



Holy Trinity Headington Quarry

**An open door between heaven and earth,
showing God's love to all**



The First Sunday of Lent

22nd February 2026

Welcome to Holy Trinity! If you are new to the church or visiting, please make yourself known to one of the welcomers, and let us know any additional needs you may have. An accessible toilet and baby change facilities are located in the meeting room on the north side of the church (across from the door you came in.)

Children are a beloved and integral part of Holy Trinity, and most Sundays we run a Forest Sunday School in our small woodland area of the churchyard (resumes today). The welcomers will point you in the direction of the Sunday School leaders. Children and babies are very welcome to stay in the service, or to use the meeting room if a break-out space would be helpful. We are not bothered by noise or children being children: we're just glad you're here.

Please sit, or stand as you feel comfortable during the service, and join in with the words in bold type. Tea, coffee and refreshments are served after the service: please stay for a friendly chat if you would like to.

Holy Trinity is funded almost entirely by donations. If you are able to contribute today as part of your worship, you can do so using the card reader or plate by the door on your way in or out. Regular supporters of Holy Trinity are encouraged to do so via the Parish Giving Scheme: a secure, tax-efficient way of contributing to our ministry here.

(i) You can access the Scheme's website through the QR code below and click on "Regular Giving," or visit

<https://www.parishgiving.org.uk/donors/find-your-parish/headington-quarry-holy-trinity-oxford/>

(ii) call the Scheme on 0333 002 1271, Monday to Friday, 9am - 5pm.



Welcome and Introduction

The president says

In the name of the Father
and of the Son
and of the Holy Spirit
Amen

Words of welcome and any notices are given.

Hymn 121

Forty days and forty nights
thou wast fasting in the wild;
forty days and forty nights
tempted, and yet undefiled:

Sunbeams scorching all the day;
chilly dew-drops nightly shed;
prowling beasts about thy way;
stones thy pillow, earth thy bed.

Shall not we thy sorrows share,
and from earthly joys abstain,
fasting with unceasing prayer,
glad with thee to suffer pain?

And if Satan, vexing sore,
flesh or spirit should assail,
thou, his vanquisher before,
grant we may not faint nor fail.

So shall we have peace divine;
holier gladness ours shall be;
round us too shall angels shine,
such as ministered to thee.

Keep, O keep us, Saviour dear,
ever constant by thy side;
that with thee we may appear
at the eternal Eastertide.

George Hunt Smyttan (1822-1870) and Francis Pott (1832-1909)

The president says

The Lord be with you.
And also with you.

Prayers of Penitence

A minister says

The sacrifice of God is a broken spirit;
a broken and contrite heart God will not despise.
Let us come to the Lord, who is full of compassion,
and acknowledge our transgressions in penitence and faith.

Silence is kept.

Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

**Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name.
Amen.**

Kyrie

Andante

mp *mf*

10 Organ

Lord have mer-cy, Lord have mer-cy. Christ have mer-cy, Christ have mer-cy. Lord have mer-cy, Lord have mer-cy.

The president says

The almighty and merciful Lord
grant you pardon and forgiveness of all your sins
time for amendment of life,
and the grace and strength of the Holy Spirit.

Amen.

The Collect

Let us pray:

Heavenly Father,
your Son battled with the powers of darkness,
and grew closer to you in the desert:
help us to use these days to grow in wisdom and prayer
that we may witness to your saving love
in Jesus Christ our Lord.

Amen.

The Liturgy of the Word

First Reading: Romans 5. 12-19

Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned— sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

This is the word of the Lord.
Thanks be to God

Gospel Reading

Please remain standing.

Refrain



Praise to you, O Christ, our Sav-iour, Word of the Fa-ther, call-ing us to life;

5



Son of God who leads us to free-dom: glo-ry to you, Lord Je-sus Christ! Christ!

10 Verse



You are the Word who calls us out of dark-ness; you are the Word who leads us in- to light;

14



you are the Word who brings us through the de-sert: glo-ry to you, Lord Je - sus Christ!

D.C.

The gospel is announced:

Hear the Gospel of our Lord Jesus Christ according to Matthew.
Glory to you, O Lord.

