

Holy Trinity
Headington Quarry

A Journey  through Lent

The Second Sunday of Lent

25th February 2024

The Gathering

Words of welcome.

Hymn 131

During the opening hymn, children are welcome to join the forest Sunday school taking place outside.

O for a closer walk with God,
a calm and heavenly frame;
a light to shine upon the road
that leads me to the Lamb!

What peaceful hours I once enjoyed,
how sweet their memory still!
But they have left an aching void
the world can never fill.

Return, O holy Dove, return,
sweet messenger of rest:
I hate the sins that made thee mourn
and drove thee from my breast.

The dearest idol I have known,
whate'er that idol be,
help me to tear it from thy throne
and worship only thee.

So shall my walk be close with God,
calm and serene my frame;
so purer light shall mark the road
that leads me to the Lamb.

William Cowper (1731-1800)

The president says

In the name of the Father
and of the Son
and of the Holy Spirit
Amen

The Greeting

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ
be with you
and also with you.

Prayers of Penitence

A minister says

The sacrifice of God is a broken spirit;
a broken and contrite heart God will not despise.
Let us come to the Lord, who is full of compassion,
and acknowledge our transgressions in penitence and faith.

Silence is kept.

**Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name.
Amen.**

Kyrie

Andante

10 Organ

mp Lord have mer-cy, Lord have mer-cy. *mf* Christ have

mer-cy, Christ have mer-cy. *mp* Lord have mer-cy, Lord have mer-cy.

The musical score is written on two staves. The top staff is for the organ, starting at measure 10. The bottom staff is for the voice. The tempo is marked 'Andante'. The key signature has one flat (B-flat). The time signature is 3/4. Dynamics include *mp* (mezzo-piano) and *mf* (mezzo-forte). The lyrics are: 'Lord have mer-cy, Lord have mer-cy. Christ have mer-cy, Christ have mer-cy. Lord have mer-cy, Lord have mer-cy.'

The president says

The almighty and merciful Lord
grant you pardon and forgiveness of all your sins
time for amendment of life,
and the grace and strength of the Holy Spirit.
Amen.

The Collect

Let us pray:

Almighty God,
you show to those who are in error the light of your truth,
that they may return to the way of righteousness:
grant to all those who are admitted
into the fellowship of Christ's religion,
that they may reject those things
that are contrary to their profession,
and follow all such things as are agreeable to the same;
through our Lord Jesus Christ,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen**

The Liturgy of the Word

First Reading: Romans 4:13-end

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, 'I have made you the father of many nations')—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. Hoping against hope, he believed that he would become 'the father of many nations', according to what was said, 'So


numerous shall your descendants be.’ He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), or when he considered the barrenness of Sarah’s womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore his faith ‘was reckoned to him as righteousness.’ Now the words, ‘it was reckoned to him’, were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him who raised Jesus our Lord from the dead, who was handed over to death for our trespasses and was raised for our justification.

This is the word of the Lord.
Thanks be to God

Gospel Reading


Please stand.

Refrain




Praise to you, O Christ, our Sav-iour, Word of the Fa-ther, call-ing us to life;

5



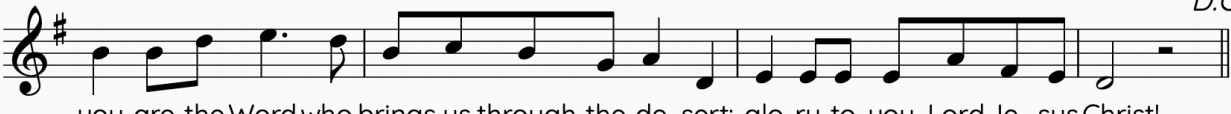
Son of God who leads us to free-dom: glo-ry to you, Lord Je-sus Christ! Christ!

10 Verse



You are the Word whocalls us out of dark-ness;you are the Word who leads us in- to light;

14



you are the Word who brings us through the de-ert: glo-ry to you, Lord Je- sus Christ!

