

Holy Trinity  
Headington Quarry



Sunday Next Before Lent

19<sup>th</sup> February 2023

*Words of welcome.*

## **Hymn 2**

*Please stand*

*During the opening hymn, children are welcome to join the forest Sunday school taking place outside.*

Christ, whose glory fills the skies,  
Christ, the true, the only light,  
Sun of Righteousness, arise,  
triumph o'er the shades of night;  
Dayspring from on high, be near,  
Daystar, in my heart appear.

Dark and cheerless is the morn  
unaccompanied by thee;  
joyless is the day's return,  
till thy mercy's beams I see,  
till they inward light impart,  
glad my eyes, and warm my heart.

Visit then this soul of mine,  
pierce the gloom of sin and grief;  
fill me, radiancy divine,  
scatter all my unbelief;  
more and more thyself display,  
shining to the perfect day.

*Charles Wesley (1707-1788)*

*The president says*

In the name of the Father  
and of the Son  
and of the Holy Spirit  
**Amen**

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you  
**and also with you.**

**The Greeting**

## Prayers of Penitence

*A minister says*

When the Lord comes,  
he will bring to light the things now hidden in darkness,  
and will disclose the purposes of the heart.  
Therefore in the light of Christ let us confess our sins.

*Silence is kept.*

**Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy  
forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly,  
love mercy,  
and walk humbly with you, our God.  
Amen.**

*The president says*

Almighty God,  
who in Jesus Christ has given us  
a kingdom that cannot be destroyed,  
forgive you your sins,  
open your eyes to God's truth,  
strengthen you to do God's will  
and give you the joy of God's kingdom,  
through Jesus Christ our Lord.  
**Amen.**

## Gloria in Excelsis

**Glory to God, we give you thanks and praise  
Of heavenly joy and earthly peace we sing.  
We worship you, to you our hearts we raise,  
Lord God, Almighty Father, heavenly King.**

**Lord Jesus Christ, the Father's only Son,  
You bore for us the load of this world's sin.  
O Lamb of God, your glorious victory won,  
Receive our prayer, grant us your peace within.**

**Alone, O Christ, you are the only Lord,  
At God's right hand, in majesty most high.  
Who with the Spirit, worshipped and adored  
With all the heavenly host, we glorify.**

Tune: 'Woodlands'

## The Collect

Let us pray:  
Almighty Father,  
whose Son was revealed in majesty  
before he suffered death upon the cross:  
give us grace to perceive his glory,  
that we may be strengthened to suffer with him  
and be changed into his likeness, from glory to glory;  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen.**

## ***The Liturgy of the Word***

### **First Reading: Exodus 24.12-end**

The LORD said to Moses, 'Come up to me on the mountain, and wait there; and I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction.' So Moses set out with his assistant Joshua, and Moses went up into the mountain of God. To the elders he had said, 'Wait here for us, until we come to you again; for Aaron and Hur are with you; whoever has a dispute may go to them.'

Then Moses went up on the mountain, and the cloud covered the mountain. The glory of the LORD settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud. Now the appearance of the glory of the LORD was like a devouring fire on the top of the mountain in the sight of the people of Israel. Moses entered the cloud, and went up on the mountain. Moses was on the mountain for forty days and forty nights.

This is the word of the Lord.

**Thanks be to God**

## **Hymn 721**

Love divine, all loves excelling,  
joy of heaven, to earth come down,  
fix in us thy humble dwelling,  
all thy faithful mercies crown.  
Jesu, thou art all compassion,  
pure unbounded love thou art;  
visit us with thy salvation,  
enter every trembling heart.

Come, almighty to deliver,  
let us all thy grace receive;  
suddenly return, and never,  
never more thy temples leave.  
Thee we would be always blessing,  
serve thee as thy hosts above;  
pray, and praise thee, without ceasing,  
glory in thy perfect love.

Finish then thy new creation:  
pure and spotless let us be;  
let us see thy great salvation  
perfectly restored in thee;  
Changed from glory into glory  
till in heaven we take our place,  
till we cast our crowns before thee,  
lost in wonder, love, and praise.

