

Holy Trinity
Headington Quarry



Thomas the Apostle

3rd July 2022

*Music Group Introit Come all you people (Uyai mose - a song originally from Zimbabwe and sung in Shona)
Words of welcome.*

Hymn 103

During the opening hymn, children are welcome to join the forest Sunday school taking place outside.

Please stand

O worship the Lord in the beauty of holiness;
bow down before him, his glory proclaim;
with gold of obedience, and incense of lowliness,
kneel and adore him: the Lord is his name.

Low at his feet lay thy burden of carefulness:
high on his heart he will bear it for thee,
comfort thy sorrows, and answer thy prayerfulness,
guiding thy steps as may best for thee be.

Fear not to enter his courts in the slenderness
of the poor wealth thou wouldst reckon as thine:
truth in its beauty, and love in its tenderness,
these are the offerings to lay on his shrine.

These, though we bring them in trembling and fearfulness,
he will accept for the name that is dear;
mornings of joy gave for evenings of tearfulness,
trust for our trembling and hope for our fear.

O worship the Lord in the beauty of holiness;
bow down before him, his glory proclaim;
with gold of obedience, and incense of lowliness,
kneel and adore him: the Lord is his name.

John Samuel Bewley Monsell (1811-1875)

The president says

In the name of the Father
and of the Son
and of the Holy Spirit
Amen

The Greeting

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ
be with you:

and also with you.

Prayers of Penitence

A minister says

We run the race set before us,
surrounded by a great cloud of witnesses.
Therefore let us lay aside every weight,
and the sin which clings so closely,
bringing them to Jesus in penitence and faith.

Silence is kept.

**Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy
forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly,
love mercy,
and walk humbly with you, our God.
Amen**

The president says

Almighty God,
who in Jesus Christ has given us
a kingdom that cannot be destroyed,
forgive you your sins,
open your eyes to God's truth,
strengthen you to do God's will
and give you the joy of God's kingdom,
through Jesus Christ our Lord. **Amen.**

Gloria

Firmly (♩ = 108) *f*

1
Glo-ry to God in the high-est, and peace to his peo-ple on
6
earth. Lord God, heav'n-ly King, al-might-y God and
10
Fa-ther, we wor-ship you, we give you thanks, we praise you for your
14
glo-ry. *mf* Lord Je-sus Christ, on-ly Son of the
20
Fa-ther, Lord God, Lamb of God, you take a-way the sin of the
25
world: *p* have mer-cy on us; *cresc.* you are sea-ted at the
29
right hand of the Fa-ther: *f* re-ceive our prayer. For
33
you a-lone are the Ho-ly One, you a-lone are the Lord,
37
you a-lone are the most high, Je-sus Christ, with the Ho-ly
41
ff Spi-rit, in the glo-ry of God the Fa-ther. A - - - men.

The Collect

Almighty and eternal God,
who, for the firmer foundation of our faith,
allowed your holy apostle Thomas
to doubt the resurrection of your Son
till word and sight convinced him:
grant to us, who have not seen, that we also may believe
and so confess Christ as our Lord and our God;
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

Please be seated

The Liturgy of the Word

First Reading: Ephesians 2.13-end

But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. He has abolished the law with its commandments and ordinances, so that he might create in himself one new humanity in place of the two, thus making peace, and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. So he came and proclaimed peace to you who were far off and peace to those who were near; for through him both of us have access in one Spirit to the Father. So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. In him the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built together spiritually into a dwelling-place for God.

This is the word of the Lord.
Thanks be to God.

Please stand.

Hymn 725

Make me a channel of your peace.
Where there is hatred, let me bring your love;
where there is injury, your pardon, Lord;
and when there's doubt, true faith in you.

*O Master, grant that I may never seek
so much to be consoled as to console,
to be understood as to understand
to be loved, as to love with all my soul.*

Make me a channel of your peace.
Where there's despair in life, let me bring hope.
Where there is darkness, only light;
and where there's sadness, ever joy. *Refrain*

Make me a channel of your peace.
It is in pardoning that we are pardoned
In giving of ourselves that we receive
and in dying that we're born to eternal life.

Gospel Reading

Hear the Gospel of our Lord Jesus Christ according to John.
Glory to you, O Lord.

