place outside.*

Jesu, lover of my soul,  
let me to thy bosom fly,  
while the nearer waters roll,  
while the tempest still is high:  
hide me, O my Saviour, hide,  
till the storm of life is past;  
safe into the haven guide,  
O receive my soul at last.

Other refuge have I none,  
hangs my helpless soul on thee;  
leave, ah, leave me not alone,  
still support and comfort me.  
All my trust on thee is stayed,  
all my help from thee I bring;  
cover my defenceless head  
with the shadow of thy wing.

Thou, O Christ, art all I want;  
more than all in thee I find;  
raise the fallen, cheer the faint,  
heal the sick, and lead the blind.  
Just and holy is thy name,  
I am all unrighteousness;  
false and full of sin I am,  
thou art full of truth and grace.

Plenteous grace with thee is found,  
grace to cover all my sin;  
let the healing streams abound,  
make and keep me pure within.  
Thou of life the fountain art:  
freely let me take of thee,  
spring thou up within my heart, rise to all eternity.

*The president says*

In the name of the Father  
and of the Son  
and of the Holy Spirit **Amen**

## **The Greeting**

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you  
**and also with you.**

## **Prayers of Penitence**

*A minister says*

The sacrifice of God is a broken spirit;  
a broken and contrite heart God will not despise.  
Let us come to the Lord, who is full of compassion,  
and acknowledge our transgressions in penitence and faith.

*Silence is kept.*

**Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name.  
Amen.**

## Kyrie

Andante

10 Organ

*mp* Lord have mer-cy, Lord have mer-cy. *mf* Christ have

*mp* mer-cy, Christ have mer-cy. Lord have mer-cy, Lord have mer-cy.

The image shows a musical score for a Kyrie. It consists of two staves. The top staff is for the organ, starting at measure 10. The bottom staff is for the voice, with lyrics written below it. The tempo is marked 'Andante'. The key signature has one flat (B-flat). The organ part is marked 'mp' (mezzo-piano) and the voice part is marked 'mf' (mezzo-forte). The lyrics are: 'Lord have mer-cy, Lord have mer-cy. Christ have mer-cy, Christ have mer-cy. Lord have mer-cy, Lord have mer-cy.'

### *The president says*

The almighty and merciful Lord  
grant you pardon and forgiveness of all your sins  
time for amendment of life,  
and the grace and strength of the Holy Spirit.  
**Amen.**

### **The Collect**

Let us pray:  
Almighty God,  
whose Son Jesus Christ fasted forty days in the wilderness,  
and was tempted as we are, yet without sin:  
give us grace to discipline ourselves in obedience to your Spirit;  
and, as you know our weakness,  
so may we know your power to save;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen.**

### ***The Liturgy of the Word***

#### **First Reading: Deuteronomy 26.1-11**

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, 'Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us.' When



the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: 'A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me.' You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

This is the word of the Lord.  
**Thanks be to God**

## Gospel Reading

*Please stand*

Refrain

Praise to you, O Christ, our Sav - iour, Word of the Fa - ther,  
 call - ing us to life; Son of God who leads us to free - dom:

To verses Last time

glo - ry to you, Lord Je - sus Christ! Christ!

1 You are the Word who calls us out of dark - ness; you are the Word who  
 leads us in - to light; you are the Word who brings us through the  
 de - sert: glo - ry to you, Lord Je - sus Christ!

D.C.

Hear the Gospel of our Lord Jesus Christ according to Luke.  
**Glory to you, O Lord.**

**Gospel reading: Luke 4. 1-13**

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' Jesus answered him, 'It is written, "One does not live by bread alone." '

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.' Jesus answered him, 'It is written, "Worship the Lord your God, and serve only him." '

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, for it is written, "He will command his angels concerning you, to protect you", and "On their hands they will bear you up, so that you will not dash your foot against a stone." '

Jesus answered him, 'It is said, "Do not put the Lord your God to the test." When the devil had finished every test, he departed from him until an opportune time.

This is the Gospel of the Lord.  
**Praise to you, O Christ**

**Sermon**

Revd Prof Rob Gilbert

## The Nicene Creed

*Please stand*

Let us declare our faith in God

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is,  
seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the  
dead, and his kingdom will have no end.  
We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and  
glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## Prayers of Intercession

*Please sit or kneel.*

*These responses may be used*

Lord, hear us.

**Lord, graciously hear us.**

*We pray for those who are sick or in particular need:*

*Naomi Lawrence, Charles Reade, Kate Samuel, Mary Jenkins, Barbara Farrar, Josie, Grace, Sue Saville, Wilfred Wong, Bob Nind. Daphne King, Shelagh Borden, Tony Borden.*

*Those who have died recently:*

*Colin Webster.*

*Those whose anniversary of death falls at this time:*

*Isabella Barlow, Joyce Wright, Sally Clare, Adrian Phipps, Jack Stoneman, Barbara Minchin.*

*And at the end*

Merciful Father,

**accept these prayers**

**for the sake of your Son,**

**our Saviour Jesus Christ. Amen.**

**The Peace**

*Please stand*

Since we are justified by faith,  
we have peace with God through our Lord Jesus Christ,  
who has given us access to his grace.

