

Holy Trinity Headington Quarry

Ash Wednesday

Sung Eucharist with Imposition of

Ashes



## ***The Gathering***

'The sacrifice of God is a broken spirit:  
a broken and contrite heart you will not despise'

*Psalm 51: 7*

*Please stand. A hymn may be sung.*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**Amen.**

## **The Greeting**

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you  
**and also with you.**

## **Introduction**

*The President explains the meaning of Lent and invites the people to observe it faithfully*

Brothers and sisters in Christ, since early days Christians have observed with great devotion the time of our Lord's passion and resurrection and prepared for this by a season of penitence and fasting. By carefully keeping these days, Christians take to heart the call to repentance and the assurance of forgiveness proclaimed in the Gospel, and so grow in faith and in devotion to our Lord.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy word.

*The Trisagion is sung three times*

THE TRISAGION x3

Ho - ly God, ho - ly and strong, ho - ly and im -

6  
mor - tal have mer - cy up - on us.

## **The Collect**

Let us pray for grace to keep Lent faithfully.

*Silence is kept.*

Holy God,  
Our lives are laid open before you.  
rescue us from the chaos of sin  
and through the death of your Son  
bring us healing and make us whole  
in Jesus Christ our Lord.

**Amen.**

## ***The Liturgy of the Word***

*Please sit*

### **Old Testament Reading: Joel 2.1-2, 12-17**

Blow the trumpet in Zion;  
sound the alarm on my holy mountain!  
Let all the inhabitants of the land tremble,  
for the day of the Lord is coming, it is near—  
a day of darkness and gloom,  
a day of clouds and thick darkness!

Like blackness spread upon the mountains  
a great and powerful army comes;  
their like has never been from of old,  
nor will be again after them  
in ages to come.

Yet even now, says the Lord,  
return to me with all your heart,  
with fasting, with weeping, and with mourning;  
rend your hearts and not your clothing.  
Return to the Lord, your God,  
for he is gracious and merciful,  
slow to anger, and abounding in steadfast love,  
and relents from punishing.  
Who knows whether he will not turn and relent,  
and leave a blessing behind him,  
a grain-offering and a drink-offering  
for the Lord, your God?

Blow the trumpet in Zion;  
sanctify a fast;  
call a solemn assembly;  
gather the people.  
Sanctify the congregation;  
assemble the aged;  
gather the children,  
even infants at the breast.  
Let the bridegroom leave his room,  
and the bride her canopy.

Between the vestibule and the altar  
let the priests, the ministers of the Lord, weep.  
Let them say, 'Spare your people, O Lord,  
and do not make your heritage a mockery,  
a byword among the nations.  
Why should it be said among the peoples,  
"Where is their God?" '

This is the word of the Lord.  
**Thanks be to God.**

## Psalm 51

Have mer - cy on us, Lord, for we have sinned.

### Psalm 51

*Have mercy on us, Lord, for we have sinned.*

- 1 Have mercy upon me, O God, in | your great love,  
In your compassion blot out | my offences:  
Wash me thoroughly | from my guilt,  
And cleanse me | from my sin. *R*
- 2 To you I con | fess my faults,  
For they ever stare me | in the face:  
Against you it is that | I have sinned,  
And done evil | in your sight. *R*
- 3 Make me a clean | heart, O God,  
And renew a right spir | it within me:  
Cast me not out | of your sight,  
Nor take your holy | spirit from me. *R*
- 4 Uphold me | with your might,  
And strengthen me with | perseverance:  
Open my | lips, O Lord,  
And my mouth shall de | clare your praise. *R*

# Gospel reading: Matthew 6.1-6, 16-21

*Please stand for the gospel reading.*

## Gospel Acclamation

Refrain

Praise to you, O Christ, our Sav-iour, Word of the Fa-ther, call-ing us to life;

5

Son of God who leads us to free-dom: glo-ry to you, Lord Je-sus Christ! Christ!

10 Verse

You are the Word who calls us out of dark-ness; you are the Word who leads us in- to light;

14

you are the Word who brings us through the de-sert: glo-ry to you, Lord Je- sus Christ!

