



Holy Trinity Headington Quarry

An open door between heaven and earth,
showing God's love to all



The Tenth Sunday after
Trinity
9th August 2026

Welcome to Holy Trinity! If you are new to the church or visiting, please make yourself known to one of the welcomers, and let us know any additional needs you may have. An accessible toilet and baby change facilities are located in the meeting room on the north side of the church (across from the door you came in.)

Children are a beloved and integral part of Holy Trinity, and most Sundays we run a Forest Sunday School (currently on a summer break.) Children and babies are very welcome to stay in the service, or to use the meeting room if a break-out space would be helpful. We are not bothered by noise or children being children: we're just glad you're here.

Please sit, or stand as you feel comfortable during the service, and join in with the words in bold type. Tea, coffee and refreshments are served after the service: please stay for a friendly chat if you would like to.

Holy Trinity is funded almost entirely by donations. If you are able to contribute today as part of your worship, you can do so using the card reader or plate by the door on your way in or out. Regular supporters of Holy Trinity are encouraged to do so via the Parish Giving Scheme: a secure, tax-efficient way of contributing to our ministry here.

(i) You can access the Scheme's website through the QR code below and click on "Regular Giving," or visit

<https://www.parishgiving.org.uk/donors/find-your-parish/headington-quarry-holy-trinity-oxford/>

(ii) call the Scheme on 0333 002 1271, Monday to Friday, 9am - 5pm.



Welcome and Introduction

The president says

In the name of the Father
and of the Son
and of the Holy Spirit
Amen

Words of welcome and any notices are given.

Hymn 532

All Creatures of our God and King,
lift up your voice and with us sing,
Alleluia, alleluia!
Thou burning sun with golden beam,
thou silver moon with softer gleam:
O praise him, O praise him,
Alleluia, alleluia, alleluia!

Thou rushing wind that art so strong,
ye clouds that sail in heaven along,
O praise him, alleluia!
Thou rising morn, in praise rejoice;
ye lights of evening find a voice:

Thou flowing water, pure and clear,
Make music for thy Lord to hear,
Alleluia, alleluia!
Thou fire, so masterful and bright,
that givest us both warmth and light:

Dear mother earth, who day by day
unfoldest blessings on our way,
O praise him, alleluia!
The flowers and fruits that in thee grow,
let them his glory also show:

Let all things their creator bless,
And worship him in humbleness;
O praise him, alleluia!
Praise, praise the Father, praise the Son,
and praise the Spirit, Three in One:

William Henry Draper (18-55- 1933)
based on St Francis of Assisi

The Greeting

The president says

The Lord be with you
And also with you.

Prayers of Penitence

God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins,
to be our advocate in heaven,
and to bring us to eternal life.
Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

Silence is kept.

**Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name. Amen.**

The president says

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

Amen.

Gloria in Excelsis

**Glory be to God in heaven,
peace to those who love him well;
on the earth let all his people
speak his grace, his wonders tell:
Lord, we praise you for your glory,
mighty Father, heaven's king;
hear our joyful adoration
and accept the thanks we bring.**

**Only Son of God the Father,
Lamb who takes our sin away,
now with God in triumph seated
for your mercy, Lord, we pray:
Jesus Christ, most high and holy,
Saviour, you are God alone
in the glory of the Father
with the Spirit: Three-in-One!**

Tune: Ode to Joy

The Collect

Let us pray.

Silence is kept.

Lord of heaven and earth,
as Jesus taught his disciples to be persistent in prayer,
give us patience and courage never to lose hope,
but always to bring our prayers before you;
through Jesus Christ our Lord.

Amen.

The Liturgy of the Word

Please sit

First Reading Romans 9 1-5

I am speaking the truth in Christ—I am not lying; my conscience confirms it by the Holy Spirit—I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own brothers and sisters, my own flesh and blood. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Christ, who is over all, God blessed forever. Amen.

This is the word of the Lord
Thanks be to God.

Gospel Reading

Please stand

We repeat the refrain:



'Pilgrim's Alleluia': Hymn 377

Hear the Gospel of our Lord Jesus Christ according to Matthew
Glory to you, O Lord.

Gospel reading: Matthew 14. 22-33

Immediately he made the disciples get into a boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking toward them on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out in fear. But immediately Jesus spoke to them and said, "Take heart, it is I; do not be afraid."