Hear the Gospel of our Lord Jesus Christ according to Mark.
Glory to you, O Lord.

Gospel reading: Mark 8:31-end

Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, 'Get behind me, Satan! For you are setting your mind not on divine things but on human things.'

He called the crowd with his disciples, and said to them, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.'

This is the Gospel of the Lord.

Praise to you, O Christ

Sermon

Revd Prof Rob Gilbert

The Nicene Creed

Please stand

Let us declare our faith in God

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;**

**through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the
dead, and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and
glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of Intercession

Please sit or kneel.

These responses may be used

Lord, hear us.

Lord, graciously hear us.

We pray for those who are sick or in particular need:

*Natalia Stoneman, Naomi Lawrence, Kate Samuel,
Grace, Josie, Kitty Datta, Atmadeep Novo Datta, Bob Southgate,
Benji, Astrid Brooke, Caroline Winwood, Enid Owens, Andrew Allcock.*

Those who have died recently:

Bishop Alan Wilson, Gwynneth Knight, Janne Goble.

Those whose anniversary of death falls at this time:

*Tony Green, Craig Douglas, Myrtle Field, Felicity Edwards,
Charlie Kimber, Elizabeth Whitwick, Marian Douglas.*

And at the end

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

The Peace

Please stand

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.
The peace of the Lord be always with you
and also with you.

A minister says

Let us offer one another a sign of peace.

All may exchange a sign of Peace.

Hymn 460

O thou, who at thy Eucharist didst pray
that all thy Church might be for ever one,
grant us at every Eucharist to say
with longing heart and soul, 'Thy will be done':
O may we all one Bread, one Body be,
through this blest sacrament of unity.

For all thy Church, O Lord, we intercede;
make thou our sad divisions soon to cease;
draw us the nearer each to each, we plead,
by drawing all to thee, O Prince of Peace:
thus may we all one Bread, one Body be,
through this blest Sacrament of unity.

We pray thee too for wanderers from thy fold;
O bring them back, good Shepherd of the sheep,

back to the faith which saints believed of old,
back to the Church which still that faith doth keep:
soon may we all one Bread, one Body be,
through this blest Sacrament of unity.

So, Lord, at length when sacraments shall cease,
may we be one with all thy Church above,
one with thy saints in one unbroken peace,
one with thy saints in one unbounded love:
more blessed still, in peace and love to be
one with the Trinity in Unity.

William Henry Turton (1856-1938)

Taking of the Bread and Wine

God of our journey,
as we walk with you on your path of obedience,
sustain us on our way and lead us to your glory;
through Jesus Christ our Lord.

Amen.

The Eucharistic Prayer

Please sit or stand as you are most comfortable

The Lord be with you
and also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.
For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline

we may grow in grace
 and learn to be your people once again.
 Through fasting, prayer and acts of service
 you bring us back to your generous heart.

Through study of your holy word
 you open our eyes to your presence in the world
 and free our hands to welcome others
 into the radiant splendour of your love.
 As we prepare to celebrate the Easter feast
 with joyful hearts and minds
 we bless you for your mercy
 and join with saints and angels
 for ever praising you and singing:

Sanctus and Benedictus

Moderato

Ho - ly, Ho - ly, Ho - ly Lord, God of
 10 power and might. Heav'n and earth are full of your glo-ry. Ho - san - na in the
 19 high - est. Bles-sed is he, O bles-sed is he who comes in the name of the Lord.
 28 Ho - san - na in the high - est, ho - san - na in the high - est.

We praise and bless you, loving Father,
 through Jesus Christ, our Lord;
 and as we obey his command,
 send your Holy Spirit,
 that broken bread and wine outpoured
 may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
 and, taking bread, he praised you.
 He broke the bread, gave it to them and said:
 Take, eat; this is my body which is given for you;
 do this in remembrance of me.

When supper was ended he took the cup of wine.
 Again he praised you, gave it to them and said:
 Drink this, all of you;
 this is my blood of the new covenant,
 which is shed for you and for many for the forgiveness of sins.
 Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,
 in him we plead with confidence his sacrifice
 made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,
 we proclaim his death and resurrection
 until he comes in glory.