D.C.

Hear the Gospel of our Lord Jesus Christ according to Matthew  
**Glory to you, O Lord.**

‘Beware of practising your piety before others in order to be seen by them; for then you have no reward from your Father in heaven.

‘So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you.

‘And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they

may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you.

‘And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you.

‘Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also.

This is the Gospel of the Lord.  
**Praise to you, O Christ**

**Sermon**

*Please sit.*

## ***The Liturgy of Penitence***

### **Self-examination and Confession**

Let us now call to mind our sin and the infinite mercy of God.

*All sit or kneel*

God the Father,  
**have mercy on us.**

God the Son,  
**have mercy on us.**

God the Holy Spirit,  
**have mercy on us.**

Trinity of love,  
**have mercy on us.**

**Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed.**

We have not loved you with our whole heart,  
and mind, and strength.  
We have not loved our neighbours as ourselves.  
We have not forgiven others, as we have been forgiven.  
**Lord, have mercy.**

We have been deaf to your call to serve, as Christ served us.  
We have not been true to the mind of Christ.  
We have grieved your Holy Spirit.  
**Lord, have mercy.**

We confess to you, Lord ...  
all our past unfaithfulness:  
the pride, hypocrisy and impatience of our lives.  
**Lord, have mercy.**

Our self-indulgent appetites and ways,  
and our exploitation of other people.  
**Lord, have mercy.**

Our anger at our own frustration  
and our envy of those more fortunate than ourselves.  
**Lord, have mercy.**

Our intemperate love of worldly goods and comforts  
and our dishonesty in daily life and work.  
**Lord, have mercy.**



Our negligence in prayer and worship  
and our failure to commend the faith that is in us.  
**Lord, have mercy.**

Accept our repentance, Lord ...  
for the wrongs we have done,  
for our blindness to human need and suffering,  
and our indifference to injustice and cruelty.  
**Accept our repentance, Lord.**

For all false judgements,  
for uncharitable thoughts towards our neighbours  
and for our prejudice and contempt  
towards those who differ from us.  
**Accept our repentance, Lord.**

For our waste and pollution of your creation  
and our lack of concern for those who come after us.  
**Accept our repentance, Lord.**

Restore us, good Lord, and let your anger depart from us.  
**Favourably hear us, for your mercy is great.**

Accomplish in us the work of your salvation,  
**that we may show your glory in the world.**

By the cross and passion of your Son our Lord,  
**bring us with all your saints to the joy of his resurrection.**

*Silence is kept.*

**We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy  
forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly,  
love mercy,  
and walk humbly with you, our God. Amen.**

## **The Imposition of Ashes**

Dear friends in Christ,  
I invite you to receive these ashes as a sign of the spirit of penitence  
with which we shall keep this season of Lent.

God our Father,  
you create us from the dust of the earth.  
grant that these ashes may be for us  
a sign of our penitence  
and a symbol of our mortality;  
for it is by your grace alone  
that we receive eternal life  
in Jesus Christ our Saviour.

**Amen.**

*The president and people receive the imposition of ashes, the president  
first receiving the imposition from another minister.*

*At the imposition the minister says*

Remember that you are dust, and to dust you shall return.  
Turn away from sin and be faithful to the Gospel.

*Silence is kept.*

## **The Absolution**

The Lord enrich you with his grace,  
and nourish you with his blessing;  
the Lord defend you in trouble and keep you from all evil; the Lord  
accept your prayers,  
and absolve you from your offences,  
for the sake of Jesus Christ, our Saviour.

**Amen.**

*Please stand*

## **The Peace**

Since we are justified by faith,  
we have peace with God through our Lord Jesus Christ,  
who has given us access to his grace.  
The peace of the Lord be always with you  
**and also with you.**

Let us offer one another a sign of peace.

