



Holy Trinity Headington Quarry

An open door between heaven and earth,
showing God's love to all

A Journey  *through Lent*

The Third Sunday of Lent

23rd March 2025

The Gathering

Words of welcome.

During the opening hymn, children are welcome to join the forest Sunday school taking place outside.

Hymn 746

O God, our help in ages past,
Our hope for years to come,
Our shelter from the stormy blast,
And our eternal home;

Under the shadow of thy throne
thy saints have dwelt secure;
Sufficient is thine arm alone,
And our defence is sure.

Before the hills in order stood
Or Earth received her frame,
From everlasting thou art God,
To endless years the same.

A thousand ages in your sight
Are like an evening gone,
Short as the watch that ends the night
Before the rising sun.

Time, like an ever-rolling stream,
Bears all its sons away;
They fly, forgotten, as a dream
Dies at the opening day.

O God, our help in ages past,
Our hope for years to come,
Be thou our guard while troubles last
And our eternal home.

Isaac Watts (1674-1748)

The president says

In the name of the Father
and of the Son
and of the Holy Spirit
Amen

The Greeting

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ
be with you
and also with you.

Prayers of Penitence

A minister says

The sacrifice of God is a broken spirit;
a broken and contrite heart God will not despise.
Let us come to the Lord, who is full of compassion,
and acknowledge our transgressions in penitence and faith.

Silence is kept.

**Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name.
Amen.**

Kyrie

Andante

10 Organ

mp Lord have mer-cy, Lord have mer-cy. *mf* Christ have

mer-cy, Christ have mer-cy. *mp* Lord have mer-cy, Lord have mer-cy.

The musical score is written for organ and voice. It begins with a treble clef, a key signature of one flat (B-flat), and a 3/4 time signature. The tempo is marked 'Andante'. The organ part starts at measure 10. The vocal line is marked with dynamics: *mp* (mezzo-piano) and *mf* (mezzo-forte). The lyrics are: 'Lord have mer-cy, Lord have mer-cy. Christ have mer-cy, Christ have mer-cy. Lord have mer-cy, Lord have mer-cy.'

The president says

The almighty and merciful Lord
grant you pardon and forgiveness of all your sins
time for amendment of life,
and the grace and strength of the Holy Spirit.

Amen.

The Collect

Let us pray:

Almighty God,
whose most dear Son went not up to joy
but first he suffered pain,
and entered not into glory before he was crucified:
mercifully grant that we, walking in the way of the cross,
may find it none other than the way of life and peace;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

The Liturgy of the Word

First Reading: 1 Corinthians 10. 1-13

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness.

Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, 'The people sat down to eat and drink, and they rose up to play.' We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

This is the word of the Lord.
Thanks be to God

Gospel Reading

Please remain standing.

Refrain

Praise to you, O Christ, our Sav-iour, Word of the Fa-ther, call-ing us to life;

5

Son of God who leads us to free-dom: glo-ry to you, Lord Je-sus Christ! Christ!

10 Verse

You are the Word whocalls us out of dark-ness;you are the Word who leads us in- to light;

14

you are the Word who brings us through the de-ert: glo-ry to you, Lord Je- sus Christ!

D.C.

The gospel is announced:

Hear the Gospel of our Lord Jesus Christ according to Luke.
Glory to you, O Lord.

Gospel reading: Luke 13. 1-9

At that very time there were some present who told him about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, 'Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them—do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did.'

Then he told this parable: 'A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, "See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?" He replied, "Sir, let it alone for one more year, until I dig round it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down." '

This is the Gospel of the Lord.
Praise to you, O Christ

Sermon

Revd Canon David Knight

The Nicene Creed

Please stand

Let us declare our faith in God

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven**

and is seated at the right hand of the Father.

**He will come again in glory to judge the living and the
dead, and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and
glorified,**

who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

**We look for the resurrection of the dead,
and the life of the world to come.**

Amen.

Prayers of Intercession

Please sit or kneel.

These responses may be used

Lord, hear us.

Lord, graciously hear us.

We pray for those who are sick or in particular need:

Grace, Josie, Kitty Datta, Atmadeep Novo Datta, Bob Southgate, Benjie, Pam, Madeline Tarrant, Kenneth Sanders, Owen Tollman, Hunter Merritt, Maureen, Elizabeth, Christine, Janet Lever.

Those who have died recently:

Tony Buttolph, Enid Owens, Jane Phipps.