Deacon: Christ is the bread of life

Acclamation

Moderato *mp*

10

When we eat this bread and drink this cup we pro-claim your
 death, Lord Je - sus, un - til you come in glo - ry, un - til you come in glo - ry.

Lord of all life,
 help us to work together for that day
 when your kingdom comes
 and justice and mercy will be seen in all the earth.
 Look with favour on your people,
 gather us in your loving arms
 and bring us with the blessed Virgin Mary and all the saints
 to feast at your table in heaven.
 Through Christ, and with Christ, and in Christ,
 in the unity of the Holy Spirit,
 all honour and glory are yours, O loving Father,
 for ever and ever.

Amen

The Lord's Prayer

Please sit or kneel

As our saviour taught us, so we pray
**Our Father in heaven,
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power
and the glory are yours,
now and for ever. Amen.**

Breaking of the Bread

We break this bread
to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

Agnus Dei

8 Lamb of God, you take a - way the sins of the world, have
mer - cy_ on us. Lamb of God, you take a - way the sins of the world, have mer - cy_ on
15 us. Lamb of God, you take a - way the sins of the world, grant_ us peace.

Giving of Communion

God's holy gifts
for God's holy people.
**Jesus Christ is holy,
Jesus Christ is Lord,
to the glory of God the Father.**

This is God's table and all are welcome. Please follow the directions of the steward. With the North aisle inaccessible, you will be directed down and back up the central aisle. To make this as smooth as possible, please allow everyone in your pew to come out before queueing. Those sitting towards the back on each side will be invited to come forwards first.

If you are wearing a mask, it is most practical if you remove it before receiving communion. Please do not dip your wafer into the chalice. Please note that there is no obligation to take the chalice and it is fine still to receive communion in one kind only (the bread).

If you do not wish to receive communion and would prefer a blessing instead, please do come forwards as well.

Hymn 451i

Just as I am, without one plea
but that thy blood was shed for me,
and that thou bidst me come to thee,
O Lamb of God, I come.

Just as I am, though tossed about
with many a conflict, many a doubt,
fightings and fears within, without,
O Lamb of God, I come.

Just as I am, poor, wretched, blind;
sight, riches, healing of the mind,
yea, all I need, in thee to find,
O Lamb of God, I come.

Just as I am, thou wilt receive,
wilt welcome, pardon, cleanse, relieve:
because thy promise I believe,
O Lamb of God, I come.

Just as I am, thy love unknown
has broken every barrier down;
now to be thine, yea, thine alone,
O Lamb of God, I come.

Just as I am, of that free love
the breadth, length, depth, and height to prove,
here for a season, then above,
O Lamb of God, I come.

Charlotte Elliott (1789-1871)

Prayer after Communion

Almighty God,
you see that we have no power of ourselves to help ourselves:
keep us both outwardly in our bodies,
and inwardly in our souls;
that we may be defended from all adversities
which may happen to the body,
and from all evil thoughts which may assault and hurt the soul;
through Jesus Christ our Lord.
Amen.

**Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord. Amen.**

The Sending Out

Hymn 135

Please stand

Take up thy cross, the Saviour said,
if thou wouldst my disciple be;
deny thyself, the world forsake,
and humbly follow after me.

Take up thy cross: let not its weight
fill thy weak spirit with alarm;
his strength shall bear thy spirit up,
and brace thy heart, and nerve thine arm.

Take up thy cross, nor heed the shame,
nor let thy foolish pride rebel:
thy Lord for thee the cross endured,
to save thy soul from death and hell.

Take up thy cross then in his strength,
and calmly every danger brave;
'twill guide thee to a better home,
and lead to victory o'er the grave.

Take up thy cross, and follow Christ,
nor think till death to lay it down;
for only they who bear the cross
may hope to wear the glorious crown.

To thee, great Lord, the One in Three,
all praise for evermore ascend:
O grant us in our home to see
the heavenly life that knows no end.