## **Preparation of the Table**

*A hymn is sung*

## **Taking of the Bread and Wine**

*The table is prepared and bread and wine are placed upon it.*

Risen Lord and Saviour,  
present among us with the wealth of your love.  
Cleanse us from sin and give us the faith  
to offer our praise and grow in your grace.  
**Amen.**

*Please remain standing or sit or kneel*

## **Eucharistic Prayer E**

The Lord be with you  
**and also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

It is indeed right and good  
to give you thanks and praise,  
almighty God and everlasting Father,  
through Jesus Christ your Son.

For in these forty days  
 you lead us into the desert of repentance  
 that through a pilgrimage of prayer and discipline  
 we may grow in grace  
 and learn to be your people once again.  
 Through fasting, prayer and acts of service  
 you bring us back to your generous heart.

Through study of your holy word  
 you open our eyes to your presence in the world  
 and free our hands to welcome others  
 into the radiant splendour of your love.  
 As we prepare to celebrate the Easter feast  
 with joyful hearts and minds  
 we bless you for your mercy and join with saints and angels  
 for ever praising you and singing:

## Sanctus and Benedictus

**Moderato** *mp*

10 Ho - ly, Ho - ly, Ho - ly Lord, God of

19 power and might. Heav'n and earth are full of your glo-ry. Ho - san - na in the

28 high - est. Bles-sed is he, O bles-sed is he who comes in the name of the Lord.

Ho - san - na in the high - est, ho - san - na in the high - est.

We praise and bless you, loving Father,  
 through Jesus Christ, our Lord;  
 and as we obey his command,  
 send your Holy Spirit,  
 that broken bread and wine outpoured  
 may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends  
and, taking bread, he praised you.  
He broke the bread, gave it to them and said:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.  
So, Father, we remember all that Jesus did,  
in him we plead with confidence his sacrifice  
made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,  
we proclaim his death and resurrection  
until he comes in glory.

Praise to you, Lord Jesus:  
**Dying you destroyed our death,  
rising you restored our life:  
Lord Jesus, come in glory.**

Lord of all life,  
help us to work together for that day  
when your kingdom comes  
and justice and mercy will be seen in all the earth.  
Look with favour on your people,  
gather us in your loving arms  
and bring us with blessed Mary, John the Baptist and all the saints to  
feast at your table in heaven.  
Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all honour and glory are yours, O loving Father,  
for ever and ever.

**Amen**

## The Lord's Prayer

*Please sit or kneel*

Lord Jesus, remember us in your Kingdom  
and teach us to pray.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come, your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power  
and the glory are yours,  
now and for ever. Amen.**

## Breaking of the Bread

Every time we eat this bread  
and drink this cup.  
**We proclaim the Lord's death  
until he comes.**

**Agnus Dei**

Slowly

8 Lamb of God, you take a - way the sins of the\_ world, have  
mer- cy\_ on us. Lamb of God, you take a - way the sins of the\_ world, have mer - cy\_ on

15 us. Lamb of God, you take a - way the sins of the world, grant\_ us peace.

## Giving of Communion

Draw near with faith.  
Receive the body of our Lord Jesus Christ  
which he gave for you,  
and his blood which he shed for you.  
Eat and drink  
in remembrance that Christ died for you,  
and feed on him in your hearts  
by faith with thanksgiving.

*The president and people receive communion. If you would prefer a blessing, please do come forward too.*

*During the distribution of communion, the choir sings an anthem.*

## Prayer after Communion

*Silence is kept.*

Almighty God,  
you have given your only Son to be for us  
both a sacrifice for sin  
and also an example of godly life.  
give us grace  
that we may always most thankfully receive  
these his inestimable gifts,  
and also daily endeavour to follow  
the blessed steps of his most holy life;  
through Jesus Christ our Lord.  
**Amen.**

**God of our pilgrimage,  
you have fed us with the bread of heaven.  
Refresh and sustain us  
as we go forward on our journey,  
in the name of Jesus Christ our Lord. Amen.**

## ***The Sending Out***

*Please stand. A hymn is sung.*

## **The Blessing**

Christ give you grace to grow in holiness,  
to deny yourselves, take up your cross, and follow him;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.  
**Amen.**

## **The Dismissal**

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

## **Organ Voluntary**

*Copyright: Common Worship Times and Seasons ©The Archbishops' Council 2006*