The peace of the Lord be always with you

**and also with you.**

*A minister says*

Let us offer one another a sign of peace.

*You are invited to exchange a sign of peace with a bow or a wave or a smile – please remain in your place.*

## Hymn 131

O for a closer walk with God,  
a calm and heavenly frame;  
a light to shine upon the road  
that leads me to the Lamb!

What peaceful hours I once enjoyed,  
how sweet their memory still!  
But they have left an aching void  
the world can never fill.

Return, O holy Dove, return,  
sweet messenger of rest:  
I hate the sins that made thee mourn  
and drove thee from my breast.

The dearest idol I have known,  
whate'er that idol be,  
help me to tear it from thy throne  
and worship only thee.

So shall my walk be close with God,  
calm and serene my frame;  
so purer light shall mark the road  
that leads me to the Lamb.

*William Cowper (1731-1800)*

## **Taking of the Bread and Wine**

God of our journey,  
as we walk with you on your path of obedience,  
sustain us on our way and lead us to your glory;  
through Jesus Christ our Lord. **Amen.**

## The Eucharistic Prayer

*Please sit or stand as you are most comfortable*

The Lord be with you  
**and also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

It is indeed right and good  
to give you thanks and praise,  
almighty God and everlasting Father,  
through Jesus Christ your Son.  
For in these forty days  
you lead us into the desert of repentance  
that through a pilgrimage of prayer and discipline  
we may grow in grace  
and learn to be your people once again.  
Through fasting, prayer and acts of service  
you bring us back to your generous heart.

Through study of your holy word  
you open our eyes to your presence in the world  
and free our hands to welcome others  
into the radiant splendour of your love.  
As we prepare to celebrate the Easter feast  
with joyful hearts and minds  
we bless you for your mercy  
and join with saints and angels  
for ever praising you and singing:

## Sanctus and Benedictus

**Moderato**

10 *mp* Ho - ly, Ho - ly, Ho - ly Lord, God of

19 *mf* power and might. Heav'n and earth are full of your glo-ry. Ho - san - na in the

28 *ff* high - est. Bles-sed is he, O bles-sed is he who comes in the name of the Lord.

Ho - san - na in the high - est, ho - san - na in the high - est.

We praise and bless you, loving Father,  
 through Jesus Christ, our Lord;  
 and as we obey his command,  
 send your Holy Spirit,  
 that broken bread and wine outpoured  
 may be for us the body and blood of your dear Son.  
 On the night before he died he had supper with his friends  
 and, taking bread, he praised you.  
 He broke the bread, gave it to them and said:  
 Take, eat; this is my body which is given for you;  
 do this in remembrance of me.

When supper was ended he took the cup of wine.  
 Again he praised you, gave it to them and said:  
 Drink this, all of you;  
 this is my blood of the new covenant,  
 which is shed for you and for many for the forgiveness of sins.  
 Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,  
 in him we plead with confidence his sacrifice  
 made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,  
 we proclaim his death and resurrection  
 until he comes in glory.

*Deacon:* Christ is the bread of life

**Acclamation**

**Moderato** *mp*

When we eat this bread and drink this cup we pro-claim your

death, Lord Je - sus, un - til you come in glo - ry, un - til you come in glo - ry.

Lord of all life,  
 help us to work together for that day  
 when your kingdom comes  
 and justice and mercy will be seen in all the earth.  
 Look with favour on your people,  
 gather us in your loving arms  
 and bring us with the blessed Virgin Mary and all the saints  
 to feast at your table in heaven.  
 Through Christ, and with Christ, and in Christ,  
 in the unity of the Holy Spirit,  
 all honour and glory are yours, O loving Father,  
 for ever and ever.

**Amen**

## **The Lord's Prayer**

*Please sit or kneel*

As our saviour taught us, so we pray  
**Our Father in heaven,**  
**hallowed be your name,**  
**your kingdom come, your will be done,**  
**on earth as in heaven.**  
**Give us today our daily bread.**  
**Forgive us our sins**  
**as we forgive those who sin against us.**  
**Lead us not into temptation**  
**but deliver us from evil.**  
**For the kingdom, the power**  
**and the glory are yours,**  
**now and for ever. Amen.**



## Breaking of the Bread

We break this bread  
to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

**Agnus Dei**

Slowly

Lamb of God, you take a - way the sins of the world, have  
mer - cy on us. Lamb of God, you take a - way the sins of the world, have mer - cy on  
us. Lamb of God, you take a - way the sins of the world, grant us peace.

