

Holy Trinity
Headington Quarry



Third Sunday Before Lent

5th February 2023

The Gathering

Words of welcome.

Hymn 486

Please stand

Christ is the King! O friends rejoice;
brothers and sisters, with one voice
tell all the world he is your choice.

Alleluia.

O magnify the Lord, and raise
anthems of joy and holy praise
for Christ's brave saints of ancient days.

Alleluia.

They with a faith for ever new
followed the King, and round him drew
thousands of faithful hearts and true.

Alleluia.

O Christian women, Christian men,
all the world over, seek again
the Way disciples followed then.

Alleluia.

Christ through all ages is the same:
place the same hope in his great name,
with the same faith his word proclaim.

Alleluia.

Let love's unconquerable might
your scattered companies unite
in service to the Lord of light.

Alleluia.

So shall God's will on earth be done,
new lamps be lit, new tasks begun,
and the whole church at last be one.

Alleluia.

The president says

In the name of the Father
and of the Son
and of the Holy Spirit
Amen

The Greeting

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ
be with you
and also with you.

Prayers of Penitence

A minister says

We come to God as one from whom no secrets are hidden,
to ask for his forgiveness and peace.

Silence is kept.

**Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly, love mercy,
and walk humbly with you, our God. Amen.**

The president says

Almighty God,
who in Jesus Christ has given us
a kingdom that cannot be destroyed,
forgive you your sins,
open your eyes to God's truth,
strengthen you to do God's will
and give you the joy of God's kingdom,
through Jesus Christ our Lord. **Amen.**

Gloria in Excelsis

**Glory to God, we give you thanks and praise
Of heavenly joy and earthly peace we sing.
We worship you, to you our hearts we raise,
Lord God, Almighty Father, heavenly King.**

**Lord Jesus Christ, the Father's only Son,
You bore for us the load of this world's sin.
O Lamb of God, your glorious victory won,
Receive our prayer, grant us your peace within.**

**Alone, O Christ, you are the only Lord,
At God's right hand, in majesty most high.
Who with the Spirit, worshipped and adored
With all the heavenly host, we glorify.**

Tune: 'Woodlands'

The Collect

Let us pray:

Almighty God,
who alone can bring order
to the unruly wills and passions of sinful humanity:
give your people grace
so to love what you command
and to desire what you promise,
that, among the many changes of this world,
our hearts may surely there be fixed
where true joys are to be found;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

The Liturgy of the Word

First Reading: Isaiah 58.1-9a

Shout out, do not hold back!

Lift up your voice like a trumpet!

Announce to my people their rebellion,
to the house of Jacob their sins.

Yet day after day they seek me
and delight to know my ways,

as if they were a nation that practised righteousness
and did not forsake the ordinance of their God;

they ask of me righteous judgements,
they delight to draw near to God.

‘Why do we fast, but you do not see?

Why humble ourselves, but you do not notice?’

Look, you serve your own interest on your fast-day,
and oppress all your workers.

Look, you fast only to quarrel and to fight
and to strike with a wicked fist.

Such fasting as you do today
will not make your voice heard on high.

Is such the fast that I choose,
a day to humble oneself?

Is it to bow down the head like a bulrush,
and to lie in sackcloth and ashes?

Will you call this a fast,
a day acceptable to the LORD?

Is not this the fast that I choose:
to loose the bonds of injustice,
to undo the thongs of the yoke,
to let the oppressed go free,
and to break every yoke?

Is it not to share your bread with the hungry,
and bring the homeless poor into your house;
when you see the naked, to cover them,

and not to hide yourself from your own kin?
Then your light shall break forth like the dawn,
and your healing shall spring up quickly;
your vindicator shall go before you,
the glory of the LORD shall be your rearguard.
Then you shall call, and the LORD will answer;
you shall cry for help, and he will say, Here I am.

This is the word of the Lord.

Thanks be to God

Hymn 258

God has spoken — by his prophets,
spoken his unchanging word;
each from age to age proclaiming
God the one, the righteous Lord;
in the world's despair and turmoil
one firm anchor holds us fast:
God eternal reigns for ever,
God the first and God the last.

God has spoken — by Christ Jesus,
Christ, the everlasting Son;
brightness of the Father's glory,
with the Father ever one:
spoken by the Word incarnate,
Life, before all time began,
Light of Light, to earth descending,
God, revealed as Son of Man.

God is speaking — by his Spirit
speaking to our hearts again;
in the ageless Word declaring
God's own message, now as then.
Through the rise and fall of nations
one sure faith is holding fast:

God abides, his word unchanging,
God the first and God the last.

George Wallace Briggs (1875-1959)

Gospel Reading

Please stand

Alleluia, alleluia alleluia.
Alleluia, alleluia alleluia.