*Charles Wesley (1707-1788)*

## **Gospel Reading**

*Please stand*

Hear the Gospel of our Lord Jesus Christ according to Matthew.  
**Glory to you, O Lord.**

### **Gospel reading: Matthew 17.1-9**

Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him. Then Peter said to Jesus, 'Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah.' While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, 'This is my Son, the Beloved; with him I am well pleased; listen to him!' When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, 'Get up and do not be afraid.' And when they looked up, they saw no one except Jesus himself alone.

As they were coming down the mountain, Jesus ordered them, 'Tell no one about the vision until after the Son of Man has been raised from the dead.'

This is the Gospel of the Lord.  
**Praise to you, O Christ**

## **Sermon**

Revd Peter Boulton-Lea

## **Affirmation of Faith**

*Please stand*

Let us declare our faith in God:

**We believe in God the Father,  
from whom every family  
in heaven and on earth is named.**

**We believe in God the Son,  
who lives in our hearts through faith,  
and fills us with his love.  
We believe in God the Holy Spirit,  
who strengthens us  
with power from on high.  
We believe in one God;  
Father, Son and Holy Spirit.  
Amen.**

## **Prayers of Intercession**

*Please sit or kneel.*

*These responses may be used*

Lord, hear us.

**Lord, graciously hear us.**

*We pray for those who are sick or in particular need:*

*Naomi Lawrence, Kate Samuel, Grace, Bob Nind, Rosemary, Judith,  
Josie, Baby Ezra, Diana Harrison, Kitty Datta, Polly Friedhoff,  
Evelyn Clare, Baby George, Bob Southgate, Benji, Caroline Wilson.*

*Those who have died recently:*

*Angela Faughnan, Frank Giles, Biddy Mason, Stephanie Skold.*

*Those whose anniversary of death falls at this time:*

*Nancy Allington, Richard Parker, Fay Lofthouse, Dorothy Stannard,  
Valerie Baker, Pamela Weston, Tony Green, Craig Douglas,  
Myrtle Field.*

*And at the end*

Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ. Amen.**

## The Peace

*Please stand*

To crown all things there must be love  
to bind all together and complete the whole.  
Let the peace of Christ rule in our hearts.

The peace of the Lord be always with you  
**and also with you.**

*A minister says*

Let us offer one another a sign of peace.

*All may exchange a sign of Peace.*

### **Hymn 453**

Lord, enthroned in heavenly splendour  
first-begotten from the dead,  
thou alone, our strong defender,  
liftest up thy people's head.  
Alleluia, alleluia,  
Jesu, true and living bread.

Here our humblest homage pay we,  
here in loving reverence bow;  
here for faith's discernment pray we,  
lest we fail to know thee now.  
Alleluia, alleluia,  
thou art here, we ask not how.

Though the lowliest form doth veil thee  
as of old in Bethlehem,  
here as there thine angels hail thee,  
branch and flower of Jesse's stem.  
Alleluia, alleluia,  
we in worship join with them.



Paschal Lamb, thine offering, finished  
once for all when thou wast slain,  
in its fullness undiminished  
shall for evermore remain,  
Alleluia, alleluia,  
cleansing souls from every stain.

Life-imparting heavenly manna,  
stricken rock with streaming side,  
heaven and earth with loud hosanna  
worship thee, the Lamb who died,  
Alleluia, alleluia,  
risen, ascended, glorified!

*George Hugh Bourne (1840-1925)*

### **Taking of the Bread and Wine**

To you we come, Father of lights,  
with angels and saints,  
where heaven and earth unite.  
May Jesus meet us in the breaking of the bread.  
**Amen.**

### **The Eucharistic Prayer**

*Please sit or stand as you are most comfortable*

The Lord be with you  
**and also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

Father, you made the world and love your creation.  
You gave your Son Jesus Christ to be our Saviour.  
His dying and rising have set us free from sin and death.  
And so we gladly thank you,  
with saints and angels praising you, and singing:

**Holy, holy, holy is the Lord;  
holy is the Lord God almighty.  
Holy, holy, holy is the Lord;  
holy is the Lord God almighty,  
who was, and is and is to come.  
Holy, holy, holy is the Lord!**

**Blessed, blessed, blest the one who comes;  
Blest the one who comes in the Lord's name.  
Blessed, blessed, blest the one who comes;  
Blest the one who comes in the Lord's name.  
who was, and is and is to come.  
Holy, holy, holy is the Lord!**

We praise and bless you, loving Father,  
through Jesus Christ, our Lord;  
and as we obey his command,  
send your Holy Spirit,  
that broken bread and wine outpoured  
may be for us the body and blood of your dear Son.  
On the night before he died he had supper with his friends  
and, taking bread, he praised you.  
He broke the bread, gave it to them and said:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

When supper was ended he took the cup of wine.  
Again he praised you, gave it to them and said:  
Drink this, all of you; this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,  
in him we plead with confidence his sacrifice  
made once for all upon the cross.  
Bringing before you the bread of life and cup of salvation,  
we proclaim his death and resurrection  
until he comes in glory.