## Giving of Communion

God's holy gifts  
for God's holy people.  
**Jesus Christ is holy,  
Jesus Christ is Lord,  
to the glory of God the Father.**

*This is God's table and all are welcome here. Please follow the directions of the steward, and please keep a safe distance from others and follow the one-way system as you return to your seat. Please do also come forwards if you would like a prayer of blessing instead, and hold onto this booklet to indicate this.*

## Hymn 774

Safe the shadow of the Lord  
beneath his hand and power,  
I trust in him,  
I trust in him,  
my fortress and my tower.

My hope is set on God alone  
though Satan spreads his snare;  
I trust in him,  
I trust in him,  
to keep me in his care.

From fears and phantoms of the night,  
from foes about my way,  
I trust in him,  
I trust in him,  
by darkness as by day.

His holy angels keep my feet  
secure from every stone;  
I trust in him,  
I trust in him,  
and unafraid go on.

Strong in the everlasting Name,  
and in my Father's care,  
I trust in him,  
I trust in him,  
who hears and answers prayer.

Safe in the shadow of the Lord,  
possessed by love divine,  
I trust in him,  
I trust in him,  
and meet his love with mine.

Timothy Dudley-Smith (b. 1926)  
based on Psalm 91

### **Prayer after Communion**

Lord God,  
you have renewed us with the living bread from heaven;  
by it you nourish our faith,  
increase our hope,  
and strengthen our love:  
teach us always to hunger for him  
who is the true and living bread,  
and enable us to live by every word  
that proceeds from out of your mouth;  
through Jesus Christ our Lord. **Amen.**

**Father of all,  
we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord. Amen.**

## ***The Sending Out***

### **Hymn 729**

*Please stand*

My God how wonderful thou art,  
thy majesty how bright,  
how beautiful thy mercy-seat  
in depths of burning light!

How dread are thine eternal years,  
O everlasting Lord,  
by prostrate spirits day and night  
incessantly adored!

How wonderful, how beautiful,  
the sight of thee must be,  
thine endless wisdom, boundless power,  
and awful purity!

O how I fear thee, living God,  
with deepest, tenderest fears,  
and worship thee with trembling hope  
and penitential tears!

Yet I may love thee too, O Lord,  
almighty as thou art,  
for thou hast stooped to ask of me  
the love of my poor heart.

No earthly father loves like thee,  
no mother, e'er so mild,  
bears and forbears as thou hast done  
with me, thy sinful child.

Father of Jesus, love's reward,  
what rapture will it be,  
prostrate before thy throne to lie  
and gaze and gaze on thee!

Frederick William Faber (1814-1863)

### **The Blessing**

Christ give you grace to grow in holiness,  
to deny yourselves, take up your cross, and follow him;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always  
**Amen.**

### **The Dismissal**

*A minister says*

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

*Please take this booklet away with you, and recycle it when you have finished with it. We no longer pass the collection plate around during the service, but you are welcome to use the collection plate at the back of church, or the contactless machine, if you would like to make a donation to support the work of our church.*

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## Notices: March 6<sup>th</sup>

### **Sunday March 6<sup>th</sup> The First Sunday of Lent**

8am – Holy Communion from the Book of Common Prayer

10am – Parish Eucharist with Forest Sunday School

6pm: Joint evensong at St Nicholas Old Marston. Please come along and support!

### **Sunday March 13<sup>th</sup>: The Second Sunday of Lent**

8am Holy Communion

10am Parish Eucharist with Forest Sunday School

12.30 Baptism of Zachary Dukes

### **Midweek Services**

Morning Prayer: Mondays at 9am

Tots Service: Tuesdays at 10am

Midweek Communion: Wednesdays at 10am

Prayers for Hope and Healing: Thursdays at 8.30pm (via Zoom).

<https://us02web.zoom.us/j/84521812373?pwd=ZTVkaFZZV25Ba3ZaYXR3RVQ1MEJMdz09> Meeting ID: 845 2181 2373 Passcode: 738378

**Lent 2022** Our parish Lent Course will be the Diocesan *Come and See* course exploring the Lord's Prayer. This will run for 5 weeks, beginning on **Tuesday 8<sup>th</sup> March** at 3pm (in the Coach House) or 7pm (online via Zoom). All are welcome. The Zoom link is below:

Zoom: <https://us02web.zoom.us/j/84668649286?pwd=RGNEeGhXOStiZUZCekd5cHpjWFhPZz09> (Meeting ID: 846 6864 9286; Passcode: 541362)

It would be helpful to have an idea of numbers in advance so please sign your name on the sheet at the back of church if you plan to attend. (But don't worry if you haven't signed up – just come along on Tuesday anyway!). If anyone can help with refreshments for the daytime sessions, please let Laura know.