Gospel reading: Matthew 4.1-11

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was famished. The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written,

"One does not live by bread alone,
but by every word that comes from the mouth of God."

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down; for it is written,

"He will command his angels concerning you",
and "On their hands they will bear you up,
so that you will not dash your foot against a stone."

Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test."'

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, 'All these I will give you, if you will fall down and worship me.' Jesus said to him, 'Away with you, Satan! for it is written,

"Worship the Lord your God,
and serve only him."

Then the devil left him, and suddenly angels came and waited on him.

This is the Gospel of the Lord.

Praise to you, O Christ

Sermon

The Revd Martin Little

The Nicene Creed

Please stand

Let us declare our faith in God

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary**

and was made man.

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

**He will come again in glory to judge the living and the
dead, and his kingdom will have no end.**

We believe in the Holy Spirit,

the Lord, the giver of life,

who proceeds from the Father and the Son,

**who with the Father and the Son is worshipped and
glorified,**

who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come.

Amen.

Prayers of Intercession

Please sit or kneel.

These responses may be used

Lord, hear us.

Lord, graciously hear us.

We pray for those in need of our prayers:

*Grace, Kitty Datta, Atmadeep Novo Datta, Bob Southgate, Benjie,
Hunter Merritt, Maureen, Christine, Janet Lever, Len Farrar,
Gillian Winman, David Blackman, Andrew Tolhurst, Julie,
Malcolm Woodcock, Pamela.*

Those being baptised:

Issac Jones

Those who have died recently:

Frank Priestley.

Those whose anniversary of death falls at this time:

*Dorothy Stannard, Pamela Weston, Tony Green, Craig Douglas,
Myrtle Field, Felicity Edwards, Charles Kimber, Elizabeth Whitwick.*

And at the end

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Peace

Please stand

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.

The peace of the Lord be always with you
and also with you.

A minister says

Let us offer one another a sign of peace.

All may exchange a sign of Peace.

Hymn 763

Praise to the Holiest in the height,
and in the depth be praise:
in all his words most wonderful,
most sure in all his ways.

O loving wisdom of our God!
When all was sin and shame,
a second Adam to the fight
and to the rescue came.

O wisest love! that flesh and blood,
which did in Adam fail,
should strive afresh against the foe,
should strive and should prevail;

And that a higher gift than grace
should flesh and blood refine,
God's presence and his very self,
and essence all-divine.

O generous love! that he, who smote
in Man for man the foe,
the double agony in Man
for man should undergo;

And in the garden secretly,
and on the cross on high,
should teach his brethren, and inspire
to suffer and to die.

Praise to the Holiest in the height,
and in the depth be praise:
in all his words most wonderful,
most sure in all his ways.

John Henry Newman (1801-1890)

Taking of the Bread and Wine

The table is prepared and bread and wine are placed upon it.

Blessed are you, Lord God of abundance:
through your goodness we have this bread to set before you,
which earth has given and human hands have made.
It will become for us the bread of life.

Blessed be God for ever.

Blessed are you, Lord God of abundance:
through your goodness we have this wine to set before you,
fruit of the vine and work of human hands.
It will become for us the cup of salvation.

Blessed be God for ever.

Please sit or stand as you are most comfortable

The Eucharistic Prayer

The Lord be with you
and also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.
For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.
Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.
As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and singing:

10 Ho - ly, Ho - ly, Ho - ly Lord, God of
19 power and might. Heav'n and earth are full of your glo-ry. Ho - san - na in the
high - est. Bles-sed is he, O bles-sed is he who comes in the name of the Lord.
28 Ho - san - na in the high - est, ho - san - na in the high - est.

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
and, taking bread, he praised you.
He broke the bread, gave it to them and said:
Take, eat; this is my body which is given for you;
do this in remembrance of me. *(Bells are rung)*

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.
(Bells are rung)

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.
Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

Christ is the bread of life

10

When we eat this bread and drink this cup we pro-claim your
death, Lord Je - sus, un - til you come in glo - ry, un - til you come in glo - ry.

