

Holy Trinity
Headington Quarry



Ninth Sunday After Trinity

9th August 2020

Words of welcome

Hymn (for online service)

Dear Lord and Father of mankind,
forgive our foolish ways;
re clothe us in our rightful mind,
in purer lives thy service find,
in deeper reverence, praise.

In simple trust like theirs who heard
beside the Syrian sea
the gracious calling of the Lord,
let us, like them, without a word
rise up and follow thee.

O Sabbath rest by Galilee,
O calm of hills above,
where Jesus knelt to share with thee
the silence of eternity,
interpreted by love!

Drop thy still dews of quietness,
till all our strivings cease;
take from our souls the strain and stress,
and let our ordered lives confess
the beauty of thy peace.

Breathe through the heats of our desire
thy coolness and thy balm;
let sense be dumb, let flesh retire;
speak through the earthquake, wind, and fire,
O still, small voice of calm!

John Greenleaf Whittier (1807-1892)

Please remain seated throughout the service.

In the name of the Father
and of the Son
and of the Holy Spirit
Amen.

The Greeting

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ
be with you
and also with you.

Prayers of Penitence

God so loved the world
that he gave his only Son Jesus Christ
to save us from our sins,
to be our advocate in heaven,
and to bring us to eternal life.
Let us confess our sins in penitence and faith,
firmly resolved to keep God's commandments
and to live in love and peace with all.

Silence is kept.

**Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy
forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly,
love mercy,
and walk humbly with you, our God.
Amen.**

Almighty God,
who in Jesus Christ has given us
a kingdom that cannot be destroyed,
forgive you your sins,
open your eyes to God's truth,
strengthen you to do God's will
and give you the joy of God's kingdom,
through Jesus Christ our Lord. **Amen.**

Gloria in Excelsis

**Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

The Collect

Let us pray

Silence is kept

Almighty God,
who sent your Holy Spirit
to be the life and light of your Church:
open our hearts to the riches of your grace,

that we may bring forth the fruit of the Spirit
in love and joy and peace;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. **Amen.**

The Liturgy of the Word

Old Testament Reading: Romans 8.35, 37-39

Who will separate us from the love of Christ? Will hardship, or distress, or persecution, or famine, or nakedness, or peril, or sword? No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

This is the word of the Lord.

Thanks be to God.

Gospel Reading

Hear the Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, O Lord.

Gospel reading: Matthew 14. 22-33

Immediately Jesus made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking toward them on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out in fear. But immediately Jesus spoke to them and said, "Take heart, it is I; do not be afraid."

Peter answered him, "Lord, if it is you, command me to come to you on the water." He said, "Come." So Peter got out of the boat, started walking on the water, and came toward Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, "Lord, save me!" Jesus immediately reached out his hand and caught him, saying to him, "You of little faith, why did you doubt?" When they got into the boat, the wind ceased. And those in the boat worshiped him, saying, "Truly you are the Son of God."

This is the Gospel of the Lord.

Praise to you, O Christ

Sermon

Revd Dr Laura Biron-Scott

Affirmation of Faith

Let us declare our faith in God.

We believe and trust in God the Father Almighty.

We believe and trust in Jesus Christ His Son.

We believe and trust in the Holy Spirit.

We believe and trust in the Three in One

From the Northumbrian Community

Prayers of Intercession

These responses may be used

Lord, hear us.

Lord, graciously hear us.

And at the end

Merciful Father,

accept these prayers

for the sake of your Son,

our Saviour Jesus Christ. Amen.

The Peace

We are all one in Christ Jesus.
We belong to him through faith,
heirs of the promise of the Spirit of peace.

The peace of the Lord be always with you
and also with you.

*Please stay seated. We share the peace with a simple bow or wave
to those around us*

Taking of the Bread and Wine

As the grain once scattered in the fields
and the grapes once dispersed on the hillside
are now reunited on this table in bread and wine,
so, Lord, may your whole Church soon be gathered together
from the corners of the earth
into your kingdom.

Amen.