If you can't make the course but would still like to explore the material, you can sign up to receive 'come and see' emails via the Oxford Diocese website. If you would like a book to read in conjunction with the course, you may like to read *Thy Will be Done* by Steven Cherry (SPCK, 2021)

**Song Recital** We would like to express our heartfelt gratitude to Maggie and Maureen Cooper, for the wonderful song recital. In addition to the wonderful music, this event raised approx. £530 for our building fund.

**Fundraising Auction** Please save the date of **Saturday 18<sup>th</sup> June** for our fundraising auction (postponed from January). More details to follow!

**Monday Philosophy Club** The Monday Philosophy Club meets fortnightly on Monday evenings at 7pm, via Zoom. Do contact Richard Churchill (via the parish office) if you would like to join or find out more about the discussions.

**Julian Group.** The March meeting will be on **Friday 11<sup>th</sup> March at 2.30 pm at 3 Barton Road, Headington**. We meditate for half an hour on a passage provided by one of us and then have tea/coffee and biscuits. New members are very welcome. Please contact me for further details: Sheila Allcock 01865-769630

**List of Eco Resources:** Are you interested in finding out more about what's Needed in Practice to get to Net Zero? And What's Stopping us? Environmental Fundraising? Getting ready for the Great Big Green Week? Embodied Carbon from Building Projects? Repeats of the Eco Church topics? Why not take a look at our *February Onwards Eco Resources List*? See: <https://www.hthq.uk/eco-church-resources/> (Hilary Rollin for HTHQ Eco Church Group)

**Holy Trinity Headington Quarry**

*An open door between heaven and earth,  
showing God's love to all.*

**Contact us**

**Vicar:** Revd Dr Laura Biron-Scott  
vicar@hthq.uk [01865 762835](tel:01865762835)

**Associate Priest:** Revd Prof Rob Gilbert  
[associatepriest@hthq.uk](mailto:associatepriest@hthq.uk)

**Parish Office:** office@hthq.uk 01865 762931

**Churchwardens:** [wardens@hthq.uk](mailto:wardens@hthq.uk)

Website: [www.hthq.org.uk](http://www.hthq.org.uk)

## **Prayers for Peace in Ukraine**

A message from Bishop Steven on the invasion of Ukraine:

*Many will have woken shocked by the terrible news from Ukraine and the reality of war in Europe on a scale not seen since 1945. Our thoughts and prayers are with the people of Ukraine as the devastating scenes unfold.*

*Our immediate response is to cry out to God for those caught up in the fighting, for wisdom for our government and leaders across the world and to pray for peace.*

*In the days to come, there will no doubt be a call for us all to respond in practical ways for the relief of the awful suffering which follows war and we stand ready to play our part.*

### **Prayer Resources**

*A prayer from Bishop Steven*

God of compassion,  
Have mercy this day on the people of Ukraine.  
Restore to them the gift of peace.  
Grant wisdom to the governments of the world.  
Bring good in the midst of evil and suffering,  
For the sake of Jesus Christ your Son,  
Who gave his life to bring peace to your world  
Amen.

*A prayer for Peace from Pope Francis*

Lord God of peace, hear our prayer!

We have tried so many times and over so many years to resolve our conflicts by our own powers and by the force of our arms. How many moments of hostility and darkness have we experienced; how much blood has been shed; how many lives have been shattered; how many hopes have been buried... But our efforts have been in vain.

Now, Lord, come to our aid! Grant us peace, teach us peace; guide our steps in the way of peace. Open our eyes and our hearts, and give us the courage to say: "Never again war!"; "With war everything is lost". Instill in our hearts the courage to take concrete steps to achieve peace.

Lord, God of Abraham, God of the Prophets, God of Love, you created us and you call us to live as brothers and sisters. Give us the strength daily to be instruments of peace; enable us to see everyone who crosses our path as our brother or sister. Make us sensitive to the plea of our citizens who entreat us to turn our weapons of war into implements of peace, our trepidation into confident trust, and our quarreling into forgiveness.

Keep alive within us the flame of hope, so that with patience and perseverance we may opt for dialogue and reconciliation. In this way may peace triumph at last, and may the words "division", "hatred" and "war" be banished from the heart of every man and woman. Lord, defuse the violence of our tongues and our hands. Renew our hearts and minds, so that the word which always brings us together will be "brother", "sister", and our way of life will always be that of: Shalom, Peace, Salaam! Amen.

### *A collect for Peace*

Almighty God,  
from whom all thoughts of truth and peace proceed:  
kindle, we pray, in the hearts of all, the true love of peace  
and guide with your pure and peaceable wisdom  
those who take counsel for the nations of the earth  
that in tranquillity your kingdom may go forward,  
till the earth is filled with the knowledge of your love;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.