# Holy Trinity Headington Quarry



Fifth Sunday After Trinity

9<sup>th</sup> July 2023

Words of welcome.

#### **Hymn 765**

During the opening hymn, children are welcome to join the forest Sunday school taking place outside.

Please stand

Praise to the Lord, the Almighty, the King of creation; O my soul, praise him, for he is thy health and salvation: all ye who hear, now to his temple draw near, joining in glad adoration.

Praise to the Lord, who o'er all things so wondrously reigneth, shieldeth thee gently from harm, or when fainting sustaineth: hast thou not seen how thy heart's wishes have been granted in what he ordaineth?

Praise to the Lord, who will prosper thy work and defend thee; surely his goodness and mercy shall daily attend thee: ponder anew what the Almighty can do, if to the end he befriend thee.

Praise to the Lord! O let all that is in me adore him! All that hath life and breath, come now with praises before him! Let the Amen sound from his people again; gladly for aye we adore him!

> Lobe den Herren Joachim Neander (1650-1680) tr. Catherine Winkworth (1827-1878)

# The president says

In the name of the Father and of the Son and of the Holy Spirit **Amen** 

The Greeting

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you and also with you.

## **Prayers of Penitence**

## A minister says

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life. Let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

#### Silence is kept.

Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy
forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly,
love mercy,
and walk humbly with you, our God.
Amen

# The president says

Almighty God, who in Jesus Christ has given us a kingdom that cannot be destroyed, forgive you your sins, open your eyes to God's truth, strengthen you to do God's will and give you the joy of God's kingdom, through Jesus Christ our Lord. **Amen.** 

#### Gloria in Excelsis

Glory to God, we give you thanks and praise Of heavenly joy and earthly peace we sing. We worship you, to you our hearts we raise, Lord God, Almighty Father, heavenly King.

Lord Jesus Christ, the Father's only Son, You bore for us the load of this world's sin. O Lamb of God, your glorious victory won, Receive our prayer, grant us your peace within.

Alone, O Christ, you are the only Lord, At God's right hand, in majesty most high. Who with the Spirit, worshipped and adored With all the heavenly host, we glorify.

Tune: 'Woodlands'

The Collect

Let us pray:

Almighty and everlasting God, by whose Spirit the whole body of the Church is governed and sanctified: hear our prayer which we offer for all your faithful people, that in their vocation and ministry they may serve you in holiness and truth to the glory of your name; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Amen.

Please be seated

## The Liturgy of the Word

First Reading: Romans 7. 15-25a

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells

within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

So then, with my mind I am a slave to the law of God, but with my flesh I am a slave to the law of sin.

This is the word of the Lord. **Thanks be to God.** 

Please stand.

## **Hymn 132**

O for a heart to praise my God, a heart from sin set free; a heart that's sprinkled with the blood so freely shed for me:

A heart resigned, submissive, meek, my great Redeemer's throne; where only Christ is heard to speak, where Jesus reigns alone:

A humble, lowly, contrite heart, believing, true, and clean, which neither life nor death can part from him that dwells within:

A heart in every thought renewed, and full of love divine; perfect and right and pure and good a copy, Lord, of thine. Thy nature, gracious Lord, impart, come quickly from above; write thy new name upon my heart, thy new best name of Love.

Charles Wesley (1707-1788)

#### **Gospel Reading**

Please stand. We repeat the refrain.



Hear the Gospel of our Lord Jesus Christ according to Matthew. **Glory to you, O Lord.** 

## Gospel reading: Matthew 11.16-19,25-end

'But to what will I compare this generation? It is like children sitting in the market-places and calling to one another,

"We played the flute for you, and you did not dance; we wailed, and you did not mourn."

For John came neither eating nor drinking, and they say, "He has a demon"; the Son of Man came eating and drinking, and they say, "Look, a glutton and a drunkard, a friend of tax-collectors and sinners!" Yet wisdom is vindicated by her deeds.'

At that time Jesus said, 'I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will.

All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

This is the Gospel of the Lord.

Praise to you, O Christ

Sermon

Revd Canon David Knight

**Nicene Creed** 

Please stand

Let us declare our faith in God.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come.

Amen.

#### **Prayers of Intercession**

Please sit or kneel. The following response may be used:

Lord, hear us.

Lord, graciously hear us.

We pray for those who are sick or in particular need:
Natalia Stoneman, Jemima, Naomi Lawrence,
Kate Samuel, Grace, Rosemary, Judith, Josie, Kitty Datta,
Polly Friedhoff, Baby George, Bob Southgate, Benji, Caroline Wilson.

Those who have died recently: Evelyn Clare, Jennifer Bayliss.

Those whose anniversary of death falls at this time: Heather Goodwin, Audrey Washington, Anthony Miles, Jessica Harper.

These responses may be used

Lord, hear us.

Lord, graciously hear us.

And at the end

Merciful Father, accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

#### Please stand

To crown all things there must be love to bind all together and complete the whole. Let the peace of Christ rule in our hearts. The peace of the Lord be always with you and also with you.