The Eucharistic Prayer

The Lord be with you
and also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

It is right to praise you, Father, Lord of all creation;
in your love you made us for yourself.
When we turned away
you did not reject us,
but came to meet us in your Son.
**You embraced us as your children
and welcomed us to sit and eat with you.**

In Christ you shared our life
that we might live in him and he in us.
**He opened his arms of love upon the cross
and made for all the perfect sacrifice for sin.**

On the night he was betrayed,
at supper with his friends
he took bread, and gave you thanks;
he broke it and gave it to them, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.
**Father, we do this in remembrance of him:
his body is the bread of life.**

At the end of supper, taking the cup of wine,
he gave you thanks, and said:
Drink this, all of you; this is my blood of the new covenant,
which is shed for you for the forgiveness of sins;
do this in remembrance of me.
**Father, we do this in remembrance of him:
his blood is shed for all.**

As we proclaim his death and celebrate his rising in glory,
send your Holy Spirit that this bread and this wine
may be to us the body and blood of your dear Son.
**As we eat and drink these holy gifts
make us one in Christ, our risen Lord.**

With your whole Church throughout the world
we offer you this sacrifice of praise
and lift our voice to join the eternal song of heaven:

**Holy, holy, holy Lord,
God of power and might,
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

The Lord's Prayer

Rejoicing in God's new creation,
Let us pray with confidence as our saviour has taught us

**Our Father in heaven,
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power
and the glory are yours,
now and for ever. Amen.**

Breaking of the Bread

We break this bread
to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

We say

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
grant us peace.**

Giving of Communion

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to His supper.
**Lord I am not worthy to receive you,
But only say the word, and I shall be healed.**

Or

God's holy gifts
for God's holy people.
**Jesus Christ is holy,
Jesus Christ is Lord,
to the glory of God the Father.**

As the president receives the bread and wine, all who wish to receive communion join in saying 'Amen'.

The body of Christ, keep you in eternal life. **Amen.**
The blood of Christ, keep you in eternal life. **Amen.**

Communion will be administered in silence. Please remain seated while we bring communion to you. If you do not wish to receive communion, the priest will pray a silent blessing instead – please clearly hold this service booklet to indicate this.

Prayer for Spiritual Communion

To be said by those unable to receive communion – or you may wish to say a personal prayer of your own.

Lord Jesus, I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

Prayer after Communion

Holy Father,
who gathered us here around the table of your Son
to share this meal with the whole household of God:
in that new world where you reveal the fullness of your peace,
gather people of every race and language
to share in the eternal banquet of Jesus Christ our Lord.
Amen.

**Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord.
Amen.**

Hymn (for online service)

Be still, my soul: the Lord is on your side;
bear patiently the cross of grief or pain;
leave to your God to order and provide;
in ev'ry change he faithful will remain.
Be still, my soul: your best, your heav'nly Friend
through thorny ways leads to a joyful end.

Be still, my soul: your God will undertake
to guide the future as he has the past.
Your hope, your confidence let nothing shake;
all now mysterious shall be bright at last.
Be still, my soul: the waves and winds still know
his voice who ruled them while he dwelt below.

Be still, my soul: when dearest friends depart,
and all is darkened in the vale of tears,
then shall you better know his love, his heart,
who comes to soothe your sorrow and your fears.
Be still, my soul: your Jesus can repay
from his own fullness all he takes away.

Be still, my soul: the hour is hast'ning on
when we shall be forever with the Lord,
when disappointment, grief, and fear are gone,
sorrow forgot, love's purest joys restored.
Be still, my soul: when change and tears are past,
all safe and blessed we shall meet at last.

The Sending Out

The Blessing

This or another blessing is used

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always. **Amen.**

The Dismissal

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Please exit the building following the arrows and the directions of the priest or duty warden. Please take this booklet away with you, and recycle it when you have finished with it.

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Notices

Baptism Today

Please pray for baby Naomi Hoareau-Gray, who is being baptized today at 12.30pm.

Resuming Sunday Worship

We are glad to welcome you back for public worship! We are entering a new phase as a worshipping community, with some of us now able to return to the church building, and others still needing to stay at home. We hope, as far as possible, to be following the same pattern of worship, whether we join in from home or in the church building. We will review this over the coming weeks and consider when and how to resume other services. Please pray for wisdom especially as we consider how to resume our ministry with children and young people.

Soul Space

The latest Soul Space broadcast is now on our parish website and Radio Cherwell, on the theme of 'Compassion'. Thank you to Mike and Ruth Wooldridge for this initiative and to Mike for presenting it

Cathedral Summer Lectures

Christ Church Cathedral's summer lecture series has moved online. The lectures take place on Wednesday afternoons at 4pm, via Zoom, and on **Wednesday 19th August** Laura will be giving a lecture entitled: 'Environmental theology: An aesthetic perspective'. More details can be found on the cathedral's website.

Holy Trinity Headington Quarry

*An open door between heaven and earth,
showing God's love to all.*



Contact us

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Pastoral Care

Laura oversees the pastoral care team:

Helen Day, Anne Tarrasenko, Nell Slocock, Sue Saville,
Margaret Taylor.

Please contact Laura or any member of the team if you or
someone you know is in need of pastoral support.

Website: www.hthq.org.uk