Great is the mystery of faith  
**Christ has died:**  
**Christ is risen:**  
**Christ will come again.**

Lord of all life,  
help us to work together for that day  
when your kingdom comes  
and justice and mercy will be seen in all the earth.

Look with favour on your people, gather us in your loving arms  
and bring us with the blessed Virgin Mary, and all the saints  
to feast at your table in heaven.  
Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all honour and glory are yours, O loving Father,  
for ever and ever.  
**Amen.**

## **The Lord's Prayer**

*Please sit or kneel*

As our saviour taught us, so we pray

**Our Father in heaven,  
hallowed be your name,  
your kingdom come, your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power  
and the glory are yours,  
now and for ever. Amen.**

## Breaking of the Bread

We break this bread  
to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

slowly

Be - hold the Lamb of God, be - hold the Lamb of God. — He

Be - hold the Lamb, the Lamb of God. He

takes a - way the sin, the sin of the world. —

takes a - way the sin of the world.

The musical score is written for two voices (Soprano and Bass) and piano accompaniment. It is in the key of D major (two sharps) and 4/4 time. The tempo is marked 'slowly'. The lyrics are: 'Be - hold the Lamb of God, be - hold the Lamb of God. — He' (Soprano) and 'Be - hold the Lamb, the Lamb of God. He' (Bass). The second system continues with 'takes a - way the sin, the sin of the world. —' (Soprano) and 'takes a - way the sin of the world.' (Bass).

## Giving of Communion

God's holy gifts  
for God's holy people.

**Jesus Christ is holy,  
Jesus Christ is Lord,  
to the glory of God the Father.**

*This is God's table and all are welcome. Please follow the directions of the steward and follow the one-way system back to your seat. Those sitting towards the back will be invited to come forwards first. If you are wearing a mask, it is most practical if you remove it before receiving communion. The chalice is being administered from the Lady Chapel step. If you wish to receive the chalice, please hold the base of the chalice and guide it towards your lips – the person administering the chalice will not let go of it in the process. Please do not dip your wafer into the chalice. Please note that there is no obligation to take the chalice and it is fine still to receive communion in one kind only (the bread). If you do not wish to receive communion and would prefer a blessing instead, please do come forwards as well.*

## Hymn 610

Christ is the world's true light,  
its captain of salvation,  
the daystar clear and bright  
of every land and nation;  
new life, new hope awakes,  
where peoples own his sway:  
freedom her bondage breaks,  
and night is turned to day.

In Christ all races meet,  
their ancient feuds forgetting,  
the whole round world complete,  
from sunrise to its setting:  
when Christ is throned as Lord,  
lands shall forsake their fear,  
to ploughshare beat the sword,  
to pruning-hook the spear.

One Lord, in one great name  
unite us all who own thee;  
cast out our pride and shame  
that hinder to enthrone thee;  
the world has waited long,  
has travailed long in pain;  
to heal its ancient wrong,  
come, Prince of Peace, and reign!

*George Wallace Briggs (1875-1959)*

### **Prayer after Communion**

Holy God,  
we see your glory in the face of Jesus Christ:  
may we who are partakers at his table  
reflect his life in word and deed,  
that all the world may know his power to change and save.  
This we ask through Jesus Christ our Lord.  
**Amen.**

**Father of all,  
we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord. Amen.**

### ***The Sending Out***

#### **Hymn 676**

*Please stand*

Immortal, invisible, God only wise,  
in light inaccessible hid from our eyes,  
most blessed, most glorious, the Ancient of Days,  
almighty, victorious, thy great name we praise.

Unresting, unhasting, and silent as light,  
nor wanting, nor wasting, thou rulest in might;  
thy justice like mountains high soaring above  
thy clouds which are fountains of goodness and love.