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.
Look with favour on your people,
gather us in your loving arms
and bring us with the blessed Virgin Mary and all the saints
to feast at your table in heaven.
Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

Amen.

The Lord's Prayer

Please sit or kneel

As our saviour taught us, so we pray

**Our Father in heaven,
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power
and the glory are yours,
now and for ever.
Amen.**

Breaking of the Bread

Every time we eat this bread and drink this cup
**We proclaim the Lord's death
until he comes.**

Agnus Dei

Slowly

8 *mp* Lamb of God, you take a - way the sins of the world, have
mer - cy_ on us. Lamb of God, you take a - way the sins of the world, have mer - cy_ on

15 *mf* *mp* us. Lamb of God, you take a - way the sins of the world, grant_ us peace.

Giving of Communion

Draw near with faith.
Receive the body of our Lord Jesus Christ
which he gave for you,
and his blood which he shed for you.
Eat and drink
in remembrance that he died for you,
and feed on him in your hearts
by faith with thanksgiving.

This is God's table and all are welcome. Please follow the directions of the stewards. We will form two lines to receive communion – the bread is distributed from the chancel step, and the wine is distributed from the lady chapel step. Please return to your pew via the north aisle. Stewards will be on hand to direct you.

If you are wearing a mask, it is most practical if you remove it before receiving communion. Please do not dip your wafer into the chalice. Please note that there is no obligation to take the chalice and it is fine still to receive communion in one kind only (the bread).

If you do not wish to receive communion and would prefer a blessing instead, please do come forwards as well.

Hymn 373

Purify my heart, let me be as gold and precious silver.
Purify my heart, let me be as gold, pure gold.

*Refiner's fire, my heart's one desire
is to be holy, set apart for you, Lord.
I choose to be holy, set apart for you, my Master,
ready to do your will.*

Purify my heart,
cleanse me from within and make me holy.
Purify my heart,
Cleanse me from my sin, deep within.

*Refiner's fire, my heart's one desire
is to be holy, set apart for you, Lord.
I choose to be holy, set apart for you, my Master,
ready to do your will.*

Brian Doerksen (b.1965)

Prayer after Communion

Lord God,
you have renewed us with the living bread from heaven;
by it you nourish our faith,
increase our hope,
and strengthen our love:
teach us always to hunger for him
who is the true and living bread,
and enable us to live by every word
that proceeds from out of your mouth;
through Jesus Christ our Lord. **Amen.**

**Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord.
Amen.**

The Sending Out

Hymn 421

Please stand

All for Jesus, all for Jesus,
this our song shall ever be;
for we have no hope, nor Saviour,
if we have not hope in thee.

All for Jesus, thou wilt give us
strength to serve thee, hour by hour;
none can move us from thy presence
while we trust thy love and power.

All for Jesus, at thine altar
thou wilt give us sweet content;
there, dear Lord, we shall receive thee
in the solemn sacrament.

All for Jesus, thou hast loved us;
all for Jesus, thou hast died;
all for Jesus, thou art with us;
all for Jesus crucified.

All for Jesus, all for Jesus,
this the church's song must be,
till, at last, we all are gathered
one in love and one in thee.

W.J. Sparrow-Simpson (1859-1952)

The Blessing

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always
Amen.

The Dismissal

A minister says

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Please join us for refreshments, served at the back of church. If you can, please donate to the coffee fund in the jar provided. Please keep the flow moving by heading away from the serving hatch once you've got a drink, and feel free to use the space at the back of church or in our meeting room to mingle.

Please take this booklet away with you and recycle it when you have finished with it.

Notices deadline is now Monday 6pm.

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Notices: First Sunday of Lent

Sunday Feb 22nd: First Sunday of Lent

8am Holy Communion

President & Preacher: The Revd Martin Little

10am Parish Eucharist and Forest Sunday School

President: The Revd Canon Margaret Whipp

Deacon & Preacher: The Revd Martin Little

Organist: Andrew Patterson

12.30 Baptism of Issac Jones, Diana and John Harrison's youngest Grandchild.

Midweek Services:

9am Morning Prayer: Monday, Tuesday, Thursday and Saturday when the Vicar is available. The Church is normally open for private prayer every day during daylight hours.