Those whose anniversary of death falls at this time:

Gillian Westbury, Howard Goff, Daphne King, Rachael Richmond.

And at the end

Merciful Father,

**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

The Peace

Please stand

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.
The peace of the Lord be always with you
and also with you.

A minister says

Let us offer one another a sign of peace.

All may exchange a sign of Peace.

Hymn 128

Jesus, lover of my soul,
let me to thy bosom fly,
while the nearer waters roll,
while the tempest still is high:
hide me, O my Saviour, hide,
till the storm of life is past;
safe into the haven guide,
O receive my soul at last.

Other refuge have I none,
hangs my helpless soul on thee;
leave, ah, leave me not alone,
still support and comfort me.
All my trust on thee is stayed,
all my help from thee I bring;
cover my defenseless head
with the shadow of thy wing.

Thou, O Christ, art all I want;
more than all in thee I find;
raise the fallen, cheer the faint,
heal the sick, and lead the blind.
Just and holy is thy name,
I am all unrighteousness;
false and full of sin I am,
thou art full of truth and grace.

Plenteous grace with thee is found,
grace to cover all my sin;
let the healing streams abound;
make and keep me pure within.
Thou of life the fountain art;
freely let me take of thee,
spring thou up within my heart,
rise to all eternity.

Charles Wesley (1707-1788)

Taking of the Bread and Wine

The table is prepared and bread and wine are placed upon it.

God of our journey,
as we walk with you on your path of obedience,
sustain us on our way and lead us to your glory;
through Jesus Christ our Lord. **Amen.**

Please sit or stand as you are most comfortable

The Eucharistic Prayer

The Lord be with you
and also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.

For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.
Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.

As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and singing:

10 Ho - ly, Ho - ly, Ho - ly Lord, God of
 19 power and might. Heav'n and earth are full of your glo-ry. Ho - san - na in the
 high - est. Bles-sed is he, O bles-sed is he who comes in the name of the Lord.
 28 Ho - san - na in the high - est, ho - san - na in the high - est.

We praise and bless you, loving Father,
 through Jesus Christ, our Lord;
 and as we obey his command,
 send your Holy Spirit,
 that broken bread and wine outpoured
 may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
 and, taking bread, he praised you.
 He broke the bread, gave it to them and said:
 Take, eat; this is my body which is given for you;
 do this in remembrance of me. *(Bells are rung)*

When supper was ended he took the cup of wine.
 Again he praised you, gave it to them and said:
 Drink this, all of you;
 this is my blood of the new covenant,
 which is shed for you and for many for the forgiveness of sins.
 Do this, as often as you drink it, in remembrance of me.
(Bells are rung)

So, Father, we remember all that Jesus did,
 in him we plead with confidence his sacrifice
 made once for all upon the cross.
 Bringing before you the bread of life and cup of salvation,
 we proclaim his death and resurrection
 until he comes in glory.

Christ is the bread of life

Musical score for the hymn 'Christ is the bread of life'. The score is written in G major (one sharp) and 2/4 time. It consists of two staves. The first staff begins with a treble clef and a key signature of one sharp (F#). The melody starts with a quarter note G4, followed by quarter notes A4, B4, and C5. The second staff begins with a treble clef and a key signature of one sharp. It starts with a quarter note G4, followed by quarter notes A4, B4, and C5. The lyrics are: 'When we eat this bread and drink this cup we pro-claim your death, Lord Je - sus, un - til you come in glo - ry, un - til you come in glo - ry.' The score includes dynamic markings: 'mf' (mezzo-forte) and 'ff' (fortissimo). There are also accents and slurs over the notes.

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.
Look with favour on your people,
gather us in your loving arms
and bring us with the blessed Virgin Mary and all the saints
to feast at your table in heaven.
Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

Amen.

The Lord's Prayer

Please sit or kneel

As our saviour taught us, so we pray
**Our Father in heaven,
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power
and the glory are yours,
now and for ever.
Amen.**

Breaking of the Bread

We break this bread to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

Agnus Dei

Slowly *mp*

8 Lamb of God, you take a - way the sins of the world, have
mer - cy_ on us. Lamb of God, you take a - way the sins of the world, have mer - cy_ on
15 us. Lamb of God, you take a - way the sins of the world, grant_ us peace.

Giving of Communion

God's holy gifts
for God's holy people.
**Jesus Christ is holy,
Jesus Christ is Lord,
to the glory of God the Father.**

This is God's table and all are welcome. Please follow the directions of the stewards. We will form two lines to receive communion – the bread is distributed from the chancel step, and the wine is distributed from the lady chapel step. Please return to your pew via the north aisle. Stewards will be on hand to direct you!

