

Holy Trinity

Headington Quarry



First Sunday After Trinity

19th June 2022

Words of welcome.

Hymn 486

During the opening hymn, children are welcome to join the forest Sunday school taking place outside.

Please stand

Christ is the King! O friends rejoice;
brothers and sisters with one voice
tell all the world he is your choice.
Alleluia.

O magnify the Lord, and raise
anthems of joy and holy praise
for Christ's brave saints of ancient days.
Alleluia.

O Christian women, Christian men,
all the world over, seek again
the Way disciples followed then.
Alleluia.

Christ through all ages is the same:
place the same hope in his great name,
with the same faith his word proclaim.
Alleluia.

So shall God's will on earth be done,
new lamps be lit, new task begun,
and the whole church at last be one.
Alleluia.

The president says

In the name of the Father
and of the Son
and of the Holy Spirit
Amen

The Greeting

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ
be with you: **and also with you.**

Prayers of Penitence

A minister says

God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins,
to be our advocate in heaven,
and to bring us to eternal life.
Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

Silence is kept.

**Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy
forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly,
love mercy,
and walk humbly with you, our God.
Amen**

The president says

Almighty God,
who in Jesus Christ has given us
a kingdom that cannot be destroyed,
forgive you your sins,
open your eyes to God's truth,
strengthen you to do God's will
and give you the joy of God's kingdom,
through Jesus Christ our Lord. **Amen.**

Gloria

Firmly (♩ = 108) *f*

Glo-ry to God in the high-est, and peace to his peo-ple on

6 earth. Lord God, heav'n-ly King, al-might-y God and

10 Fa-ther, we wor-ship you, we give you thanks, we praise you for your

14 glo-ry. *mf* Lord Je-sus Christ, on-ly Son of the

20 Fa-ther, Lord God, Lamb of God, you take a-way the sin of the

25 world: *p* have mer-cy on us; *cresc.* you are sea-ted at the

29 right hand of the Fa-ther: *f* re-ceive our prayer. For

33 you a-lone are the Ho-ly One, you a-lone are the Lord,

37 you a-lone are the most high, Je-sus Christ, with the Ho-ly

41 *ff* Spi-rit, in the glo-ry of God the Fa-ther. A - - men.

The Collect

Let us pray:

O God,
 the strength of all those who put their trust in you,
 mercifully accept our prayers
 and, because through the weakness of our mortal nature
 we can do no good thing without you,
 grant us the help of your grace,
 that in the keeping of your commandments
 we may please you both in will and deed;

through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

Please be seated

The Liturgy of the Word

First Reading: Galatians 3.23-end

Now before faith came, we were imprisoned and guarded under the law until faith would be revealed. Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. But now that faith has come, we are no longer subject to a disciplinarian, for in Christ Jesus you are all children of God through faith. As many of you as were baptized into Christ have clothed yourselves with Christ. There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise.

This is the word of the Lord.
Thanks be to God.

Please stand.

Hymn 592

As the deer pants for the water,
so my soul longs after you.
You alone are my heart's desire
and I long to worship you.

*You alone are my strength, my shield,
to you alone may my spirit yield.
You alone are my heart's desire
and I long to worship you.*

I want you more than gold or silver,
only you can satisfy.

You alone are the real joy-giver
and the apple of my eye. *You alone...*

You're my Friend and you're my Brother,
even though you are a king.
I love you more than any other,
so much more than anything. *You alone...*

Martin. J. Nystrom (b. 1956)

Gospel Reading

Hear the Gospel of our Lord Jesus Christ according to Luke.
Glory to you, O Lord.

Gospel reading: Luke 8. 26-39

Then they arrived at the country of the Gerasenes, which is opposite Galilee. As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs. When he saw Jesus, he fell down before him and shouted at the top of his voice, 'What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me'— for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) Jesus then asked him, 'What is your name?' He said, 'Legion'; for many demons had entered him. They begged him not to order them to go back into the abyss.

Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So he gave them permission. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned.

When the swineherds saw what had happened, they ran off and told it in the city and in the country. Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. Those who had seen it told them how the one who had been possessed by demons had been

healed. Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, 'Return to your home, and declare how much God has done for you.' So he went away, proclaiming throughout the city how much Jesus had done for him.