To all life thou givest, to both great and small;  
in all life thou livest, the true life of all;  
we blossom and flourish as leaves on the tree,  
and wither and perish; but naught changeth thee.

Great Father of glory, pure Father of light,  
thine angels adore thee, all veiling their sight;  
all laud we would render: O help us to see  
'tis only the splendour of light hideth thee.

*Walter Chalmers Smith (1824-1908)*

## The Blessing

The Lord bless you and watch over you,  
the Lord make his face shine upon you  
and be gracious to you,  
the Lord look kindly on you and give you peace;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.  
**Amen.**

## The Dismissal

*A minister says*

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

*Voluntary: Sortie in Eb : Louis-James Alfred Lefébure-Wély (1817 – 1869)*

*Please take this booklet away with you, and recycle it when you have finished with it.  
We no longer pass the collection plate around during the service, but you are  
welcome to use the collection plate at the back of church, or the contactless machine,  
if you would like to make a donation to support the work of our church.*

*Common Worship: Services and Prayers for the Church of England copyright © The  
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### Notices: February 19<sup>th</sup>

#### **Sunday Feb 19<sup>th</sup> The Sunday next before Lent**

8am – Holy Communion from the Book of Common Prayer

10am – Parish Eucharist with Forest Sunday School

3pm – Pancake Party *Please see notices below*

#### **Wed 22<sup>nd</sup> February: Ash Wednesday**

10am Said Eucharist with Imposition of Ashes

**7.30pm** Sung Eucharist with Imposition of Ashes

#### **Midweek Services**

Morning Prayer: Mondays at 9am

Tots Service: Tuesdays at 10am

Midweek Communion: Wednesdays at 10am

Prayers for Hope and Healing: Thursdays at 8.30pm (via Zoom).

## **Sunday Feb 23rd The First Sunday of Lent**

8am – Holy Communion from the Book of Common Prayer

10am – Parish Eucharist with Forest Sunday School

**Lent 2023** Lent begins on **Wed 22<sup>nd</sup> February** (Ash Wednesday). There will be two Eucharist services at 10am and 7.30pm, with imposition of ashes. ***Please note*** our Lent Course **Faithful discernment in an age of crisis: an introduction to Ignatian spirituality *has been cancelled.***

**March 5<sup>th</sup> 6pm** will be our next Choral Evensong, and will be at St Nicholas's Old Marston, as we return to share a joint service once again with their Choir. The Preacher will be our own Curate Emily Hockliffe Essex.

**2023: A time to build** As we mark a new church year, we invite everyone to pray for our church building project: that 2023 would be a 'time to build':

God of vision and hope,

we thank you for our church building;

a place of prayer and pilgrimage,

witnessing to your love and presence in our midst.

We pray for our plans to develop the building

to further the work of your kingdom in this and future generations.

We pray for the guidance, resources and skills we need

to bring the project to completion,

and that we would be united in vision and focus

as we work towards this goal,

in the name of Jesus Christ our Cornerstone. Amen.

**Pancake Party on today at 3pm** in the Coach House. Come build a pancake and help raise money for the Church Building fund this year. Please let me know if you are interested in attending (this would really help with numbers and if there are any dietary requirements) For more information please talk to Frances or email [frances.farrar@tiscali.co.uk](mailto:frances.farrar@tiscali.co.uk)

**Thursday Lunch Club** provides a good home cooked lunch twice a month for elderly people who live alone in the Headington area. It has been very well supported since the pandemic. Our guests value the opportunity to meet other people and to enjoy delicious food. We are looking for people who might have a few hours to spare. Would you be able to give a lift to a housebound person who would like to go out for lunch? Or do you enjoy cooking and would be prepared to help our cooks? If so, for more details please contact Katya Drummond on [katya@shotover.net](mailto:katya@shotover.net) or on 763161

**Warm Welcome Space February:** in the Coach House, on Fridays 10am – 12pm on **24<sup>th</sup>** with hot drinks and cake. Please let as many people know about this as you can and take a poster to put up. No booking required just turn up. For info contact Margaret Taylor 765051 or Elizabeth Knight 761476.