Gospel reading: John 20. 24-29

But Thomas (who was called the Twin), one of the twelve, was not with them when Jesus came. So the other disciples told him, 'We have seen the Lord.' But he said to them, 'Unless I see the mark of the nails in his hands, and put my finger in the mark of the nails and my hand in his side, I will not believe.'

A week later his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came and stood among them and said, 'Peace be with you.' Then he said to Thomas, 'Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe.' Thomas answered him, 'My Lord and my God!' Jesus said to him, 'Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe.'

This is the Gospel of the Lord.
Praise to you, O Christ

Sermon

Revd Dr Laura Biron-Scott

Nicene Creed

Please stand

Let us declare our faith in God.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven**

and is seated at the right hand of the Father.

**He will come again in glory to judge the living and the
dead, and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and
glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Prayers of Intercession

Please sit or kneel.

We pray for those who are sick or in particular need:

*Naomi Lawrence, Charles Reade, Kate Samuel, Barbara Farrar,
Grace, Sue Saville, Bob Nind, Neil, Liz Owen.*

Those who have died recently:

Canon David Owen.

Those whose anniversary of death falls at this time:

*Margaret Moll, Phoebe Jane Stockford, Molly Rosamund Morley,
Sara Green.*

These responses may be used

Lord, hear us.

Lord, graciously hear us.

And at the end

Merciful Father,

**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

The Peace

Please stand

To crown all things there must be love
to bind all together and complete the whole.
Let the peace of Christ rule in our hearts.

The peace of the Lord be always with you
and also with you.

A minister says

Let us offer one another a sign of peace

All may exchange a sign of Peace

Hymn 812

Through all the changing scenes of life,
in trouble and in joy,
the praises of my God shall still
my heart and tongue employ.

O magnify the Lord with me,
with me exalt his name;
when in distress to him I called,
he to my rescue came.

The hosts of God encamp around
the dwellings of the just;
deliverance he affords to all
who on his succour trust.

O make but trial of his love,
experience will decide
how blest are they, and only thy,
who in his truth confide!

Fear him, ye saints, and you will then
have nothing else to fear;
make you his service your delight,
your wants shall be his care.

To Father, Son, and Holy Ghost,
the God whom we adore,
be glory, as it was, is now,
and shall be evermore.

Nahum Tate (1652-1715) and Nicholas Brady (1659-1726)

Taking of the Bread and Wine

God our Father,
keep us united in the apostles' teaching and fellowship,
in the breaking of bread and the prayers,
through Jesus Christ our Lord.
Amen.

The Eucharistic Prayer

Please sit or stand as you are most comfortable

The Lord be with you
and also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

Father, you made the world and love your creation.
You gave your Son Jesus Christ to be our Saviour.
His dying and rising have set us free from sin and death.

And now we give you thanks
because your Son Jesus Christ after his resurrection
sent forth his apostles and evangelists
to preach the gospel to all nations
and to teach us the way of truth.

And so we gladly thank you,
with saints and angels praising you, and singing:

Sanctus

Easily (♩ = 100) *mp* UPPER VOICES ONLY

Ho - ly, ho - ly, ho - ly_ Lord,
mf ALL *cresc.*
 God of power and might, God of power and might,
f
 Heav'n and earth are_ full of_ your_ glo - ry. Ho -
ff
 san - na, Ho - san - na, Ho - san - na in the high - est.

Benedictus

Quiet and reflective (♩ = 100) *p*

Bles - sed is he who comes in the name of the
mp warmly
 Lord. Ho - san - na, Ho - san - na, Ho - san - na in the
p hushed
 high - est. Bles - sed is he who comes in the name of the Lord.

We praise and bless you, loving Father,
 through Jesus Christ, our Lord;
 and as we obey his command,
 send your Holy Spirit,
 that broken bread and wine outpoured
 may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
 and, taking bread, he praised you.
 He broke the bread, gave it to them and said:
 Take, eat; this is my body which is given for you;
 do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.
Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.
Look with favour on your people,
gather us in your loving arms
and bring us with [*N and*] all the saints
to feast at your table in heaven.
Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

Amen.