This is the Gospel of the Lord.

Praise to you, O Christ

Sermon

Revd Canon Margaret Whipp

Nicene Creed

Please stand

Let us declare our faith in God.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and
glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Prayers of Intercession

Please sit or kneel.

We pray for those who are sick or in particular need:

*Naomi Lawrence, Charles Reade, Kate Samuel, Barbara Farrar,
Grace, Sue Saville, Bob Nind, Neil, Liz Owen.*

Those who have died recently:

Canon David Owen, Caroline Ward.

Those whose anniversary of death falls at this time:

*Brenda Baker, Benjamin Morris, Yvette Sheringham, James Lavis,
Brian Kerry.*

These responses may be used

Lord, hear us.

Lord, graciously hear us.

And at the end

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

The Peace

Please stand

To crown all things there must be love
to bind all together and complete the whole.
Let the peace of Christ rule in our hearts.
The peace of the Lord be always with you
and also with you.

A minister says

Let us offer one another a sign of peace

All may exchange a sign of Peace

Hymn 451

Just as I am, without one plea
but that thy blood was shed for me,
and that thou bidst me come to thee,
O Lamb of God, I come.

Just as I am, though tossed about
with many a conflict, many a doubt,
fightings and fears within, without,
O Lamb of God, I come.

Just as I am, poor, wretched, blind;
sight, riches, healing of the mind,
yea, all I need, in thee to find,
O Lamb of God, I come.

Just as I am, thou wilt receive,
wilt welcome, pardon, cleanse, relieve:
because thy promise I believe,
O Lamb of God, I come.

Just as I am, thy love unknown
has broken every barrier down;
now to be thine, yea, thine alone,
O Lamb of God, I come.

Just as I am, of that free love
the breadth, length, depth, and height to prove,
here for a season, then above,
O Lamb of God, I come.

Charlotte Elliott (1789-1871)

Taking of the Bread and Wine

As the grain once scattered in the fields
and the grapes once dispersed on the hillside
are now reunited on this table in bread and wine,
so, Lord, may your whole Church soon be gathered together
from the corners of the earth
into your kingdom. **Amen.**

The Eucharistic Prayer

Please sit or stand as you are most comfortable

The Lord be with you
and also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

Father, you made the world and love your creation.
You gave your Son Jesus Christ to be our Saviour.
His dying and rising have set us free from sin and death.
And so we gladly thank you,
with saints and angels praising you, and singing:

Sanctus

Easily (♩ = 100) *mp* UPPER VOICES ONLY

Ho - ly, ho - ly, ho - ly Lord,

mf ALL *cresc.*

God of power and might, God of power and might,

f

Heav'n and earth are full of your glo - ry. Ho -

ff

san - na, Ho - san - na, Ho - san - na in the high - est.

Benedictus

Quiet and reflective (♩ = 100) *p*

Bles - sed is he who comes in the name of the

mp warmly

Lord. Ho - san - na, Ho - san - na, Ho - san - na in the

p hushed

high - est. Bles - sed is he who comes in the name of the Lord.

We praise and bless you, loving Father,
 through Jesus Christ, our Lord;
 and as we obey his command,
 send your Holy Spirit,
 that broken bread and wine outpoured
 may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
 and, taking bread, he praised you.
 He broke the bread, gave it to them and said:
 Take, eat; this is my body which is given for you;
 do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.
Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.
Look with favour on your people,
gather us in your loving arms
and bring us with [N and] all the saints
to feast at your table in heaven.
Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

Amen.

The Lord's Prayer

Please sit or kneel

As our saviour taught us, so we pray

**Our Father in heaven,
hallowed be your name,**

your kingdom come, your will be done,
 on earth as in heaven.
 Give us today our daily bread.
 Forgive us our sins
 as we forgive those who sin against us.
 Lead us not into temptation
 but deliver us from evil.
 For the kingdom, the power
 and the glory are yours,
 now and for ever. Amen.

Breaking of the Bread

We break this bread
 to share in the body of Christ.
Though we are many, we are one body,
because we all share in one bread.