Charles William Everest (1814-1877)

The Blessing

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always
Amen.

The Dismissal

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Please do join us for refreshments in the Coach House via the Quarry Road path. Please take this booklet away with you, and recycle it when you have finished with it. We no longer pass the collection plate around during the service, but you are welcome to use the collection plate at the back of church, or the contactless machine, if you would like to make a donation to support the work of our church. If you would like to sign up to regular monthly giving, please visit www.hthq.uk/giving-to-the-church for more information.

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Notices: 25th February 2024

Sunday Feb 25th: Second Sunday of Lent

8am Holy Communion

10am Parish Eucharist and Forest Sunday School

Midweek Services

Morning Prayer: 9am Monday and Tuesdays in the Coach House.

Midweek Communion: Wednesdays at 10am

Sunday March 3rd: Third Sunday of Lent

8am Holy Communion

10am Parish Eucharist and Forest Sunday School

Housekeeping matters during the building work: Please kindly note that toilet facilities are available at the Coach House, and the vestry is now strictly out of use. Seating is more restricted inside the church - please be considerate when choosing a pew and allow space for latecomers if possible (**please consider filling up from the front!**). The back pews are reserved for children and families attending Sunday school. In the event of an emergency, fire exits are at the main church door and the chancel door. As the colder months approach please remember to wrap up warm when you come to church. With the north aisle boxing we don't have the full benefit of the church heating. Fleece blankets are available from the welcomers if needed!

We are so grateful that the building work is progressing smoothly and to plan! Although the church will look and feel quite different over the coming months of building work, we remember that we have laboured for a very long time to bring these plans to fruition, and we all look forward in faith and hope to the completion of the works in 2024. Please continue to hold the project in your prayers. As the psalmist writes: 'unless the Lord builds the house, those who labour build it in vain' (Psalm 127.1). We ask you all to pray especially for wisdom for our architect and contractors, and for peaceful relations with our neighbours and local residents affected by the work.

God of vision and hope,
we thank you for our church building;
a place of prayer and pilgrimage,
witnessing to your love and presence in our midst.
We pray for our plans to develop the building
to further the work of your kingdom in this and future generations.

We pray for the guidance, resources and skills we need to bring the project to completion, and that we would be united in vision and focus as we work towards this goal, in the name of Jesus Christ our Cornerstone. Amen.

Birthday congratulations! Liz Owen, from our 10am Sunday Eucharist congregation has just celebrated her 91st Birthday. Roy Kerry is about to celebrate his 97th Birthday on March 2nd. Roy is a regular member of the Wednesday morning service and has done an invaluable job over many years of updating all our churchyard records. He is only now retiring from that role! Our warmest congratulations to them both.

Tots Morning – Our next tots morning will be held on Tuesday **12th March at 10am in the Coach House.**

Can you help? Following our recent PCC meeting, we are looking for some extra congregational support to enable our new working groups to flourish and succeed. **Would you be interested in joining one of our newly formed groups?**

1. Finance and strategy. Led by Richard Stoneman, this group will explore the recommendations of our recent financial review, helping our church to become more financially sustainable in both the short and long term.

2. 175th anniversary celebrations

Led by Margaret Taylor and Frances Farrar, this group will oversee the celebrations for our church's 175th birthday, which will coincide with the end of our building project.

Please contact any of the group leaders if you are interested in joining or finding out more - we would love you to join us! You can also email or phone Helen in the Parish Office who would be happy to pass your contact details on to the group leaders.

New Churchyard Working Party Saturday March 16th March 10 – 12 noon The churchwardens have asked me to try and restart regular churchyard work parties. I hope some of the previous work party members will be able to help again but we should very much welcome new volunteers. The work involved is mainly weeding, edging, general tidying, some pruning which will be supervised and shared out depending on who comes along on the day.