Sunday Mar 1st: Second Sunday of Lent

8am Holy Communion

President & Preacher: The Revd Martin Little

10am Parish Eucharist and Forest Sunday School

President: The Revd Martin Little

Deacon & Preacher : The Revd Canon David Knight

Organist: Andrew Patterson

Our new Safeguarding Officer is Anne Cowan and her contact details are at the back of this booklet. We give thanks for Anne Tarassenko's 10 years of service in this important role.

HTHQ Serving Surveys Thank you to all who filled these out! We are working through the responses and will be in touch.

Solo Violin Recital Fundraiser on 7th March at 4pm in the church

kindly given by Justyna Zanko. Suggested donation of £10 including tea and cake after the performance, to be split between Holy Trinity and the performer. Please come with family and friends (see poster on board).

Donation of cakes or savouries for the Fundraising Recital on

7th March. Cake Donations would be welcome for the after-concert tea on March 7th. We would like to make this a special occasion with this wonderful violinist. Cakes or savouries can be brought on the day, or I can arrange for them to be left at the Coach House on the Friday morning (6th) with the WI ladies. Contact Margaret Taylor 01865 765051 if needed.

World Day of Prayer Friday 6 March This day (formerly Women's World Day of Prayer) has been celebrated annually for nearly one hundred years, and is now observed in nearly every country of the world. A service is

written by a different country each year, so as the earth spins, the same prayers are said over 24 hours by thousands of people around the globe. More details at wwdp.org.uk This year the Headington service, which has been written by the women of Nigeria, will be held at Holy Trinity at 11am, followed by a shared light lunch. If you are able, please come.

The service is led by many readers, and we will need people to help with hospitality - welcoming, setting out lunch, and clearing away. If you are able to help in any of these ways, please contact me. Joan Jones
07710611250 joan@joneses.org.uk

A Lenten Retreat: You are warmly invited to join a residential retreat organised by the Oxford Area of TSSF at the Old Parsonage Freeland, from **Monday 16th to Thursday 19th March**. The conductor is our former curate, Emily, and her title and theme are Rupture and Redemption: an opportunity to reflect on brokenness in our own stories and in the world, and God's wondrous work of redemption, guided by our spiritual journey from wilderness to the tomb. The total cost for bed and board is £225. Please register your interest by contacting The Revd Jean King at oxfordretreat@yahoo.co.uk Further details from Chris and Jan at m@cleods.co.uk

Date for Diary Advance notice that Revd Prof Rob Gilbert's installation service will take place on **Thursday 16th April at 7.30pm** at Heyford Hill Park Church. More information nearer the time.

Rob's Farewell You are warmly invited to a simple celebration on Palm Sunday, 29th March, to mark The Rev Prof Rob Gilbert's final service with us. Cake and refreshments will be served immediately following the Sunday 10am service. This will be an opportunity to give thanks, share fellowship, and wish Rob well for the next chapter of his ministry in the Cherwell Valley Benefice. If you would like to make a contribution to his gift, please give it to the **Church Wardens** or transfer to the **Church bank account**. Please clearly state 'for Rob Gilbert.' Name: **The Parochial Church Council of the Ecclesiastical Parish of Holy Trinity** Account Number: **80484903** Sort Code: **20-65-21** We hope you will be able to join us. Best, Margaret T and Linda.

New filter Coffee and Tea if you are able to it would help the church funds if you could donate to the refreshment fund each week by either putting money in the jar or by using the card machine. Thank you.

Crafts at Community Cafe 9.30 – 11.30am There is another opportunity at the Tuesday Coffee mornings in February weather permitting to have a go at some seasonal crafts. On offer in February except 17th Feb egg and egg box decorating, and knitted Welcome to HT

bunting, or card bunting. If this appeals to you please bring two eggs (blown if possible ,if not do not worry) and an egg box. A pair of size 9 knitting needles and some double knitting wool in bright colours. Margaret will also have some available. Please do not go out and buy anything. Email Margaret if you have any further questions margaretatbodsey@gmail.com Toys available for preschool age children and toddlers.