Agnus Dei

Gently flowing (♩ = 63)

mf CONGREGATION

Lamb of God, you take a - way the

sins of the world: have mer - cy, have mer - cy on us.

p Lamb of God, you take a - way the sins of the world: *poco rit*

a little slower

Grant us, grant us peace.

Giving of Communion

God's holy gifts
 for God's holy people.
Jesus Christ is holy,
Jesus Christ is Lord,
to the glory of God the Father.

This is God's table and all are welcome. Please follow the directions of the steward and follow the one-way system back to your seat. Those sitting towards the back will be invited to come forwards first. If you are wearing a mask, it is most practical if you remove it before receiving communion. The chalice is being administered from the Lady Chapel step. If you wish to receive the chalice, please hold the base of the chalice and guide it towards your lips – the person administering the chalice will not let go of it in the process. Please note that there is no obligation to take the chalice and it is fine still to receive communion in one kind only (the bread). If you do not wish to receive communion and would prefer a blessing instead, please do come forwards as well.

Hymn 639

Give thanks with a grateful heart,
give thanks to the Holy One,
give thanks because he's given Jesus Christ, his Son. *Repeat*

And now let the weak say, 'I am strong!'
Let the poor say, 'I am rich
because of what the Lord has done for us!' *Repeat*

Prayer after Communion

Eternal Father,
we thank you for nourishing us
with these heavenly gifts:
may our communion strengthen us in faith,
build us up in hope,
and make us grow in love;
for the sake of Jesus Christ our Lord.

Amen.

**Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.**

**Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord.
Amen.**

The Sending Out

Please stand

Hymn 291

Christ is made the sure foundation,
Christ the Head and corner-stone,
chosen of the Lord, and precious,
binding all the church in one,
Holy Sion's help for ever,
and her confidence alone.

To this temple, where we call thee,
come, O Lord of Hosts, to-day;
with thy wonted loving-kindness
hear thy servants as they pray,
and thy fullest benediction
shed within its walls alway.

Here vouchsafe to all thy servants
what they ask of thee to gain,
what they gain from thee for ever
with the blessed to retain,
and hereafter in thy glory
evermore with thee to reign.

Laud and honour to the Father,
laud and honour to the Son,
laud and honour to the Spirit,
ever Three, and ever One,
consubstantial, co-eternal,
while unending ages run.

*Urbs beata Jerusalem (Latin, before 9th century)
translated by John Mason Neale (1818-1866)*

The Blessing

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always. **Amen.**

The Dismissal

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

*Please do join us for refreshments outside (or inside if raining!)
Please take this booklet away with you, and recycle it when you have
finished with it. We no longer pass the collection plate around during the
service, but you are welcome to use the collection plate at the back of
church, or the contactless machine, if you would like to make a donation
to support the work of our church.*

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Notices: June 19th

Sunday June 19th: First Sunday after Trinity

8am Holy Communion

10am Parish Eucharist and Forest Sunday School.

Sunday June 26th: Second Sunday after Trinity

8am Holy Communion

10am Parish Eucharist and Forest Sunday School.

Midweek Services

Morning Prayer: Mondays at 9am

Tots Service: Tuesdays at 10am

Midweek Communion: Wednesdays at 10am

Welcoming our new Curate. We are delighted to announce that Emily Hockliffe Essex will be joining the parish as our curate – Emily's first Sunday will be July 3rd. Please keep her in your prayers as she prepares for ordination.

The **deadline** for the next **online newsletter** is **Thursday 30 June**. If you have any items and photos to contribute, please email them to Yue-Yi Hwa at newsletter@hthq.uk. Thank you very much.

Nell's Open Garden raised £160 for the Building Development fund. Our thanks to Nell and all those who supported this lovely event.

Admission of Children to Communion: Sunday 24th July

Our church policy is to admit children to communion before confirmation, and we are hoping to admit some children to communion during the service on Sunday 24th July. If your child or children are interested in being admitted to communion or you have any questions about this, please get in touch with Laura. A few preparation sessions will be arranged beforehand.