Peter answered him, "Lord, if it is you, command me to come to you on the water." He said, "Come." So Peter got out of the boat, started walking on the water, and came toward Jesus. But when he noticed the strong

wind, he became frightened, and, beginning to sink, he cried out, "Lord, save me!" Jesus immediately reached out his hand and caught him, saying to him, "You of little faith, why did you doubt?" When they got into the boat, the wind ceased. And those in the boat worshiped him, saying, "Truly you are the Son of God."

This is the Gospel of the Lord.

Praise to you, O Christ

Sermon

The Revd Martin Little

The Nicene Creed

Please stand

Let us declare our faith in God
**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the
dead, and his kingdom will have no end.
We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,**

**who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of Intercession

Please sit or kneel.

Those in need of our prayers: *Rachel Heath, Diana, Margaret Jackson, Julie, Lesley Williams*

Those preparing for Baptism:

Those preparing for marriage: *Hannah and Rayan*

Those who have died recently: *Dorothy Jacobs, Malcolm Phillips, Anita Phillips, June Blackwell*

Those whose anniversary of death falls at this time:

Jim Weston, Thomas Miles, Yuqi Li, Barbara Fruin, Jacquie Cherry, Delia Foster

And at the end

**Merciful father
accept these prayers,
for the sake of your Son,
our saviour Jesus Christ. Amen.**

The Peace

Please stand

We are the body of Christ.
In the one Spirit we were all baptized into one body.
Let us then pursue all that makes for peace
and builds up our common life.
The peace of the Lord be always with you.
and also with you.

A minister says

Let us offer one another a sign of peace

All may exchange a sign of peace.

Hymn 429

Bread is blessed and broken,
wine is blessed and poured:
take this and remember
Christ the Lord.

Share the food of heaven
earth cannot afford.
Here is grace in essence -
Christ the Lord.

Know yourself forgiven,
find yourself restored,
meet a friend for ever -
Christ the Lord.

God has kept his promise
sealed by sign and word:
here, for those who want him -
Christ the Lord.

*John L Bell (b.1949)
And Graham Maule (b.1958)*

Taking of the Bread and Wine

Wise and gracious God,
you spread a table before us;
nourish your people with the word of life
and the bread of heaven.

Amen.

The Eucharistic Prayer

Please sit or stand as you are most comfortable

The Lord be with you
and also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

Father, you made the world and love your creation.

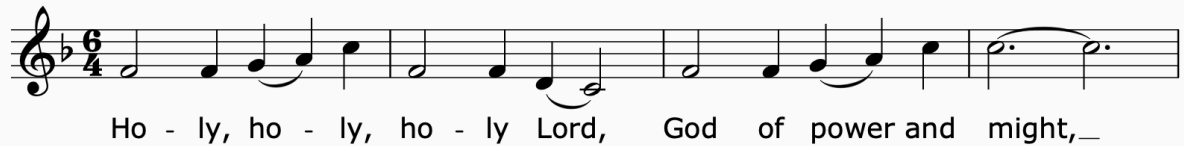
You gave your Son Jesus Christ to be our Saviour.

His dying and rising have set us free from sin and death.

And so we gladly thank you,

with saints and angels praising you, and singing:

Sanctus and Benedictus



5



9



13



We praise and bless you, loving Father,

through Jesus Christ, our Lord;

and as we obey his command,

send your Holy Spirit,

that broken bread and wine outpoured

may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends

and, taking bread, he praised you.

He broke the bread, gave it to them and said:

Take, eat; this is my body which is given for you;

do this in remembrance of me.

Bells are rung

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

Bells are rung

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.
Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection until he comes in glory.
Great is the mystery of faith:

Christ has died:
Christ is risen:
Christ will come again.

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.
Look with favour on your people,
gather us in your loving arms
and bring us with the Blessed Virgin Mary and all the saints
to feast at your table in heaven.
Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

Amen.

The Lord's Prayer

Please sit or kneel

As our Saviour taught us so we pray
Our Father in heaven,
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power
and the glory are yours,
now and for ever.
Amen.

Breaking of the Bread

We break this bread
to share in the body of Christ.
Though we are many, we are one body,
because we all share in one bread.

