



Holy Trinity Headington Quarry

An open door between heaven and earth,
showing God's love to all



The Ninth Sunday after
Trinity
2nd August 2026

Welcome to Holy Trinity! If you are new to the church or visiting, please make yourself known to one of the welcomers, and let us know any additional needs you may have. An accessible toilet and baby change facilities are located in the meeting room on the north side of the church (across from the door you came in.)

Children are a beloved and integral part of Holy Trinity, and most Sundays we run a Forest Sunday School (currently on a summer break.) Children and babies are very welcome to stay in the service, or to use the meeting room if a break-out space would be helpful. We are not bothered by noise or children being children: we're just glad you're here.

Please sit, or stand as you feel comfortable during the service, and join in with the words in bold type. Tea, coffee and refreshments are served after the service: please stay for a friendly chat if you would like to.

Holy Trinity is funded almost entirely by donations. If you are able to contribute today as part of your worship, you can do so using the card reader or plate by the door on your way in or out. Regular supporters of Holy Trinity are encouraged to do so via the Parish Giving Scheme: a secure, tax-efficient way of contributing to our ministry here.

(i) You can access the Scheme's website through the QR code below and click on "Regular Giving," or visit

<https://www.parishgiving.org.uk/donors/find-your-parish/headington-quarry-holy-trinity-oxford/>

(ii) call the Scheme on 0333 002 1271, Monday to Friday, 9am - 5pm.



Welcome and Introduction

The president says

In the name of the Father
and of the Son
and of the Holy Spirit
Amen

Words of welcome and any notices are given.

Introit: Mayenziwe 'ntando yakho (Xhosa language: 'Your will be done on earth O Lord')

Hymn 741

O Christ the same, through all our story's pages,
our loves and hopes, our failures and our fears;
eternal Lord, the King of all the ages,
unchanging still, amid the passing years:
O living Word, the source of all creation,
who spread the skies, and set the stars ablaze,
O Christ the same, who wrought our whole salvation,
we bring our thanks for all our yesterdays.

O Christ the same, the friend of sinners, sharing
our inmost thoughts, the secrets none can hide,
still as of old upon Your body bearing
the marks of love, in triumph glorified:
O Son of Man, who stooped for us from heaven,
O Prince of Life, in all Your saving power,
O Christ the same, to whom our hearts are given,
we bring our thanks for this the present hour.

O Christ the same, secure within whose keeping
our lives and loves, our days and years remain,
our work and rest, our waking and our sleeping,
our calm and storm, our pleasure and our pain:
O Lord of love, for all our joys and sorrows,
for all our hopes, when earth shall fade and flee,
O Christ the same, beyond our brief tomorrows,
we bring our thanks for all that is to be.

Timothy Dudley-Smith (b.1926)

The Greeting

The president says

The Lord be with you
And also with you.

Prayers of Penitence

God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins,
to be our advocate in heaven,
and to bring us to eternal life.
Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

Silence is kept.

**Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name. Amen.**

The president says

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.
Amen.

Gloria in Excelsis

**Glory be to God in heaven,
peace to those who love him well;
on the earth let all his people
speak his grace, his wonders tell:
Lord, we praise you for your glory,
mighty Father, heaven's king;
hear our joyful adoration
and accept the thanks we bring.**

**Only Son of God the Father,
Lamb who takes our sin away,
now with God in triumph seated
for your mercy, Lord, we pray:
Jesus Christ, most high and holy,
Saviour, you are God alone
in the glory of the Father
with the Spirit: Three-in-One!**

Tune: Ode to Joy

The Collect

Let us pray.

Silence is kept.

Gracious Father,
revive your Church in our day,
and make her holy, strong and faithful,
for your glory's sake
in Jesus Christ our Lord.
Amen.

The Liturgy of the Word

Please sit

First Reading Genesis 32. 22-31

The same night Jacob got up and took his two wives, his two maids, and his eleven children and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone, and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket, and Jacob's hip was put out of joint as he wrestled with him. Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go,

unless you bless me." So he said to him, "What is your name?" And he said, "Jacob." Then the man said, "You shall no longer be called Jacob, but Israel, for you have striven with God and with humans and have prevailed." Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. So Jacob called the place Peniel, saying, "For I have seen God face to face, yet my life is preserved." The sun rose upon him as he passed Peniel, limping because of his hip.

This is the word of the Lord
Thanks be to God.