Refugee Week 2022 is coming up on the **18th - 25th June!** As part of Refugee Week, Asylum Welcome are running events but are also encouraging people to get involved and support their work. In particular their food bank needs some help, as stocks are currently running very low. They currently provide food to over 80 adults and children on a weekly basis, distributing up to 1000 items for tinned and fresh food every week. They rely entirely on donations for their food bank and are currently particularly in need of cooking oil, tinned tomatoes, milk (UHT) and tinned fish. ***Please put items in the crate in the porch*** You can find a list of all the items that are needed on this page: <https://www.asylum-welcome.org/food/>. Thank you for your support.

Canon David Owen David's Funeral will be here in church at 11am on Friday 1st July. All are welcome to attend. We continue to pray for Liz, his wife and all the family.

Summer Fete 16 July 2022 – Let's think green Summer Fete 16 July 2022 – Lets think green

Over the 20 plus years we have been organising the fete it has become clear that some things work better than others. In recent

times one of our biggest problems is what to do with the 'stuff' that remains after the event which means trips to the tip and charity shops, but most of it ends up going to landfill. We get some truly amazing items, but we also get things that should never been sent in the first place.

We thought it would be helpful to give a perspective on the environmental impact of running the fete. We all want to do our bit for the environment so here's a few things to think about when getting items together. The main problem areas are both Toys and White Elephant, which probably provide about 80% of the stuff left over.

Things to think about when sorting out donations

Only send items that are clean/working and in saleable condition - think, would I buy it?

No electricals (by law we can't sell them)

New/unused candles/toiletries - no half-used items, please, they just go straight in the bin.

Food stuffs – check they are in date.

This will be our first Summer Fete in three years and we really look forward to seeing you on the day and helping if you can. Please put the date in your diaries and come along!

The Fete Committee

Churchyard gardening event: Sunday 10th July. Over the years we have relied on a wonderful team of volunteers to help tend our beautiful churchyard. The churchwardens have oversight of the churchyard on behalf of the PCC, and would like to extend an invitation to our whole church community to come and help with this important work on Sunday 10th July from 11.30-2.30pm. All ages are welcome – no previous gardening experience needed! Please bring along a packed lunch – unlimited tea/coffee and cake will be provided! Do bring along gardening gloves and any other light equipment (e.g. secateurs) if you can.

The next **Mothers' Union Bible Study** will be at St Andrew's church, Old Headington on **Tuesday 21st June** at 2.30pm.

Communities for Zero Carbon Oxford are offering the public the chance to visit local homes which have introduced energy-saving measures between 18th and 29th June.

<https://oxford.greenopenhomes.net/energy-saving-homes-oxford->

[259](#) There will also be an **Energy-saving Fair** on **Sunday 26th June** at the Town Hall showcasing ways and products for reducing home energy requirements - and bills.

Visit: www.energysavinghomes.org Chris (for the Ecochurch group)

Eco Resources for Summer 2022 (Revised): If you missed the Eco Resources Spring edition, some links have been repeated in the Summer edition. Among them are the amusing and instructive Climate Change Food Calculator, the Personal Lifestyle Audit, and How to Stop your Money Funding Climate Change. No new Eco webinars are scheduled for the time being, so we have included links to past webinars etc. See <https://www.hthq.uk/eco-church-resources/> Hilary Rollin for Eco Church Group.

Eco Resources and Tips Eco Tip of the Week: Did you know that UK households throw away 920,000 bananas every day? Or that about a third of the food produced globally is wasted? The UN Sustainable Development Goal is to halve food waste by 2030. Next time you are about to throw away a banana, why not make smoothies? Banana bread? Or freeze over-ripe bananas in chunks for an instant ice cream? Hilary Rollin for Eco Church.

Pastoral care team. Are you in need of support or would you like to talk to someone? We rely on you to let us know of anyone who is ill, or in hospital or who might welcome a visit. Please contact any of the clergy (numbers below) or Helen Day (308088), Janet Masters (765824), Nell Slocock (762291) or Anne Tarassenko (351739).

Holy Trinity Headington Quarry

*An open door between heaven and earth,
showing God's love to all.*

Contact us

Vicar: Revd Dr Laura Biron-Scott
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