Agnus Dei

The musical score is for the Agnus Dei, written in 4/4 time with a key signature of one sharp (F#). It consists of two systems of music, each with a piano (p) and bass staff. The first system begins with a piano (*p*) dynamic and includes a crescendo (*cresc.*) and a forte (*f*) dynamic. The second system begins with a piano (*p*) dynamic and includes a decrescendo (*dim.*) and a mezzo-forte (*mf*) dynamic. The lyrics are written below the piano staff.

p , *cresc.* *f*

Je - sus Christ, bread of life, those who come to you will not hun - ger.

5 , *dim.* *mf*

Je - sus Christ, Ri - sen Lord, those who trust in you will not thirst.

Giving of Communion

Draw near with faith.
Receive the body of our Lord Jesus Christ
which he gave for you,
and his blood which he shed for you.
Eat and drink
in remembrance that he died for you,
and feed on him in your hearts
by faith with thanksgiving.

This is God's table and all are welcome. Please follow the directions of the stewards, and pause level with the front pew to allow others to pass before approaching to receive the sacrament.

Please do not dip your wafer into the chalice. Please note that there is no obligation to take the chalice and it is fine still to receive communion in one kind only (the bread). If you do not wish to receive communion and would prefer a blessing instead, please do come forwards as well.

Hymn 427

Behold the Lamb who bears our sins away,
slain for us: and we remember
the promise made that all who come in faith
find forgiveness at the cross.
So we share in this bread of life,
and we drink of his sacrifice,
as a sign of our bonds of peace
around the table of the King.

The body of our Saviour, Jesus Christ,
torn for you: eat and remember
the wounds that heal, the death that brings us life,
paid the price to make us one.
So we share in this bread of life,
and we drink of his sacrifice,
as a sign of our bonds of love
around the table of the King.

The blood that cleanses every stain of sin,
shed for you: drink and remember
he drained death's cup that all may enter in
to receive the life of God.

So we share in this bread of life,
and we drink of his sacrifice,
as a sign of our bonds of grace
around the table of the King.

And so with thankfulness and faith we rise
to respond and to remember
our call to follow in the steps of Christ
as his Body here on earth.
As we share in his suffering,
we proclaim: Christ will come again!
And we'll join in the feast of heaven
around the table of the King.

Keith Getty (b. 1974), Kristyn Getty (b. 1980) and Stuart Townend (b. 1963)

Prayer after Communion

God of our pilgrimage,
you have willed that the gate of mercy
should stand open for those who trust in you:
look upon us with your favour
that we who follow the path of your will
may never wander from the way of life;
through Jesus Christ our Lord.

Amen.

**Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory.
Amen.**

The Sending Out

Please stand

Hymn 652

Guide me, O thou great Redeemer,
pilgrim through this barren land;
I am weak, but thou art mighty;
hold me with thy powerful hand:
Bread of heaven,
feed me now and evermore.

Open now the crystal fountain
whence the healing stream doth flow;
let the fiery cloudy pillar
lead me all my journey through:
strong deliverer,
be thou still my strength and shield.

When I tread the verge of Jordan,
bid my anxious fears subside;
death of death, and hell's destruction,
land me safe on Canaan's side:
songs and praises
I will ever give to thee.

William Williams (1717-1791) tr. Peter Williams (1727-1796)

The Blessing

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.
Amen.

A minister says

The Dismissal

Go in peace to love and serve the Lord.
In the name of Christ, Amen.

Voluntary:

Please note all notices for next Sunday need to be sent to the Parish Office by 6pm on Monday evening.

Please join us for refreshments, served at the back of church. If you can, please donate to the coffee fund in the jar provided. Please keep the flow moving by heading away from the serving hatch once you've got a drink, and feel free to use the space at the back of church or in our meeting room to mingle.

Please take this booklet away with you and recycle it when you have finished with it.

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Church postcode for emergency callouts is OX3 8LQ

Notices: The Tenth Sunday after Trinity

Sunday August 9th: The Tenth Sunday after Trinity

8am *please note there will be no 8am services throughout August*

10am All Age Eucharist

President: The Revd Martin Little

Preacher: The Revd Martin Little

Organist: Andrew Patterson

Sunday August 16th: The Eleventh Sunday after Trinity

8am *please note there will be no 8am services throughout August*

10am Eucharist

President: The Canon Revd David Little

Preacher: The Revd Andrew Gregory

Organist: Andrew Patterson

Forest Sunday School is on its summer break. Children are invited to stay in the service, or families may use the Meeting Room if a break-out space would be helpful. Thank you to Felicity, Andrea our leaders, all our helpers and our brilliant children! 6th September is a special All-Age service, and Forest Sunday School returns on 13th September.