Gospel Reading

Please stand

We repeat the refrain:



'Pilgrim's Alleluia': Hymn 377

Hear the Gospel of our Lord Jesus Christ according to Matthew
Glory to you, O Lord.

Gospel reading: Matthew 14. 13-21

Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd, and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven and blessed and broke the loaves and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled, and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

This is the Gospel of the Lord.
Praise to you, O Christ

Sermon

The Nicene Creed

Please stand

Let us declare our faith in God
**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the
dead, and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and
glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of Intercession

Please sit or kneel.

Those in need of our prayers: *Rachel Heath, Diana,
Margaret Jackson, Julie, Lesley Williams*

Those preparing for Baptism:

Those preparing for marriage: *Jake and Lizzie, Hannah and Rayan*

Those who have died recently: *Dorothy Jacobs, Malcolm Phillips,
Anita Phillips, June Blackwell*

Those whose anniversary of death falls at this time:

Jean Jensen, Victor Day, Robert Rivington.

And at the end

**Merciful father
accept these prayers,
for the sake of your Son,
our saviour Jesus Christ. Amen.**

The Peace

Please stand

We are the body of Christ.
In the one Spirit we were all baptized into one body.
Let us then pursue all that makes for peace
and builds up our common life.
The peace of the Lord be always with you.
and also with you.

A minister says

Let us offer one another a sign of peace

All may exchange a sign of peace.

Hymn 747

O God, you search me and you know me.
All my thoughts lie open to your gaze.
When I walk or lie down, you are before me:
ever the maker and keeper of my days.

You know my resting and my rising.
You discern my purpose from afar,

and with love everlasting you besiege me:
in every moment of life or death, you are.

Before a word is on my tongue, Lord,
you have known its meaning through and through.
You are with me beyond my understanding:
God of my present, my past and future, too.

Although your Spirit is upon me,
still I search for shelter from your light.
There is nowhere on earth I can escape you:
even the darkness is radiant in your sight.

For you created me and shaped me,
gave me life within my mother's womb.
For the wonder of who I am, I praise you:
safe in your hands, all creation is made new.

Bernadette Farrell (b. 1957)

Taking of the Bread and Wine

Wise and gracious God,
you spread a table before us;
nourish your people with the word of life
and the bread of heaven.

Amen.

The Eucharistic Prayer

Please sit or stand as you are most comfortable

The Lord be with you
and also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.
Father, you made the world and love your creation.
You gave your Son Jesus Christ to be our Saviour.
His dying and rising have set us free from sin and death.
And so we gladly thank you,
with saints and angels praising you, and singing:

Sanctus and Benedictus

Ho - ly, ho - ly, ho - ly Lord, God of power and might, _

5
heaven and earth are full of your glo - ry. Ho - san - na in the high - est.

9
Bless - ed is he who comes in the name of the Lord. Ho -

13
san - na in the high - est. Ho - san - na in the high - est.

We praise and bless you, loving Father,
 through Jesus Christ, our Lord;
 and as we obey his command,
 send your Holy Spirit,
 that broken bread and wine outpoured
 may be for us the body and blood of your dear Son.
 On the night before he died he had supper with his friends
 and, taking bread, he praised you.
 He broke the bread, gave it to them and said:
 Take, eat; this is my body which is given for you;
 do this in remembrance of me.

Bells are rung

When supper was ended he took the cup of wine.
 Again he praised you, gave it to them and said:
 Drink this, all of you;
 this is my blood of the new covenant,
 which is shed for you and for many for the forgiveness of sins.
 Do this, as often as you drink it, in remembrance of me.

Bells are rung

So, Father, we remember all that Jesus did,
 in him we plead with confidence his sacrifice
 made once for all upon the cross.
 Bringing before you the bread of life and cup of salvation,
 we proclaim his death and resurrection until he comes in glory.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.
Look with favour on your people,
gather us in your loving arms
and bring us with the Blessed Virgin Mary and all the saints
to feast at your table in heaven.
Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

Amen.

The Lord's Prayer

Please sit or kneel

As our Saviour taught us so we pray
Our Father in heaven,
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power
and the glory are yours,
now and for ever.
Amen.

Breaking of the Bread

We break this bread
to share in the body of Christ.
Though we are many, we are one body,
because we all share in one bread.

Agnus Dei

p , *cresc.* *f*

Je - sus Christ, bread of life, those who come to you will not hun - ger.