**Reserve Drivers needed:** We are building up a list of reserve drivers, who would be prepared to offer lifts to church from time to time, as need arises. This service is enormously valuable to those who would otherwise be unable to get to church. If it's something you feel able to do (or, even better, if you would like to join the regular rota of drivers), please get in touch with Anne Tarassenko: [annetarassenko@hotmail.com](mailto:annetarassenko@hotmail.com), 07443 652082.

**OxClean 2023.** The annual litter pick in Headington Quarry will take place on **Saturday 4th March** starting from **Quarry Hollow Park at 2pm**. Please join us in improving the local environment. Further details from Sheila Allcock (769630)

**Barbara Farrar** would like to thank everyone who prayed for her while she was on our prayer list, she is much better now.

**Advance Warning:** In celebration of Fair Trade Fortnight, you can expect to find a Fair Trade stall here after the 10am. service on **March 12th**. Stock up on your favourite products and try some new ones.

Margaret Samuel and Hilary Rollin for the Eco Church Group.

**Save the Date** – The Parish Trip to the seaside in Bournemouth at Alum Chine is back by popular demand! Book a seat now for **17th June** leaving the Coach house at 8.30am seats are £15 each. For more information or to reserve your seat please talk to Frances or email [frances.farrar@tiscali.co.uk](mailto:frances.farrar@tiscali.co.uk) For those of you who have never been on the trip this is for all ages to visit a wonderful sandy safe beach, with gardens behind, a long sea front and great facilities including a play area.

**Oxford Citizens Listening Launch 20<sup>th</sup> March** Please see the poster on the table at the back of church for more information.

**Asylum Welcome** are in urgent need of donations to their food bank as stocks are currently running very low. They currently provide food to over 80 adults and children on a weekly basis, distributing up to 1000 items for tinned and fresh food every week. They rely entirely on donations for their food bank and are currently particularly in need of cooking oil, tinned tomatoes, milk (UHT) and tinned fish. Please put items in the crate at the back of church You can find a list of all the items that are needed on this page: <https://www.asylum-welcome.org/food/>. Thank you for your support.

**Headington Repair Café:** Don't condemn broken tools etc to landfill! The Bring and Fix Café is back every Tuesday 10.00-12.00 in the (newly-revamped) Bullingdon Community Centre, Peat Moors, OX3 7HS. Experts offer to fix most small electric and household items. Free tea/coffee, biscuits and parking are available. A small donation is appreciated. For further information please phone: 07792 49 13 50. Hilary Rollin for Eco Group

**Eco Church Resources** New Year, New Eco Resources List. For a range of suggestions and links to material on topics related to Climate Change, go to: <https://www.hthq.uk/eco-church-resources/> Hilary Rollin, for Eco Church Group.

**Eco Tips** Eco Tip of the Week: Here's the last in the series of bathroom tips: dental care. Why not switch to bamboo tooth brushes, and tooth paste tablets or tooth powder in jars? (NB this latter goes further and tastes really nice if coconut oil is added). Hilary Rollin for Eco Church Group

**Pastoral care team** Are you in need of support or would you like to talk to someone? We rely on you to let us know of anyone who is ill, or in hospital or who might welcome a visit. Please contact any of the clergy (numbers below) or Helen Day, Janet Masters, Nell Slocock or Anne Tarassenko.

### **Holy Trinity Headington Quarry**

*An open door between heaven and earth,  
showing God's love to all.*

As the Anglican parish in Headington Quarry, Risinghurst and Wood Farm, we are here for every local resident. Our church is open every day. We hope that you will find God's peace as you come to pray or just sit and rest awhile. If you have questions about the Christian faith or would like to find out more about church life, please get in touch:

#### **Contact us**

**Vicar:** Revd Dr Laura Biron-Scott  
[vicar@hthq.uk](mailto:vicar@hthq.uk) 01865 762835

**Associate Priest:** Revd Prof Rob Gilbert  
[associatepriest@hthq.uk](mailto:associatepriest@hthq.uk)

**Curate:** Revd Emily Hockliffe Essex  
[curate@hthq.uk](mailto:curate@hthq.uk) 07979 931889

**Parish Office:** [office@hthq.uk](mailto:office@hthq.uk) 01865 762931

**Churchwardens:** [wardens@hthq.uk](mailto:wardens@hthq.uk)

Website: [www.hthq.org.uk](http://www.hthq.org.uk)