The Lord's Prayer

Please sit or kneel

As our saviour taught us, so we pray

**Our Father in heaven,
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.**

**Give us today our daily bread.
 Forgive us our sins
 as we forgive those who sin against us.
 Lead us not into temptation
 but deliver us from evil.
 For the kingdom, the power
 and the glory are yours,
 now and for ever. Amen.**

Breaking of the Bread

We break this bread
 to share in the body of Christ.
**Though we are many, we are one body,
 because we all share in one bread.**

Agnus Dei

Gently flowing (♩ = 63)
 mf CONGREGATION

Lamb_ of God, you take a - way the
 sins of the world: have mer - cy, have mer - cy on us.
 Lamb_ of God, you take a - way the sins of the world:
 a little slower
 Grant us, — grant us — peace.

Giving of Communion

God's holy gifts
 for God's holy people.
**Jesus Christ is holy,
 Jesus Christ is Lord,
 to the glory of God the Father.**

This is God's table and all are welcome. Please follow the directions of the steward and follow the one-way system back to your seat. Those sitting towards the back will be invited to come forwards first.

If you are wearing a mask, it is most practical if you remove it before receiving communion. The chalice is being administered from the Lady Chapel step. If you wish to receive the chalice, please hold the base of the chalice and guide it towards your lips – the person administering the chalice will not let go of it in the process. Please do not dip your wafer into the chalice. Please note that there is no obligation to take the chalice and it is fine still to receive communion in one kind only (the bread). If you do not wish to receive communion and would prefer a blessing instead, please do come forwards as well.

During communion, the music group sings 'Come, Holy Spirit, descend on us' (Iona community) .

Hymn 711ii

Like a mighty river flowing,
like a flower in beauty growing,
far beyond all human knowing
is the perfect peace of God.

Like the hills serene and even,
like the coursing clouds of heaven,
like the heart that's been forgiven
is the perfect peace of God.

Like the summer breezes playing,
like the tall trees softly swaying,
like the lips of silent praying
is the perfect peace of God.

Like the morning sun ascended,
like the scents of evening blended,
like a friendship never ended
is the perfect peace of God.

Like the azure ocean swelling,
like the jewel all-excelling,
far beyond our human telling
is the perfect peace of God.

Michael Perry (1942-1996)

Prayer after Communion

Lord God, the source of truth and love,
keep us faithful to the apostles' teaching and fellowship,
united in prayer and the breaking of bread,
and one in joy and simplicity of heart,
in Jesus Christ our Lord.
through Jesus Christ our Saviour.
Amen.

**Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord.
Amen.**

The Sending Out

Please stand

Hymn 748

O Jesus, I have promised
to serve thee to the end;
be thou for ever near me,
my Master and my Friend:
I shall not fear the battle
if thou art by my side,
nor wander from the pathway
if thou wilt be my guide.

O let me hear thee speaking
in accents clear and still
above the storms of passion,
the murmurs of self-will;
O speak to reassure me,
to hasten or control;
O speak, and make me listen,
thou guardian of my soul.

O Jesus, thou hast promised
to all who follow thee,
that where thou art in glory
there shall thy servant be;
and, Jesus, I have promised
to serve thee to the end:
O give me grace to follow,
my Master and my Friend.

O let me see thy foot-marks,
and in them plant mine own;
my hope to follow duly
is in thy strength alone:
O guide me, call me, draw me,
uphold me to the end;
and then in heaven receive me,
my Saviour and my Friend.

John Ernest Bode (1816-1874)

The Blessing

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always. **Amen.**

The Dismissal

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

*Please do join us for refreshments outside (or inside if raining!)
Please take this booklet away with you, and recycle it when you have finished with it. We no longer pass the collection plate around during the service, but you are welcome to use the collection plate at the back of church, or the contactless machine, if you would like to make a donation to support the work of our church.*

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Notices: July 3rd

Sunday July 3rd: Thomas the Apostle

8am Holy Communion

10am Parish Eucharist and Forest Sunday School.

6pm Choral Evensong:

Introit: Tallis - If ye love me

Responses: Tallis

Psalm 65

Canticles: Dyson in C

Anthem: Harris - Vox ultima crucis (Tarry no longer)

Hymns: 558, 15, 627

Preacher: Canon David Knight

Sunday July 10th: Fourth Sunday after Trinity

8am Holy Communion

10am Parish Eucharist and Forest Sunday School.

