

Holy Trinity
Headington Quarry



Tenth Sunday After Trinity

16th August 2020

Words of welcome

Hymn (for online service)

Praise to the Holiest in the height,
and in the depth be praise;
in all his words most wonderful,
most sure in all his ways.

O loving wisdom of our God!
when all was sin and shame,
a second Adam to the fight,
and to the rescue came.

O wisest love! that flesh and blood,
which did in Adam fail,
should strive afresh against the foe,
should strive and should prevail.

And that a higher gift than grace
should flesh and blood refine,
God's presence and his very self,
and essence all-divine.

O generous love! that he, who smote
In man for man the foe,
The double agony in man
For man should undergo.

And in the garden secretly,
and on the cross on high,
should teach his brethren, and inspire
to suffer and to die.

Praise to the Holiest in the height,
and in the depth be praise;
in all his words most wonderful,
most sure in all his ways.

John Henry Newman (1801-1890)

Please remain seated throughout the service.

In the name of the Father
and of the Son
and of the Holy Spirit
Amen.

The Greeting

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ
be with you
and also with you.

Prayers of Penitence

God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins,
to be our advocate in heaven,
and to bring us to eternal life.
Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

Silence is kept.

**Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy
forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly,
love mercy,
and walk humbly with you, our God.
Amen.**

Almighty God,
who in Jesus Christ has given us
a kingdom that cannot be destroyed,
forgive you your sins,
open your eyes to God's truth,
strengthen you to do God's will
and give you the joy of God's kingdom,
through Jesus Christ our Lord. **Amen.**

Gloria in Excelsis

**Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

The Collect

Let us pray

Silence is kept

Let your merciful ears, O Lord,
be open to the prayers of your humble servants;
and that they may obtain their petitions
make them to ask such things as shall please you;

through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

The Liturgy of the Word

Old Testament Reading: Isaiah 56.1, 6-8

Thus says the Lord:

Maintain justice, and do what is right,
for soon my salvation will come,
and my deliverance be revealed.

⁶ And the foreigners who join themselves to the Lord,
to minister to him, to love the name of the Lord,
and to be his servants,
all who keep the sabbath, and do not profane it,
and hold fast my covenant—

⁷ these I will bring to my holy mountain,
and make them joyful in my house of prayer;
their burnt-offerings and their sacrifices
will be accepted on my altar;
for my house shall be called a house of prayer
for all peoples.

⁸ Thus says the Lord God,
who gathers the outcasts of Israel,
I will gather others to them
besides those already gathered.

This is the word of the Lord.

Thanks be to God.

Gospel Reading

Hear the Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, O Lord.

Gospel reading: Matthew 15.21-28

Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, 'Have mercy on me, Lord, Son of David; my daughter is tormented by a demon.' But he did not answer her at all. And his disciples came and urged him, saying, 'Send her away, for she keeps shouting after us.' He answered, 'I was sent only to the lost sheep of the house of Israel.' But she came and knelt before him, saying, 'Lord, help me.' He answered, 'It is not fair to take the children's food and throw it to the dogs.' She said, 'Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table.' Then Jesus answered her, 'Woman, great is your faith! Let it be done for you as you wish.' And her daughter was healed instantly.

This is the Gospel of the Lord.

Praise to you, O Christ

Sermon

Revd Dr Laura Biron-Scott

Affirmation of Faith

Let us declare our faith in God.

We believe and trust in God the Father Almighty.

We believe and trust in Jesus Christ His Son.

We believe and trust in the Holy Spirit.

We believe and trust in the Three in One

From the Northumbrian Community

Prayers of Intercession

These responses may be used

Lord, hear us.

Lord, graciously hear us.

And at the end

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Peace

Blessed are the peacemakers,
for they shall be called children of God.
We meet in the name of Christ
and we share Christ's peace.
The peace of the Lord be always with you
and also with you.

*Please stay seated. We share the peace with a simple bow or wave
to those around us*

Taking of the Bread and Wine

As the grain once scattered in the fields
and the grapes once dispersed on the hillside
are now reunited on this table in bread and wine,
so, Lord, may your whole Church soon be gathered together
from the corners of the earth
into your kingdom.
Amen.

The Eucharistic Prayer F

The Lord be with you
and also with you.
Lift up your hearts.
We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give thanks and praise.

You are worthy of our thanks and praise
Lord God of truth,
for by the breath of your mouth
you have spoken your Word,
and all things have come into being.

You fashioned us in your image
and placed us in the garden of your delight.
Though we chose the path of rebellion
you would not abandon your own.

Again and again you drew us into your covenant of grace.
You gave your people the Law and taught us by your prophets
to look for your reign of justice and mercy.

In our unending joy we echo on earth
the song of the angels in heaven,
evermore praising you and saying:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Lord, you are the most holy one,
enthroned in splendour and light,
yet in the coming of your Son Jesus Christ
you reveal the power of your love
made perfect in our human weakness.

Embracing our humanity,
Jesus taught us the way of salvation.
Loving us to the end,
he gave himself to death for us.
Dying for his own,
he set us free from the bonds of sin,
that we might rise and reign with him in glory.

On the night you gave up your Son for us all
he took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you; this is my blood of the new covenant
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

Therefore we proclaim the death that he suffered on the cross,
we celebrate his resurrection, his bursting from the tomb,
and we long for his coming in glory.

As we recall the one, perfect sacrifice of our redemption,
Father, by your Holy Spirit let these gifts of your creation
be to us the body and blood of our Lord Jesus Christ;
form us into the likeness of Christ
and make us a perfect offering in your sight.