5 , *dim.* *mf*

Je - sus Christ, Ri - sen Lord, those who trust in you will not thirst.

Giving of Communion

Draw near with faith.
Receive the body of our Lord Jesus Christ
which he gave for you,
and his blood which he shed for you.
Eat and drink
in remembrance that he died for you,
and feed on him in your hearts
by faith with thanksgiving.

This is God's table and all are welcome. Please follow the directions of the stewards, and pause level with the front pew to allow others to pass before approaching to receive the sacrament.

Please do not dip your wafer into the chalice. Please note that there is no obligation to take the chalice and it is fine still to receive communion in one kind only (the bread). If you do not wish to receive communion and would prefer a blessing instead, please do come forwards as well.

Anthem: 'We shall break bread' (John Bell)

Hymn 616 (Tune: Candler / 'Ye banks and braes')

Come, O thou Traveller unknown,
whom still I hold, but cannot see;
my company before is gone,
and I am left alone with thee;
with thee all night I mean to stay,
and wrestle till the break of day.
with thee all night I mean to stay,
and wrestle till the break of day.

I need not tell thee who I am,
my misery or sin declare;
thyself hast called me by my name;
look on thy hands, and read it there!
But who, I ask thee, who are thou?
Tell me thy name, and tell me now.
But who, I ask thee, who are thou?
Tell me thy name, and tell me now.

In vain thou strugglest to get free;
I never will unloose my hold.
Art thou the man that died for me?
The secret of thy love unfold:
wrestling, I will not let thee go,
till I thy name, thy nature know.
wrestling, I will not let thee go,
till I thy name, thy nature know.

Yield to me now, for I am weak,
but confident in self-despair;
speak to my heart, in blessings speak,
be conquered by my instant prayer.
Speak, or thou never hence shalt move,
and tell me if thy name is Love!
Speak, or thou never hence shalt move,
and tell me if thy name is Love!

'Tis Love! 'tis Love! Thou diedst for me!
I hear thy whisper in my heart!
The morning breaks, the shadows flee;
pure universal Love thou art:

to me, to all, thy mercies move;
thy nature and thy name is Love.
to me, to all, thy mercies move;
thy nature and thy name is Love.

*Charles Wesley (1707-1788)
based on Genesis 32.24-30*

Prayer after Communion

Holy Father,
who gathered us here around the table of your Son
to share this meal with the whole household of God:
in that new world where you reveal the fullness of your peace,
gather people of every race and language
to share in the eternal banquet of Jesus Christ our Lord.
Amen.

**Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory.
Amen.**

The Sending Out

Please stand

Hymn 631i

Fight the good fight with all thy might;
Christ in thy strength, and Christ thy right;
lay hold on life, and it shall be
thy joy and crown eternally.

Run the straight race through God's good grace,
lift up thine eyes, and seek his face;
life with its way before us lies;
Christ is the path, and Christ the prize.

Cast care aside, lean on thy guide;
his boundless mercy will provide;
trust, and thy trusting soul shall prove
Christ is its life, and Christ its love.

Faint not nor fear, his arms are near;
he changeth not, and thou art dear;
only believe, and though shalt see
that Christ is all in all to thee.

John Samuel Bewley Monsell (1811-1875)

The Blessing

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen.

A minister says

The Dismissal

Go in peace to love and serve the Lord.
In the name of Christ, Amen.

Voluntary: Sonata no.3 in A Major (opening mvmt.)
Felix Mendelssohn

Please note all notices for next Sunday need to be sent to the Parish Office by 6pm on Monday evening.

Please join us for refreshments, served at the back of church. If you can, please donate to the coffee fund in the jar provided. Please keep the flow moving by heading away from the serving hatch once you've got a drink, and feel free to use the space at the back of church or in our meeting room to mingle.

Please take this booklet away with you and recycle it when you have finished with it.

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Church postcode for emergency callouts is OX3 8LQ

Notices: The Ninth Sunday after Trinity

Sunday August 2nd: The Ninth Sunday after Trinity

8am *please note there will be no 8am services throughout August*

10am All Age Eucharist

President: The Revd Martin Little

Preacher: The Revd Martin Little

Organist: Andrew Patterson

6pm Sung Evensong

1 Kings 10. 1-13

Acts 13.1-3

Psalm 80 vv1-8

Hymns 194, 576

Voluntary G Major bwv541 J.S. Bach

Organist: Andrew Patterson

Saturday August 8th Wedding Lizzie and Jake

Sunday August 9th: The Tenth Sunday after Trinity

8am *please note there will be no 8am services throughout August*

10am All Age Eucharist

President: The Revd Martin Little

Preacher: The Revd Martin Little

Organist: Andrew Patterson

Sung Evensong today Sunday 2nd August All are welcome.