Midweek Services

Morning Prayer: Mondays at 9am

Tots Service: Tuesdays at 10am

Midweek Communion: Wednesdays at 10am

Welcome to Emily

We are delighted to welcome Reverend Emily Hockliffe Essex as our new curate - congratulations Emily on your ordination! Please continue to pray for Emily and her partner Miranda as they settle into the parish.

Churchyard gardening event: Sunday 10th July. Over the years we have relied on a wonderful team of volunteers to help tend our beautiful churchyard. The churchwardens have oversight of the churchyard on behalf of the PCC, and would like to extend an invitation to our whole church community to come and help with this important work on Sunday 10th July from 11.30-2.30pm. All ages are welcome – no previous gardening experience needed! Please bring along a packed lunch – unlimited tea/coffee and cake will be provided! Do bring along gardening gloves and any other equipment (e.g. secateurs) if you can.

Admission of Children to Communion: Sunday 24th July

Our church policy is to admit children to communion before confirmation, and we are hoping to admit some children to communion during the service on Sunday 24th July. If your child or children are interested in being admitted to communion or you have any questions about this, please get in touch with Laura. A few preparation sessions will be arranged beforehand.

Lifts for Church Co-ordinator we urgently need someone to volunteer to put organise a rota for drivers giving lifts to people to church. Can you help? You don't have to be a driver yourself. Speak to Laura.

Asylum Welcome are in urgent need of donations to their food bank as stocks are currently running very low. They currently provide food to over 80 adults and children on a weekly basis, distributing up to 1000 items for tinned and fresh food every week. They rely entirely on donations for their food bank and are currently particularly in need of cooking oil, tinned tomatoes, milk (UHT) and tinned fish. ***Please put items in the crate in the porch*** You can find a list of all the items that are needed on this page: <https://www.asylum-welcome.org/food/>. Thank you for your support.

Summer Fete 16 July 2022 – Let's think green Summer Fete We need donations! 2 weeks to go.

We are looking forward to receiving your donations for the Fete. Nearly New items of good quality, board games or jigsaw puzzles (no soft toys), a bottle of wine for Water to Wine, cakes (wrapped and labelled), toiletries, tombola and plants. Hard back books would be welcome. We can accept donations between 10 am and 3pm on

Friday 15 and from 10 am on Saturday morning. Please complete a Gift Aid form when you bring donations. Book this date in your diary, and put a poster up for us, bringing your family, friends and neighbours with you to enjoy this important fundraising event.

Fete Committee: Derek and Margaret Taylor, Mike and Lisa (768077), Linda & Howard (765003), Janet Foot.

The next **Mother's Union Bible Study** will be at St Andrew's, Old Headington on Tuesday **19th July at 10.30am** and on the following dates: 16th August at 2.30pm and 20th September at 10.30am. Everyone is welcome and tea or coffee with cake - even gluten-free is catered for - is supplied. Further details from Jane Hedges.

Eco Resources for Summer 2022 (Revised): If you missed the Eco Resources Spring edition, some links have been repeated in the Summer edition. Among them are the amusing and instructive Climate Change Food Calculator, the Personal Lifestyle Audit, and How to Stop your Money Funding Climate Change. No new Eco webinars are scheduled for the time being, so we have included links to past webinars etc. See <https://www.hthq.uk/eco-church-resources/> Hilary Rollin for Eco Church Group.

Eco Resources and Tips Eco Tip of the Week: Reduce plastic consumption by growing your own vegetables and fruit, or buying at a PYO Farm, or the Saturday market, or Gloucester Green Market on Wednesdays, or subscribing to a veg box, e.g. Abel and Cole, Riverford or Oddbox (whose products consist of oddly-shaped veg and fruit and excess supply). Hilary Rollin for Eco Church Group

Pastoral care team. Are you in need of support or would you like to talk to someone? We rely on you to let us know of anyone who is ill, or in hospital or who might welcome a visit. Please contact any of the clergy (numbers below) or Helen Day (308088), Janet Masters (765824), Nell Slocock (762291) or Anne Tarassenko (351739).

Holy Trinity Headington Quarry

*An open door between heaven and earth,
showing God's love to all.*

Contact us

Vicar: Revd Dr Laura Biron-Scott

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