Midweek Services:

9am Morning Prayer: Monday, Tuesday, Thursday and Saturday when the Vicar is available. The Church is normally open for private prayer every day during daylight hours.

Wednesday 10am Midweek Communion

No 8am service during August - We have made the decision to pause this service over the month of August. The Wednesday 10am Communion

provides an alternative quieter service in the week. If regulars would like a Book of Common Prayer service during this time, there is a weekly 8am BCP at St Andrew's, Headington.

The Vicar Revd Martin is on annual leave from Monday August 10th to Monday August 24th.

Date for your diary There will be a **Violin Concert on Thursday 20th August @ 7pm** by the young talented violinist Skye- El- Shirbiny (Violin) and Anise Hartley (Dance). Skye gave a concert for us last year which was very much enjoyed. The programme will include Bach Partita no 2 in D minor, Ballads and folks songs by various artists. Skye is a local young woman who has offered to give these performances for us as well as studying in the Royal College of Music. Details of tickets will follow. Please put this date in your diary and be assured of a lovely evening. Contact Margaret Taylor (01865 765051) for any information. All are welcome.

Building Firm Foundations Appeal 2026 As you may know, we launched an appeal in June to raise £100,000 by the end of 2026 towards our building loan and to repair our leaking roof. Thank you so much to everyone who has generously donated and/or pledged already. We are making great strides towards our target, but we aren't quite there yet. **It's not too late to contribute or to pledge:** the forms are at the back of church, and you can hand your form to the vicar, a churchwarden or any other church official. So please consider giving if you haven't done so already.

Tuesday Community Cafe 9.30 – 11.30am This will run up til the end of July, after which it is stopping to make space for new initiatives. Thanks to those who have supported it over the past couple of years.

Last opportunity to join one of the Eco Chat meetings. What is involved? An opportunity to get to know other members of the congregation in someone's home or garden and over tea/ coffee and cake discuss a range of the environmental issues affecting us all. The last meeting in the series is on Tuesday 11th August 2.30-4.00. To book a place, speak to Jan McLeod, Anthea Boylston, Margaret Samuel or Hilary Rollin after church today or phone Hilary on 01865 761545. Venues will be shared when you book.

21-22 November 'Imagine Lewis': A Celebration of Spirituality and the Arts inspired by the legacy of C.S. Lewis. Please save the dates! We are delighted to have the internationally-acclaimed poet **Malcolm Guite** giving a talk and reading, as well as U.S. folk-rock band **WIND** performing live. If you would like to be involved in this weekend, please

Speak to Revd Martin and come to a planning meeting on **Thursday 27 August at 7.30pm** in the church meeting room.

Eco Fest run by Headington Churches Events on **Saturday September 19th 11am to 3pm at URC Collinwood Road OX3 8HW** Please see the poster on the noticeboard at the back of church for more information.

This week's Eco Tip: With Plastic-Free July now over, what better time than now to consider our progress in rejecting single-use plastic. The most common changes that Plastic-Free July participants make include changing shopping habits, swapping to products without plastic packaging, investing in reusables, and simply choosing to say no to plastic. Discuss with others the progress you have made, how to keep this up, and what to do next.
Hilary Rollin (Eco Church Group)

Pastoral care team Are you in need of support or would you like to talk to someone? We rely on you to let us know of anyone who is ill, or in hospital or who might welcome a visit from a member of the team. Please contact the clergy or the Parish Office in the first instance.



Holy Trinity Headington Quarry

**An open door between heaven and earth,
showing God's love to all**

As the Anglican parish in Headington Quarry, Risinghurst and Wood Farm, we are here for every local resident. Our church is open every day. We hope that you will find God's peace as you come to pray or just sit and rest awhile. If you have questions about the Christian faith or would like to find out more about church life, please get in touch:

Contact us

Vicar: Revd Martin Little

vicar@hthq.uk 01278 792154

please note my day off is Friday

Parish Office: office@hthq.uk 01865 762931

Churchwardens: wardens@hthq.uk

Parish Safeguarding Officer: Anne Cowan 07885 231011
safeguarding@hthq.uk

www.hthq.uk

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