Hear the Gospel of our Lord Jesus Christ according to Luke.
Glory to you, O Lord.

Gospel reading: Matthew 5.13-20

‘You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

‘You are the light of the world. A city built on a hill cannot be hidden. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

‘Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

This is the Gospel of the Lord.
Praise to you, O Christ

Alleluia, alleluia alleluia.
Alleluia, alleluia alleluia.

Sermon

Revd Dr Laura Biron-Scott

Affirmation of Faith

Please stand

Let us declare our faith in God:

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven**

and is seated at the right hand of the Father.

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Prayers of Intercession

Please sit or kneel.

These responses may be used

Lord, hear us.

Lord, graciously hear us.

We pray for those who are sick or in particular need:

*Naomi Lawrence, Kate Samuel, Barbara Farrar, Grace,
Bob Nind, Rosemary, Judith, Josie, Baby Ezra,
Polly Friedhoff, Evelyn Clare, George, Bob Southgate, Benji,
Caroline Wilson, Diana Harrison.*

Those who have died recently:

Frank Giles, Bidy Mason, Stephanie Skold, Ian Wylie.

Those whose anniversary of death falls at this time:

*Francis Beckett, Betty Evans-Smith, Ann Evans, Colin Webster,
Jonathan Mills, Christopher Luckett, Joan Hancock, Ronald Lygo.*

And at the end

Merciful Father,

accept these prayers

for the sake of your Son, our Saviour Jesus Christ. Amen.

The Peace

Please stand

We are the body of Christ.

In the one Spirit we were all baptized into one body.

Let us then pursue all that makes for peace
and builds up our common life.

The peace of the Lord be always with you
and also with you.

Let us offer one another a sign of peace.

All may exchange a sign of Peace.

Hymn 488

Church of God, elect and glorious,
holy nation, chosen race;
called as God's own special people,
royal priests and heirs of grace:
know the purpose of your calling,
show to all his mighty deeds;
tell of love which knows no limits,
grace which meets all human needs.

God has called you out of darkness
into his most marvellous light;
brought his truth to life within you,
turned your blindness into sight.
Let your light so shine around you
that God's name is glorified;
and all find fresh hope and purpose
in Christ Jesus crucified.

Once you were an alien people,
strangers to God's heart of love;
but he brought you home in mercy,
citizens of heaven above.
Let his love flow out to others,
let them feel a Father's care;
that they too may know his welcome
and his countless blessings share.

Church of God, elect and holy,
be the people he intends;
strong in faith and swift to answer

each command your master sends:
royal priests, fulfil your calling
through your sacrifice and prayer;
give your lives in joyful service —
sing his praise, his love declare.

James Seddon (1915-1983)

Taking of the Bread and Wine

Wise and gracious God,
you spread a table before us;
nourish your people with the word of life
and the bread of heaven.
Amen.

The Eucharistic Prayer

Please sit or stand as you are most comfortable

The Lord be with you
and also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

Father, you made the world and love your creation.
You gave your Son Jesus Christ to be our Saviour.
His dying and rising have set us free from sin and death.
And so we gladly thank you,
with saints and angels praising you, and singing:

**Holy, holy, holy is the Lord;
holy is the Lord God almighty.
Holy, holy, holy is the Lord;
holy is the Lord God almighty,**

who was, and is and is to come.

Holy, holy, holy is the Lord!

Blessed, blessed, blest the one who comes;

Blest the one who comes in the Lord's name.

Blessed, blessed, blest the one who comes;

Blest the one who comes in the Lord's name.

who was, and is and is to come.

Holy, holy, holy is the Lord!

We praise and bless you, loving Father,

through Jesus Christ, our Lord;

and as we obey his command,

send your Holy Spirit,

that broken bread and wine outpoured

may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends

and, taking bread, he praised you.

He broke the bread, gave it to them and said:

Take, eat; this is my body which is given for you;

do this in remembrance of me.

When supper was ended he took the cup of wine.

Again he praised you, gave it to them and said:

Drink this, all of you; this is my blood of the new covenant,

which is shed for you and for many for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,

in him we plead with confidence his sacrifice

made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,

we proclaim his death and resurrection

until he comes in glory.

Great is the mystery of faith

Christ has died:

Christ is risen:

Christ will come again.

Lord of all life,

help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.

Look with favour on your people, gather us in your loving arms
and bring us with the blessed Virgin Mary, and all the saints
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever. **Amen.**

The Lord's Prayer

Please sit or kneel

As our saviour taught us, so we pray

**Our Father in heaven,
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Lead us not into temptation
but deliver us from evil.**

**For the kingdom, the power
and the glory are yours,
now and for ever. Amen.**

Breaking of the Bread

We break this bread
to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

slowly

Be - hold the Lamb of God, be - hold the Lamb of God. He

Be - hold the Lamb, the Lamb of God. He

takes a - way the sin, the sin of the world.

takes a - way the sin of the world.