New PCC and Deanery Synod members will be needed at the end of April when these positions become vacant as people step down at the end of their term. Please speak to either Wardens or Revd Martin to find out more about these roles if you're interested in this ministry.

This week's Eco Tip. It's time to think of Lent vows. Remembering the three Rs of Lent: Reflection, Repentance, Reconciliation, can you think of suitable vows? A fast focused on justice, compassion, and liberation? Giving food to the homeless? Pledging to care for Creation? Enhancing our surroundings with daily litter picks? Hilary Rollin, Eco Church Group

Pastoral care team Are you in need of support or would you like to talk to someone? We rely on you to let us know of anyone who is ill, or in hospital or who might welcome a visit. Please contact any of the clergy (numbers on back page) or Helen Day, Janet Masters, Anne Tarassenko, or Ruth Wooldridge.

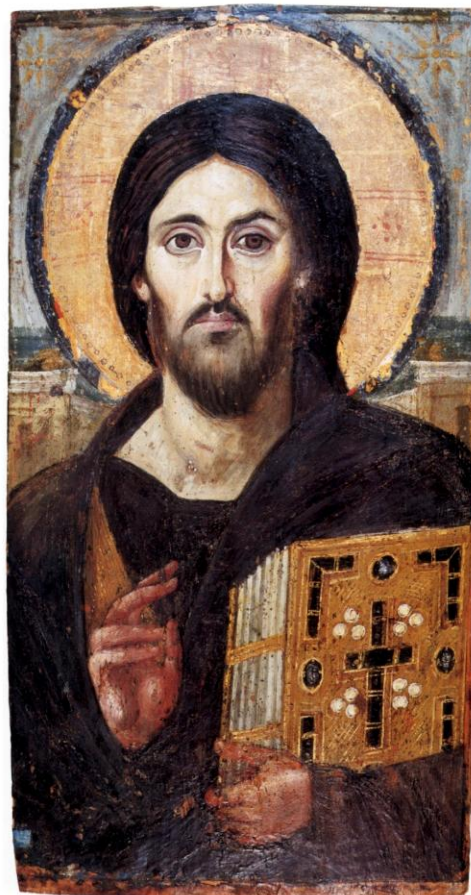
Imaging Faith

a Lenten journey through
2,000 years of Christian art

Thursdays, 7.30pm

The Coach House,
46 Quarry Road, Oxford, OX3 8NU

Each evening begins with a 30
minute talk followed by
refreshments, discussion and a
closing time of prayer. No booking
required.



26 February	Art and the God we can't see	The Revd Martin Little, Vicar of Holy Trinity, Headington Quarry
5th March	Does an icon break the second commandment?	Mandy Patterson, Christian artist and icon writer
12 March	Hidden and in plain sight: Vermeer and Rembrandt painting the Passion	The Revd Prof Rob Gilbert, Associate Priest and Professor of Biophysics, University of Oxford
19 March	Looking back and Looking ahead with the Pre-Raphaelites	Dr Imogen Hart, Lecturer in History of Art, Oxford Brookes University
26 March	The Cosmic Cross: faith and modernity	The Revd Martin Little Vicar of Holy Trinity, Headington Quarry

hthq.uk

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Holy Trinity Headington Quarry

**An open door between heaven and earth,
showing God's love to all**

As the Anglican parish in Headington Quarry, Risinghurst and Wood Farm, we are here for every local resident. Our church is open every day. We hope that you will find God's peace as you come to pray or just sit and rest awhile. If you have questions about the Christian faith or would like to find out more about church life, please get in touch:

Contact us

Vicar: Revd Martin Little

vicar@hthq.uk 01278 792154

please note my day off is Friday

Associate Priest: Revd Prof Rob Gilbert

associatepriest@hthq.uk

Parish Office: office@hthq.uk 01865 762931

Churchwardens: wardens@hthq.uk

Parish Safeguarding Officer: Anne Cowan 07885 231011

safeguarding@hthq.uk

www.hthq.uk

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