A minister says

Let us offer one another a sign of peace

All may exchange a sign of Peace

## **Hymn 728**

Meekness and majesty, manhood and deity in perfect harmony, the Man who is God. Lord of eternity dwells in humanity, kneels in humility and washes our feet

Oh, what a mystery, meekness and majesty. Bow down and worship for this is your God, this is your God.

Father's pure radiance, perfect in innocence yet learns obedience to death on a cross. Suffering to give us life, conquering through sacrifice, And as they crucify prays: 'Father, forgive.' Oh, what a mystery ...

Wisdom unsearchable,
God the invisible,
Love indestructible
in frailty appears.
Lord of infinity,
stopping so tenderly,
lifts our humanity
to the heights of his throne.
O what a mystery ...

Graham Kendrick (b. 1950)

## Taking of the Bread and Wine

As the grain once scattered in the fields and the grapes once dispersed on the hillside are now reunited on this table in bread and wine, so, Lord, may your whole Church soon be gathered together from the corners of the earth into your kingdom. **Amen**.

#### **The Eucharistic Prayer**

Please sit or stand as you are most comfortable

The Lord be with you and also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God. It is right to give thanks and praise.

Father, you made the world and love your creation. You gave your Son Jesus Christ to be our Saviour. His dying and rising have set us free from sin and death. And so we gladly thank you, with saints and angels praising you, and singing:

Holy, holy, holy is the Lord; holy is the Lord God almighty. Holy, holy, holy is the Lord; holy is the Lord God almighty, who was, and is and is to come. Holy, holy, holy is the Lord!

Blessed, blessed, blest the one who comes; Blest the one who comes in the Lord's name. Blessed, blessed, blest the one who comes; Blest the one who comes in the Lord's name. who was, and is and is to come. Holy, holy, holy is the Lord!

We praise and bless you, loving Father, through Jesus Christ, our Lord; and as we obey his command, send your Holy Spirit, that broken bread and wine outpoured may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends and, taking bread, he praised you. He broke the bread, gave it to them and said: Take, eat; this is my body which is given for you; do this in remembrance of me.

When supper was ended he took the cup of wine.

Again he praised you, gave it to them and said:

Drink this, all of you;

this is my blood of the new covenant,

which is shed for you and for many for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did, in him we plead with confidence his sacrifice made once for all upon the cross.

Bringing before you the bread of life and cup of salvation, we proclaim his death and resurrection until he comes in glory.

Great is the mystery of faith: Christ has died: Christ is risen:

Christ will come again.

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.
Look with favour on your people,
gather us in your loving arms
and bring us with the Blessed Virgin Mary and all the saints
to feast at your table in heaven.
Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

Amen.

The Lord's Prayer

Please sit or kneel

As our saviour taught us, so we pray

Our Father in heaven,
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power
and the glory are yours,
now and for ever. Amen.

**Breaking of the Bread** 

We break this bread to share in the body of Christ.

Though we are many, we are one body, because we all share in one bread.

#### **Agnus Dei**



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#### **Giving of Communion**

world.

God's holy gifts for God's holy people. Jesus Christ is holy, Jesus Christ is Lord, to the glory of God the Father.

a - way

takes

This is God's table and all are welcome. Please follow the directions of the steward and follow the one-way system back to your seat. Those sitting towards the back will be invited to come forwards first. If you are wearing a mask, it is most practical if you remove it before receiving communion. The chalice is being administered from the Lady Chapel step. If you wish to receive the chalice, please hold the base of the chalice and guide it towards your lips – the person administering the chalice will not let go of it in the process. Please do not dip your wafer into the chalice. Please note that there is no obligation to take the chalice and it is fine still to receive communion in one kind only (the bread). If you do not wish to receive communion and would prefer a blessing instead, please do come forwards as well.

#### **Hymn 455**

My God, and is thy table spread, and doth thy cup with love o'erflow? Thither be all thy children led, and let them all thy sweetness know.

Hail, sacred feast which Jesus makes, rich banquet of his flesh and blood! Thrice happy he who here partakes that sacred stream, that heavenly food.

Why are its bounties all in vain before unwilling hearts displayed? Was not for them the Victim slain? Are they forbid the children's bread?

O let thy table honoured be, and furnished well with joyful guests; and may each soul salvation see, that here its sacred pledges tastes.

Philip Doddridge (1702-1751)

# **Prayer after Communion**

Grant, O Lord, we beseech you, that the course of this world may be so peaceably ordered by your governance, that your Church may joyfully serve you in all godly quietness; through Jesus Christ our Lord.

Amen.

Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.

Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord.

Amen.

# The Sending Out

Please stand

## **Hymn 754**

O worship the King, all glorious above; O gratefully sing his power and his love; our shield and defender, the Ancient of Days, pavilioned in splendour and girded with praise.

O tell of his might, O sing of his grace, whose robe is the light, whose canopy space; his chariots of wrath the deep thunderclouds form, and dark is his path on the wings of the storm.

Thy bountiful care, what tongue can recite? It breathes in the air, it shines in the light; it streams from the hills, it descends to the plain, and sweetly distills in the dew and the rain.