If you are wearing a mask, it is most practical if you remove it before receiving communion. Please do not dip your wafer into the chalice. Please note that there is no obligation to take the chalice and it is fine still to receive communion in one kind only (the bread).

If you do not wish to receive communion and would prefer a blessing instead, please do come forwards as well.

Hymn 464

Sweet Sacrament divine,
hid in thine earthly home,
lo, round thy lowly shrine,
with suppliant hearts we come;
Jesus, to thee our voice we raise
in songs of love and heartfelt praise:
sweet Sacrament divine.

Sweet Sacrament of peace,
dear home for every heart,
where restless yearnings cease
and sorrows all depart;
there in thine ear all trustfully
we tell our tale of misery:
sweet Sacrament of peace.

Sweet Sacrament of rest,
ark from the ocean's roar,
within thy shelter blest
soon may we reach the shore;
save us, for still the tempest raves,
save, lest we sink beneath the waves:
sweet Sacrament of rest.

Sweet Sacrament divine,
earth's light and jubilee,
in thy far depths doth shine
thy Godhead's majesty;
sweet light, so shine on us, we pray,
that earthly joys may fade away:
sweet Sacrament divine.

Francis Stanfield (1835-1914)

Prayer after Communion

Merciful Lord,
grant your people grace to withstand the temptations
of the world, the flesh and the devil,
and with pure hearts and minds to follow you, the only God;
through Jesus Christ our Lord.

Amen.

**Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord.
Amen.**

The Sending Out

Hymn 580

Please stand

Judge eternal, throned in splendour,
Lord of lords and King of kings,
with thy living fire of judgment
purge this realm of bitter things:
solace all its wide dominion
with the healing of thy wings.

Still the weary folk are pining
for the hour that brings release:
and the city's crowded clangour
cries aloud for sin to cease;
and the homesteads and the woodlands
plead in silence for their peace.

Crown, O Lord, thine own endeavour;
cleave our darkness with thy sword;
cheer the faint and feed the hungry
with the richness of thy word;
cleanse the body of this nation
through the glory of the Lord.

Henry Scott Holland (1847-1918)

The Blessing

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always
Amen.

The Dismissal

A minister says

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Voluntary: Dorian Fugue in D Minor BWV 538 – *J.S. Bach*

Please do join us for refreshments at the back of church or in the warmer meeting room after the Service. Please take this booklet away with you, and recycle it when you have finished with it.

We no longer pass the collection plate around during the service, but you are welcome to use the collection plate at the back of church, or the contactless machine, if you would like to make a donation to support the work of our church. If you would like to sign up to regular monthly giving, please visit www.hthq.uk/giving-to-the-church for more information

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Notices: The Third Sunday of Lent

Sunday Mar 23rd: Third Sunday of Lent

8am Holy Communion

President: Revd Emily Hockliffe Essex

10am Parish Eucharist with Forest Sunday School

President: Revd Canon Margaret Whipp

Preacher: Revd Canon David Knight

Deacon: Revd Emily Hockliffe Essex

Organist: Andrew Patterson

Midweek Services

Morning Prayer: 9am Tuesdays and Thursdays in the Lady Chapel.

Sunday Mar 30th: Mothering Sunday

8am Holy Communion

10am All-Age Eucharist

A prayer for the vacancy:

God of vision and hope,
we thank you for all who have ministered here
throughout the history of this church.
In this time of vacancy,
may we continue to grow in love,
share in responsibility,
and seek your vision for our future,
in the name of Jesus Christ, our shepherd and our guide.
Amen.

Lent Course: Wednesdays in church 7-8pm with refreshments served from 6.45pm. Come along to explore together the landscape of prayer and reflect on how we can deepen our relationship with God.

Electoral Roll - Preparing for the Annual Church Meeting 14 May 2025

EVERYONE needs to do this! This is the year in which the Church of England decrees that our electoral roll (list of members) be scrapped, and that we prepare a completely new one.

So no matter when you first joined the roll, whether 60 years or a couple of months ago, you need to fill in a new application form. Printed forms are available in church and can be returned either to church or direct to me at 3 New Cross Road. The form is also available on the church website, and can be downloaded, filled in online and emailed to me – it does not need to be physically signed if it comes from your email address.