Giving of Communion

God's holy gifts
 for God's holy people.
Jesus Christ is holy,
Jesus Christ is Lord,
to the glory of God the Father.

This is God's table and all are welcome. Please follow the directions of the steward and follow the one-way system back to your seat. Those sitting towards the back will be invited to come forwards first. If you are wearing a mask, it is most practical if you remove it before receiving communion. The chalice is being administered from the Lady Chapel step. If you wish to receive the chalice, please hold the base of the chalice and guide it towards your lips – the person administering the chalice will not let go of it in the process. Please do not dip your wafer into the chalice. Please note that there is no obligation to take the chalice and it is fine still to receive communion in one kind only (the bread). If you do not wish to receive communion and would prefer a blessing instead, please do come forwards as well.

Hymn 569

The kingdom of God is justice and joy,
 for Jesus restores what sin would destroy;

God's power and glory in Jesus we know,
and here and hereafter the kingdom shall grow.

The kingdom of God is mercy and grace,
the captives are freed, the sinners find place,
the outcast are welcomed God's banquet to share,
and hope is awakened instead of despair.

The kingdom of God is challenge and choice,
believe the good news, repent and rejoice!
His love for us sinners brought Christ to his cross,
our crisis of judgement for gain or for loss.

God's kingdom is come, the gift and the goal,
in Jesus begun, in heaven made whole;
the heirs of the kingdom shall answer his call,
and all things cry 'Glory!' to God all in all.

Bryn Rees (1911-1983)

Prayer after Communion

Merciful Father,
who gave Jesus Christ to be for us the bread of life,
that those who come to him should never hunger:
draw us to the Lord in faith and love,
that we may eat and drink with him
at his table in the kingdom,
where he is alive and reigns, now and for ever. **Amen.**

**Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.**

**Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord. Amen.**

The Sending Out

Hymn 810

Please stand

Thou, whose almighty word
chaos and darkness heard,
and took their flight;
hear us, we humbly pray,
and where the gospel-day
sheds not its glorious ray,
let there be light.

Thou, who didst come to bring
on thy redeeming wing
healing and sight,
health to the sick in mind,
sight to the inly blind,
now to all humankind
let there be light.

Spirit of truth and love,
life-giving, holy Dove,
speed forth thy flight;
move on the water's face
bearing the lamp of grace,
and in earth's darkest place
let there be light.

Holy and blessed Three,
glorious Trinity,
Wisdom, Love, Might;
boundless as ocean's tide
rolling in fullest pride,
through the earth far and wide

let there be light.

John Marriott (1780-1825)

The Blessing

The love of the Lord Jesus
draw you to himself,
the power of the Lord Jesus
strengthen you in his service,
the joy of the Lord Jesus fill your hearts;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.
Amen.

The Dismissal

A minister says

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Voluntary: Carillon, *Louis Vierne (1870-1937)*

*Please take this booklet away with you, and recycle it when you have finished with it.
We no longer pass the collection plate around during the service, but you are
welcome to use the collection plate at the back of church, or the contactless machine,
if you would like to make a donation to support the work of our church.*

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Notices: February 5th

Sunday Feb 5th The Third Sunday before Lent

8am – Holy Communion from the Book of Common Prayer

10am – Parish Eucharist with Forest Sunday School

6pm Choral Evensong

519 Sometimes a light surprises

475 Forth in the peace of Christ we go

Readings: Ephesians 4.17-end; Mark 1.29-39

Introit: O strength and stay upholding all creation

Responses: Byrd

Psalm: 4

Canticles: Gibbons Short Service

Anthem: Teach me O Lord, Attwood

Voluntary: Andante in G Major : Samuel Sebastian Wesley (1810-1876)

Sunday Feb 12th Racial Justice Sunday & The Second Sunday before Lent

8am – Holy Communion from the Book of Common Prayer

10am – Parish Eucharist with Forest Sunday School

Alongside Christians throughout Britain and Ireland we will mark Racial Justice Sunday: an opportunity for all churches to reflect on the importance of racial justice, to give thanks for the gifts and beauty of human diversity, and to commit to end racism and acts of discrimination. Our preacher will be Raj Patel.

Midweek Services

Morning Prayer: Mondays at 9am

Tots Service: Tuesdays at 10am

Midweek Communion: Wednesdays at 10am

Prayers for Hope and Healing: Thursdays at 8.30pm (via Zoom).