Frail children of dust, and feeble as frail, in thee do we trust, nor find thee to fail; thy mercies how tender, how firm to the end, Our Maker, Defender, Redeemer, and Friend.

O measureless Might, ineffable love, while angels delight to hymn thee above, thy humbler creation, though feeble their lays, with true adoration shall sing to thy praise.

Robert Grant (1779-1838) based on Psalm 104

#### The Blessing

The peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.** 

The Dismissal

Go in peace to love and serve the Lord. In the name of Christ. Amen.

**Voluntary:** Prelude in C Major BWV545 by J.S. Bach

Please do join us for refreshments outside (or inside if raining!)
Please take this booklet away with you, and recycle it when you have
finished with it. We no longer pass the collection plate around during the
service, but you are welcome to use the collection plate at the back of
church, or the contactless machine, if you would like to make a donation
to support the work of our church.

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Notices: July 9th

# Sunday July 9th: Fifth Sunday after Trinity

8am Holy Communion 10am Parish Eucharist with Forest Sunday School

#### **Midweek Services**

Morning Prayer: Monday to Thursday at 9am

Tots Service: Tuesdays at 10am

Eucharist Service: Wednesdays at 10am

## Sunday July 16th: Sixth Sunday after Trinity

8am Holy Communion 10am Parish Eucharist with Forest Sunday School

#### **Dates for Diaries:**

Church fete - 15th July- see notices

Hymns of Creation: Fundraising Concert at Magdalen College

Chapel - Saturday 29th July 6pm

https://www.eventbrite.co.uk/e/hymns-of-creation-tickets-

619793979477

## 2023: A time to build: Exciting Updates!

We are delighted to announce that our loan application from Methodist Chapel Aid has been approved! This means that we now have the finance in place to complete our project.

The application process was helped considerably by the incredible generosity shown by those who have contributed towards our latest and final fundraising appeal to finance the loan. Thank you so much to all who have been able to contribute, and to everyone who has supported the process with their prayers. The total amount pledged so far is £144,000, towards a loan of £250,00. If you haven't yet been able to send in a pledge form, we would still love to hear from you! Those who have sent in pledge forms will be contacted in due course about the next steps. Please continue to hold the project in your prayers as we look to finalise the start date. As the psalmist writes: 'unless the Lord builds the house, those who labour build it in vain' (Psalm 127.1).

God of vision and hope, we thank you for our church building; a place of prayer and pilgrimage, witnessing to your love and presence in our midst. We pray for our plans to develop the building to further the work of your kingdom in this and future generations.

We pray for the guidance, resources and skills we need to bring the project to completion, and that we would be united in vision and focus as we work towards this goal, in the name of Jesus Christ our Cornerstone. Amen.

**Parish Office** please note is closed and will reopen on Tuesday 18 July.

#### **Summer Fete Next Saturday 15 July 2023**

**Please take a poster to put up.** You can bring donated items to The Coach House on Friday 14 between 10.00 am and 12 noon. Please drop off any baking at the Coach House between 2.30-4 pm, or on the morning of the 15th. Please could you also provide a list of ingredients. It takes us a long time to sort and price donations so the earlier we receive goods, the better! Please complete a Gift Aid form to help us increase the value of your donations. Last year's Gift Aid claim raised £140 so we would urge you to complete a Gift Aid form with your donations. It makes a real difference. Most importantly come along with family, friends and neighbours to support this enjoyable event.

Fete committee: Derek and Margaret Taylor (765051), Mike and Lisa (768077), Linda & Howard (765003), Janet Foot (762450)

**Latest Eco Resources List**: For links and details of a range of webinars and other materials on environmental issues, please go to <a href="https://www.hthq.uk">https://www.hthq.uk</a>

**Eco Tips** Eco Tip of the Week: For a water-saving tip on a grand scale, and if you sometimes enjoy a bath as a change from a shower, rig up a system to syphon the bath water down to water the garden, but remember not to use soap! (Hilary Rollin for Eco Church Group)

**Pastoral care team** Are you in need of support or would you like to talk to someone? We rely on you to let us know of anyone who is ill, or in hospital or who might welcome a visit. Please contact any of the clergy (numbers overleaf) or Helen Day, Janet Masters, or Anne Tarassenko.

## **Holy Trinity Headington Quarry**

An open door between heaven and earth, showing God's love to all.

As the Anglican parish in Headington Quarry, Risinghurst and Wood Farm, we are here for every local resident. Our church is open every day. We hope that you will find God's peace as you come to pray or just sit and rest awhile. If you have questions about the Christian faith or would like to find out more about church life, please get in touch:

#### **Contact us**

**Vicar**: Revd Dr Laura Biron-Scott vicar@hthq.uk 01865 762835

Associate Priest: Revd Prof Rob Gilbert

associatepriest@hthq.uk

**Curate**: Revd Emily Hockliffe Essex curate@hthq.uk 07979 931889

Parish Office: office@hthq.uk 01865 762931

**Churchwardens**: wardens@hthq.uk

Website: <a href="https://www.hthq.org.uk">www.hthq.org.uk</a>