Forest Sunday School is on its summer break. Children are invited to stay in the service, or families may use the Meeting Room if a break-out space would be helpful. Thank you to Felicity, Andrea our leaders, all our helpers and our brilliant children! 6th September is a special All-Age service, and Forest Sunday School returns on 13th September.

Midweek Services:

9am Morning Prayer: Monday, Tuesday, Thursday and Saturday when the Vicar is available. The Church is normally open for private prayer every day during daylight hours.

Wednesday 10am Midweek Communion

No 8am service during August - We have made the decision to pause this service over the month of August. The Wednesday 10am Communion provides an alternative quieter service in the week. If regulars would like

a Book of Common Prayer service during this time, there is a weekly 8am BCP at St Andrew's, Headington.

Date for your diary There will be a **Violin Concert on Thursday 20th August @ 7pm** by the young talented violinist Skye- El- Shirbiny (Violin) and Anise Hartley (Dance). Skye gave a concert for us last year which was very much enjoyed. The programme will include Bach Partita no 2 in D minor, Ballads and folks songs by various artists. Skye is a local young woman who has offered to give these performances for us as well as studying in the Royal College of Music. Details of tickets will follow. Please put this date in your diary and be assured of a lovely evening. Contact Margaret Taylor (01865 765051) for any information. All are welcome.

Building Firm Foundations Appeal 2026 - we launched an appeal last month to raise £100,000 by the end of 2026 toward our building loan and leaky roof. Thank you to all who have generously donated and/or pledged. Please continue to pray, and consider giving if you haven't already.

Tuesday Community Cafe 9.30 – 11.30am This will run up til the end of July, after which it is stopping to make space for new initiatives. Thanks to those who have supported it over the past couple of years.

Last opportunity to join one of the Eco Chat meetings. What is involved? An opportunity to get to know other members of the congregation in someone's home or garden and over tea/ coffee and cake discuss a range of the environmental issues affecting us all. The last meeting in the series is on Tuesday 11th August 2.30-4.00. To book a place, speak to Jan McLeod, Anthea Boylston, Margaret Samuel or Hilary Rollin after church today or phone Hilary on 01865 761545. Venues will be shared when you book.

21-22 November 'Imagine Lewis': A Celebration of Spirituality and the Arts inspired by the legacy of C.S. Lewis. Please save the dates! We are delighted to have the internationally-acclaimed poet **Malcolm Guite** giving a talk and reading, as well as U.S. folk-rock band **WIND** performing live. If you would like to be involved in this weekend, please speak to Revd Martin and come to a planning meeting on **Thursday 27 August at 7.30pm** in the church meeting room.

This week's Eco Tip: Study eco-friendly green marketing clauses with a critical eye. Such claims can be convincing, but very misleading. Eco buzz words such as *kind to the planet, natural, eco-friendly, sustainable* may be used to describe a product or service that is anything but; a study by the European Commission found that 50% of such claims were unfounded, vague or misleading. (Hilary Rollin, Eco Church Group)

Pastoral care team Are you in need of support or would you like to talk to someone? We rely on you to let us know of anyone who is ill, or in hospital or who might welcome a visit from a member of the team. Please contact the clergy or the Parish Office in the first instance.



Holy Trinity Headington Quarry

**An open door between heaven and earth,
showing God's love to all**

As the Anglican parish in Headington Quarry, Risinghurst and Wood Farm, we are here for every local resident. Our church is open every day. We hope that you will find God's peace as you come to pray or just sit and rest awhile. If you have questions about the Christian faith or would like to find out more about church life, please get in touch:

Contact us

Vicar: Revd Martin Little

vicar@hthq.uk 01278 792154

please note my day off is Friday

Parish Office: office@hthq.uk 01865 762931

Churchwardens: wardens@hthq.uk

Parish Safeguarding Officer: Anne Cowan 07885 231011
safeguarding@hthq.uk

www.hthq.uk

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