2023: A time to build As we mark a new church year, we invite everyone to pray for our church building project: that 2023 would be a 'time to build':

God of vision and hope,
we thank you for our church building;
a place of prayer and pilgrimage,
witnessing to your love and presence in our midst.
We pray for our plans to develop the building
to further the work of your kingdom in this and future generations.
We pray for the guidance, resources and skills we need
to bring the project to completion,
and that we would be united in vision and focus
as we work towards this goal,
in the name of Jesus Christ our Cornerstone. Amen.

Reserve Drivers needed: We are building up a list of reserve drivers, who would be prepared to offer lifts to church from time to time, as need arises. This service is enormously valuable to those who would otherwise be unable to get to church. If it's something you feel able to do (or, even better, if you would like to join the regular rota of drivers), please get in touch with Anne Tarassenko: annetarassenko@hotmail.com, 07443 652082.

Pancake Party on Sunday 19th 3pm at the Coach House. Come build a pancake and help raise money for the Church Building fund this year. Please let me know if you are interested in attending (this would really help with numbers and if there are any dietary requirements) or if you would like to help out to contribute to this fundraising effort. All are welcome. For more information please talk to Frances or email frances.farrar@tiscali.co.uk

Faithful discernment in an age of crisis: an introduction to Ignatian spirituality This year's Lent course offers an introduction to the riches of Ignatian spirituality. Emerging from a period of unprecedented global challenge and change, this school of prayer offers an intensely relevant wisdom for our time. How can we know God intimately and follow Christ in a complex world? What does it mean to find God in all things? How can we tune in to the wisdom of the Spirit in everyday discernment? The course will be held on **Tuesday evenings from 6-7pm** in the Coach House, beginning **Feb 28th** and led by Margaret Whipp. Please contact margaretwhipp@btinternet.com for any further details and to give an indication of numbers.

Save the Date – The Parish Trip to the seaside in Bournemouth at Alum Chine is back by popular demand! Book a seat now for **17th June** leaving the Coach house at 8.30am seats are £15 each. For more information or to reserve your seat please talk to Frances or email frances.farrar@tiscali.co.uk For those of you who have never been on the trip this is for all ages to visit a wonderful sandy safe beach, with gardens behind, a long sea front and great facilities including a play area.

Warm Welcome Space February: in the Coach House, on Fridays 10am – 12pm, 10th & 24th with hot drinks and cake and on 17th Soup and rolls. Please let as many people know about this as you can and take a poster to put up. No booking required just turn up. For info contact Margaret Taylor 765051 or Elizabeth Knight 761476.

Asylum Welcome are in urgent need of donations to their food bank as stocks are currently running very low. They currently provide food to over 80 adults and children on a weekly basis, distributing up to 1000 items for tinned and fresh food every week. They rely entirely on donations for their food bank and are currently particularly in need of cooking oil, tinned tomatoes, milk (UHT) and tinned fish. Please put items in the crate at the back of church You can find a list of all the items that are needed on this page: <https://www.asylum-welcome.org/food/>. Thank you for your support.

Headington Repair Café: Don't condemn broken tools etc to landfill! The Bring and Fix Café is back every Tuesday 10.00-12.00 in the (newly-revamped) Bullingdon Community Centre, Peat Moors, OX3 7HS. Experts offer to fix most small electric and household items. Free tea/coffee, biscuits and parking are available. A small donation is appreciated. For further information please phone: 07792 49 13 50. Hilary Rollin for Eco Group

Eco Church Resources New Year, New Eco Resources List. For a range of suggestions and links to material on topics related to Climate Change, go to: <https://www.hthq.uk/eco-church-resources/> Hilary Rollin, for Eco Church Group.

Eco Tips Eco Tip of the Week: Still on the bathroom theme, banish single-use wet wipes, and instead use washable face pads, towelling baby wipes etc. Hilary Rollin for Eco Church Group

Pastoral care team Are you in need of support or would you like to talk to someone? We rely on you to let us know of anyone who is ill, or in hospital or who might welcome a visit. Please contact any of the clergy (numbers below) or Helen Day, Janet Masters, Nell Slocock or Anne Tarassenko.

Holy Trinity Headington Quarry
*An open door between heaven and earth,
showing God's love to all.*

As the Anglican parish in Headington Quarry, Risinghurst and Wood Farm, we are here

for every local resident. Our church is open every day. We hope that you will find God's peace as you come to pray or just sit and rest awhile. If you have questions about the Christian faith or would like to find out more about church life, please get in touch:

Contact us

Vicar: Revd Dr Laura Biron-Scott

vicar@hthq.uk [01865 762835](tel:01865762835)

Associate Priest: Revd Prof Rob Gilbert

associatepriest@hthq.uk

Curate: Revd Emily Hockliffe Essex

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Parish Office: office@hthq.uk 01865 762931

Churchwardens: wardens@hthq.uk

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