Perhaps some people might take over the maintenance of particular neglected graves, which could be done in their own time. Volunteers need to bring their own secateurs and weeding implements, with gloves if required if at all possible. We have a supply of digging and cutting tools for any heavier jobs. Please contact Susan Houlton or Helen Day in the Parish Office

Julian Group. The March meeting will be on **Friday 1st March at 2.30 pm at 3 Barton Road, Headington.** We meditate for half an hour on a passage provided by one of us and then discuss it before having a social time with tea/coffee and biscuits. New members are very welcome. Please contact me for further details: **Sheila Allcock 01865-769630**

OxClean 2024. This year's litter pick will be on **Saturday 2nd March at 2 pm starting from Quarry Hollow.** Please come and join us in removing the rubbish from our beautiful area. Please contact me for further details: **Sheila Allcock 01865-769630**

Lent Resources

This year's Diocesan 'Come and See' course is entitled: The Way of Love. Everyone who registers will receive a daily short email to reflect on, and a weekly short video from Bishop Steven exploring the themes in a bit more detail. The materials are suitable both for those who are exploring faith for the first time and those with an established faith. There are also special materials for family groups and schools. You can sign up here: <https://oxford.anglican.org/come-and-see>

If you would like a book to help deepen your life of prayer during Lent, Revd Laura recommends: *The Way of Ignatius: A Prayer Journey through Lent*, by Gemma Simmonds. If you are interested in meeting to discuss the book, please get in touch with Laura: we may set up a group meeting midway through Lent to share our reflections together.

Stitching the Cross - a series of four embroidery retreats at Christ Church Cathedral: 28th Feb, 6th March, 13th March, 20th March (10am-4pm). Reflections on four different cross designs will be given by Cathedral clergy during the day, with instruction given on stitching (suitable for all levels). The cost is £60 per person per day. Booking is essential (you can book for the series or just one date). Further enquiries and to book: sally.welch@chch.ox.ac.uk

Save the Date – Back by popular demand the coach has been booked for the **annual parish day out at Alum Chine Bournemouth on 22nd June** seats will be £20 each to book your seat or for more information about this All Age wonderful day please email frances.farrar@tiscali.co.uk

Annual Friendship Walk of Faiths 6-8.00pm, Thursday 27 June The Walk begins at 6pm from the Jewish Centre, Richmond Road, stops at St Giles and the University Church, and ends at about 8pm at a mosque in East Oxford. At each place the Walkers are greeted and there are reflections from members of different faith traditions. The synagogue will be open to visitors from 5.30pm. The Walk is organised by the Oxford

Council of Faiths (OxCoF) It provides an opportunity to meet and walk with people from Oxford's many different faith communities.
People of all faiths and none are welcome to join in the Walk.

This week's Eco Tips: In line with the C of E's General Synod currently being held, and its emphasis on biodiversity, here's another suggestion about bird life. This is a good time to clean out existing nest boxes and instal new ones in readiness for the nesting season, and to sow seeds to grow insect-friendly plants, and plants whose seeds will appeal to birds later in the year. *Hilary Rollin, Eco Group.*

Pastoral care team Are you in need of support or would you like to talk to someone? We rely on you to let us know of anyone who is ill, or in hospital or who might welcome a visit. Please contact any of the clergy (numbers on back page) or Helen Day, Janet Masters, or Anne Tarassenko.

Holy Trinity Headington Quarry

*An open door between heaven and earth,
showing God's love to all.*

As the Anglican parish in Headington Quarry, Risinghurst and Wood Farm, we are here for every local resident. Our church is open every day. We hope that you will find God's peace as you come to pray or just sit and rest awhile. If you have questions about the Christian faith or would like to find out more about church life, please get in touch:

Contact us

Vicar: Revd Dr Laura Biron-Scott
vicar@hthq.uk 01865 762835

Associate Priest: Revd Prof Rob Gilbert
associatepriest@hthq.uk

Curate: Revd Emily Hockliffe Essex
curate@hthq.uk 07979 931889

Parish Office: office@hthq.uk 01865 762931

Churchwardens: wardens@hthq.uk

Website: www.hthq.org.uk

Church post code for emergencies: OX3 8LQ