Look with favour on your people
and in your mercy hear the cry of our hearts.
Bless the earth,
heal the sick,
let the oppressed go free
and fill your Church with power from on high.

Gather your people from the ends of the earth
to feast with all your saints
at the table in your kingdom,
where the new creation is brought to perfection
in Jesus Christ our Lord;
by whom and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever. **Amen.**

The Lord's Prayer

Rejoicing in God's new creation,
As our saviour taught us, so we pray.

**Our Father in heaven,
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power
and the glory are yours,
now and for ever. Amen.**

Breaking of the Bread

We break this bread
to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

We say

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
grant us peace.**

Giving of Communion

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to His supper.
**Lord I am not worthy to receive you,
But only say the word, and I shall be healed.**

Or

God's holy gifts
for God's holy people.
**Jesus Christ is holy,
Jesus Christ is Lord,
to the glory of God the Father.**

As the president receives the bread and wine, all who wish to receive communion join in saying 'Amen'.

The body of Christ, keep you in eternal life. **Amen.**
The blood of Christ, keep you in eternal life. **Amen.**

Communion will be administered in silence. Please remain seated while we bring communion to you. If you do not wish to receive communion, the priest will pray a silent blessing instead – please clearly hold this service booklet to indicate this.

Prayer for Spiritual Communion

To be said by those unable to receive communion – or you may wish to say a personal prayer of your own.

Lord Jesus, I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

Prayer after Communion

God of our pilgrimage,
you have willed that the gate of mercy
should stand open for those who trust in you:
look upon us with your favour
that we who follow the path of your will
may never wander from the way of life;
through Jesus Christ our Lord. **Amen.**

**Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord.
Amen.**

Hymn (for online service)

There's a wideness in God's mercy
like the wideness of the sea;
there's a kindness in his justice
which is more than liberty.
There's no place where earth's sorrows
are more felt than up in heaven;
there is no place where earth's failings
have such kindly judgment given.

For the love is God is broader
than the measure of our mind,
and the heart of the Eternal
is most wonderfully kind.

But we make his love too narrow
by false limits of our own;
and we magnify his strictness
with a zeal he would not own.

There is plentiful redemption
through the blood that has been shed;
there is joy for all the members
in the sorrows of the Head.
There is grace enough for thousands
of new worlds as great as this;
there is room for fresh creations
in that upper home of bliss.

If our love were but more simple
we should take him at his word;
and our lives would all be gladness
in the joy of Christ our Lord.

Frederick William Faber (1814-1863)

The Sending Out

The Blessing

This or another blessing is used

The love of the Lord Jesus
draw you to himself,
the power of the Lord Jesus
strengthen you in his service,
the joy of the Lord Jesus fill your hearts;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always. **Amen**

The Dismissal

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Please take this booklet away with you, and recycle it when you have finished with it.

Notices

Face Coverings in Church

Face coverings are now required to be worn in church unless you are legally exempt. We have disposable masks available if you forget, but please remember to bring one if you can. Each time you wear a face covering, you could remember to pray for healthcare workers and those who have to wear them for long periods of time whilst working.

Resuming Sunday Worship

We are glad to welcome you back for public worship! We are entering a new phase as a worshipping community, with some of us now able to return to the church building, and others still needing to stay at home. If you have any concerns or questions about the services, please do contact Laura or the churchwardens.

Readings and Intercessions for Sunday worship

Over the past weeks, we have been focusing on trying to get used to our new way of being together in the church building. Now that we are settling into this format, it would be wonderful to have other 'voices' in the service to read and lead intercessions. The simplest way for this to happen would be for the same person to do the first reading and the intercessions. Please let Helen know (office@hthq.uk) if you would be happy to do this so we can begin to plan ahead. We can provide set intercessions for those of you would prefer this.

Cathedral Summer Lectures

Christ Church Cathedral's summer lecture series has moved online. The lectures take place on Wednesday afternoons at 4pm, via Zoom, and on **Wednesday 19th August** Laura will be giving a lecture entitled: 'Environmental theology: An aesthetic perspective'.

Prayers for Hope and Healing

As we begin to take stock of the past months and look ahead to the future, our priority is to make time to pray together as we seek God's direction. Our first prayer meeting is planned for **Thursday 10th September, from 8.30-9pm**, held via Zoom. This will include a brief meditation on scripture and 20 minutes of silent prayer.

Church Building Development

The planning application for our building development is now at the public consultation stage. Please keep this process in your prayers in the coming weeks. Here is a prayer you could use:

God of endless possibilities
We give you thanks for our church building:
for its rich heritage;
for those who built and founded it;
for those who have worshipped here over the years.
We commit to you our plans to adapt the building:
For wisdom as we seek to know your will
For healing as we acknowledge the divisions of the past
For vision as we see our plans with fresh eyes.
For the resources, people and ideas that we need to complete
the plans.
Enable our building truly to be an open door
between heaven and earth,
showing God's love to all.
We offer our prayers in the name of Jesus Christ
our cornerstone and foundation.
Amen.

Asylum Welcome

A message from Zig Nowicki: Asylum Welcome are now open for donations again, so please leave donations of foodstuff, toiletries and nappies in the box with the purple lid at the back of the church

Holy Trinity Headington Quarry
*An open door between heaven and earth,
showing God's love to all.*



Contact us

Vicar: Revd Dr Laura Biron-Scott
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Parish Office: office@hthq.uk 01865 762931

Churchwardens: wardens@hthq.uk

Pastoral Care

Please contact Laura or any member of the team if you or someone you know is in need of pastoral support:

Helen Day, Anne Tarrasenko, Nell Slocock, Sue Saville,
Margaret Taylor.

Website: www.hthq.org.uk