If you have not been listed on our roll before – please sign up. It gives you a vote at the meeting and helps us to know how many of us there are. The only qualifications are that you have been baptised (in any Christian denomination) and that you either live in the parish or have attended Holy Trinity regularly over the past six months. **Your applications must reach me by the end of Sunday 13th April!** If you have any problems or questions please get in touch! Thank you.

Joan Jones, Electoral Roll Officer, electoralroll@hthq.uk , 07710611250

The Parish Office please send any notices for the week on Tuesdays or information requests by email only office@hthq.uk Many thanks.

Concert - Saturday April 5th – 2pm -4pm. A young talented violinist has offered to perform for us. She is local and would like to give something back to the community. Her name is Skye El-shirbiny and she is a pupil at the Royal Academy of Music, and attended the local schools. The concert will include pieces on the violin and also a performance from our own Emily. It is aiming to make this inclusive to families. There will be a refreshment interval and the concert is free, but donations to the church will be welcome. Please put this date in your diary and come and bring any friend to support this lovely young musician who has made this offer. Margaret Taylor (01865 765051)

Wood Farm Community Projects a number of projects are beginning in the Wood Farm area of our parish, including monthly litter picks, planting bulbs around the estate, and organising a community fete to take place in August. If you might be interested in helping out or want to find out more, speak to Emily.

HTHQ 175 Talking History

The HTHQ175 committee have put together a programme of talks celebrating Holy Trinity's 175th Anniversary year:

Wednesday 9 April Racial Justice Revd Emily Hockliffe Essex

Wednesday 7 May Morris Dancing Michael Heaney

Wednesday 4 June Our changing church Revd Canon Dr Margaret Whipp

The evening begins with refreshments at 6.45pm, the talk beginning at 7pm, and discussions close at 7.45pm. All are welcome.

Our Community Café is now up and running: **9.30am-11.30am on Tuesday mornings**. All are welcome, and most especially families with young children, as the meeting room will be set up for tots to play.

In the Coach House car park a dedicated Eco Group member has spruced up and relined the bay ready ready to welcome back the **Co Wheels car**. For information on the Co Wheels Car Club go to <https://www.co-wheels.org.uk> or see me. Hilary Rollin, Eco Group.

Marston Eco Hub at St Nicholas Church, Old

Marston, <https://stnicholasmarston.org.uk/eco-hub> is open 8.00-21.00 daily. Those missing Headington Fair Trade Shop, please note that we have an arrangement whereby members of Holy Trinity may use the self-service Eco Hub with its large range of eco products. Just take along your purse and clean empty refillable bottles, marked with how many millilitres they hold.

Pastoral care team Are you in need of support or would you like to talk to someone? We rely on you to let us know of anyone who is ill, or in hospital or who might welcome a visit. Please contact any of the clergy (numbers on back page) or Helen Day, Janet Masters, Anne Tarassenko, or Ruth Wooldridge.

Regular Giving at HTHQ

If you don't currently contribute regularly to Holy Trinity, please consider doing so.

If you already contribute regularly to Holy Trinity, please consider increasing your monthly or annual contribution.

If you currently give regularly via a Standing Order or another way, please consider cancelling that and switching to the Parish Giving Scheme.

If you already support Holy Trinity through the Parish Giving Scheme, thank you.

To start giving through the Scheme:

(i) access the Scheme's website through the QR code below and click on "Regular Giving," or visit

<https://www.parishgiving.org.uk/donors/find-your-parish/headington-quarry-holy-trinity-oxford/>

(ii) call the Scheme on 0333 002 1271, Monday to Friday, 9am - 5pm, and they will take all of the information needed to complete a new Direct Debit instruction for you.



Thank you for supporting Holy Trinity's 2025 Regular Giving Appeal!



Holy Trinity Headington Quarry

**An open door between heaven and earth,
showing God's love to all**

As the Anglican parish in Headington Quarry, Risinghurst and Wood Farm, we are here for every local resident. Our church is open every day. We hope that you will find God's peace as you come to pray or just sit and rest awhile. If you have questions about the Christian faith or would like to find out more about church life, please get in touch:

Contact us

Vicar: Vacancy

Associate Priest: Revd Prof Rob Gilbert
associatepriest@hthq.uk

Curate: Revd Emily Hockliffe Essex
curate@hthq.uk 07979 931889

Parish Office: office@hthq.uk 01865 762931

Churchwardens: wardens@hthq.uk

Website: www.hthq.org.uk

Church postcode for emergencies: OX3 8LQ